

# Individualized techniques of Implant Coating with an Antibiotic-loaded, Hydroxyapatite/Calcium sulphate Bone Graft Substitute



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## Abstract

**Background:** The treatment of fracture- or non-union- related infections has persistently been a major challenge for both patients and treating surgeons. With rising aging of patients and increasing comorbidities, combined with the heterogeneity of germs and any number of multi-resistance against standard antibiotics, a successful treatment is increasingly difficult. One potential solution could be a custom-made individualized antibacterial coating of standard implants with a biphasic degradable biocarrier that releases high doses of antibiotics around the bone-implant-interface. Here we describe our technique of coating intramedullary nails, plates and press-fit shoulder endoprostheses which may prevent bacterial adhesion and biofilm formation. So far, there is very limited experience in individual coating of implants in hip or knee endoprostheses to prevent reoccurrence of surgical-site infection. Currently no reports are available for coating of stems of shoulder prosthesis and nails or plates for fracture fixation.

**Methods:** Here we show our first experiences with a new individualized surgical technique of coating these implants with a resorbable antibiotic-loaded hydroxyapatite / calcium sulphate biocomposite to prevent biofilm formation and thereby recurrence of bone or joint infection. We describe three cases for coating of plates and nails for fracture fixation and coating of stems of a shoulder prosthesis.

**Results:** No adverse events of the resorbable bone graft substitute were observed. In all the cases no recurrence of the infection was observed, and osseo-integration was achieved. After implant coating of the shoulder prosthesis no radiological signs of loosening were detected.

**Conclusion:** We present a new surgical approach of a surface coating of plates, intramedullary nails or prostheses. The osteoconductive- and anti-inflammatory effect of the gentamicin- or vancomycin-loaded hydroxyapatite / calcium sulphate bone graft substitutes shows promising results.

**Keywords:** Fracture related infections; Osteitis; Osteosynthesis; Local antibiotics; Biodegradable biocomposites

**Abbreviations:** ALT: Anterolateral free flap; Cerament G: Cerament Antibiotic Loaded with Gentamicin; Cerament V: Cerament Antibiotic Loaded with Vancomycin; CT: Computer tomography; FRI: Fracture Related infection; LCP: Low Compression Plate; LFN: Lateral Femoral Nail; MRSA: Multiresistant Staphylococcus Aureus; PHN: Proxima Humerus Nail; PJI: Periprosthetic joint infection

## Background

Fracture-related infection (FRI) or periprosthetic infection (PJI) remain a major challenge in orthopedic and trauma surgery. Particularly patients with relevant comorbidities such as diabetes, renal failure, peripheral vasculopathy and known nicotine abuse have a high risk for implant- related infections [1]. Numerous devices for local antibiotic application and several treatment options are already available. The aim of these devices is to release local antibiotics in high concentration over a prolonged time period [2], and a new generation of bio-degradable carriers for local antibiotic delivery have been

recently emerging for utilization [3]. One of the major difficulties arises from of the ability of microorganisms to adhere to the implant and produce a biofilm layer which unfortunately hinder the treatment of implant-related infections [4-6]. A promising solution could be a commercially available coating of implants such as tibia intramedullary nails. Currently, however the „Expert tibial nail PROtect“ (Fa. DePuy Synthes) is the only factory-made antibiotic coated implant available on the market. However, the antibiotics delivery of this coated implant is limited to gentamicin, and it is rather expensive.

As one of the promising biodegradable biocomposites Cerament (supplied by Bone support AB, Lund, Sweden) is an injectable bone graft substitute, composed of 60% fast resorbing calcium sulphate and 40% calcium hydroxyapatite [7]. The resorbable local antibiotic carrier provides two modes of actions. It remodels to bone and it provides a local antibiotic concentration which is above the minimal inhibitory concentration (MIC) for most sensitive microorganisms for at least 28 days with - at the same time - safe serum levels [8-10]. The local administration of the antibiotic-containing ceramics promises a better anti-infectious effect than local injection or intravenous infection. Clinical trials demonstrated that Cerament is a viable replacement to bone grafting in filling voids and gaps following fractures [11]. However, in recent literature there is clear evidence of lower infection rates in after additional local antibiotics at least in grade III open fractures [12]. Early histology of Cerament G in Ferguson et al. [3] shows nicely the CERAMENT G covered by an osteoid-like matrix produced by osteoblastic cells seen lining the bone graft substitute's surface. Additionally, Cerament showed good tissue response in an animal model including growth of trabecular bone around the hydroxyapatite particles and complete embedment in bone tissue [13]. Furthermore, Cerament is commercially available with two antibiotic-loaded options. It is marketed as Cerament G (17.5 mg gentamicin sulphate / ml paste) and Cerament V (66 mg vancomycin / ml paste) as 5 ml and 10 ml version.

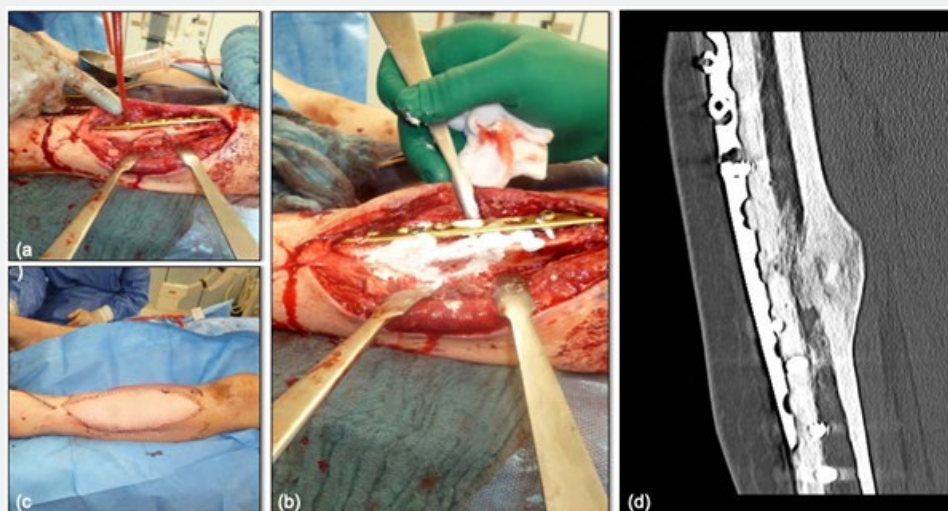
The efficacy of Cerament G and Cerament V in treatment of infected bone defects has already been demonstrated in both osteomyelitis and fracture related infections [3,14,15], as well as in various animal models [16-19]. In an in vitro study the anti-biofilm activity of Cerament G was investigated, suggesting a benefit of this gentamicin-releasing biocomposite for both prophylaxis and treatment of bone infection or implant-related infection, respectively [19]. However, clinical reports on the usage

of Cerament G/V as off-label coating device are limited so far. The first clinical experience in using a calcium-based gentamicin or vancomycin loaded bone graft substitute as a surface coating on cement less prosthetic implants has been published by Logoluso et al. In this study 95% of patients treated for PJI with a two-stage revision showed healing without recurrence of infection and no signs of radiographic stem loosening appeared at 12 months follow up [1]. In the here described method we aim to cover each individual implant with Cerament G or Cerament V. This method thus enables to individually coat the most suitable implant (i.e. plates or nails in fracture treatment). In PJI the revision stems of the protheses can be augmented with the most suitable and effective antibiotics (i.e. gentamicin or vancomycin) by augmenting the stem with Cerament G or V. After coating the stem is inserted in a press-fit technique. In the following presentation of our operative technique we provide three new surgical techniques to coat different implants with an antibiotic-loaded, hydroxyapatite / calcium sulphate bone graft substitutes in order to address the heterogeneity of both microorganism and surgical site.

### Methods (Case presentations)

#### First Case: Custom-made Implant Coating of a Plate

A 38-year-old male patient fell of a ride-on mower which then rolled over his left lower leg. This resulted in a second-degree open fracture of the lower limb. Hence, wound debridement and external fixation were performed. The microbiologic results showed an infection with enterobacter intermedius and serratia fonticola. Both microorganisms were sensitive to gentamicin. One month after the accident and several debridements later, the external fixator was removed, and the tibia was stabilized with a low compression plate (LCP). In addition, the tibial defect was filled, and the plate was augmented with 5 ml Cerament G to prevent infection. Finally, the soft tissue defect was closed with an ALT flap by the plastic surgeons (Figure 1).

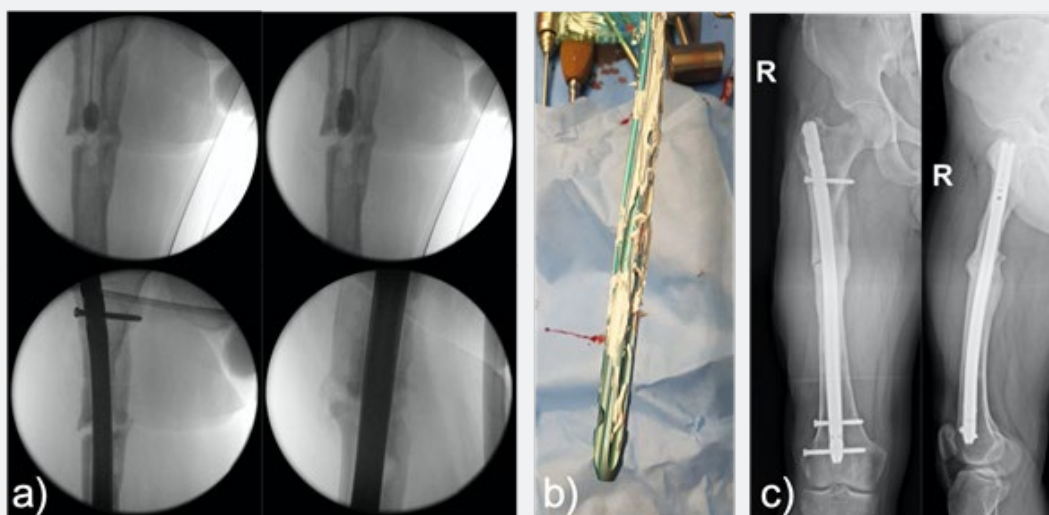


**Figure 1:** Implant coating of a plate; (a) tibial defect after stabilization with a LCP; (b) Augmentation of the tibial defect and the plate; (c) after closing the defect with a ALT-flap; (d) bone healing in CT-scan 15 month later.

### Second Case: Implant coating of an intramedullary nail in an infected non-union

A 35-year-old male patient fractured his left femur shaft in a traffic accident in Egypt. Initially, the closed femoral shaft fracture was treated on site with an intramedullary nail. One year later bone healing could not be observed, and the patient still suffered from pain due to a non-union. Therefore, we performed a resection of the non-union and the left femur was immobilized with an external transport fixator as there was a significant shortening of the leg. An infected non-union was diagnosed and a MRSA could be intraoperatively isolated from the non-union site. A bone lengthening was approached for 2 months via the external fixator. However, the lengthening failed due to insufficient stability, and even though a rigid external fixator was subsequently applied for another 6 months, no

bone healing could be achieved. Metal removal and complete en bloc resection of the non-union was done and a vancomycin loaded cement spacer was inserted intramedullary. No MRSA was detected during this procedure. As a next step, the cement spacer was removed and a nail-osteosynthesis was inserted after the medullary canal had been reamed (LFN 360/16 mm, Fa Synthes). Before insertion, the nail was augmented with Cerament V (Figure 2b). and the medullary canal was filled up with the remaining amount of Cerament V using an extension tube. A total of 10 millilitres of Cerament V was utilized (Figure 2). Finally, two years after the accident, the nail was dynamically locked for dynamic compression of the non-union. Full weight bearing of the left lower extremity was possible immediately. After 22 months a complete bone healing was achieved (Figure 2c).



**Figure 2:** Implant coating of a plate; (a) tibial defect after stabilization with a LCP; (b) Augmentation of the tibial defect and the plate; (c) after closing the defect with a ALT-flap; (d) bone healing in CT-scan 15 month later.

### Third Case: Implant coating of a shoulder prosthesis

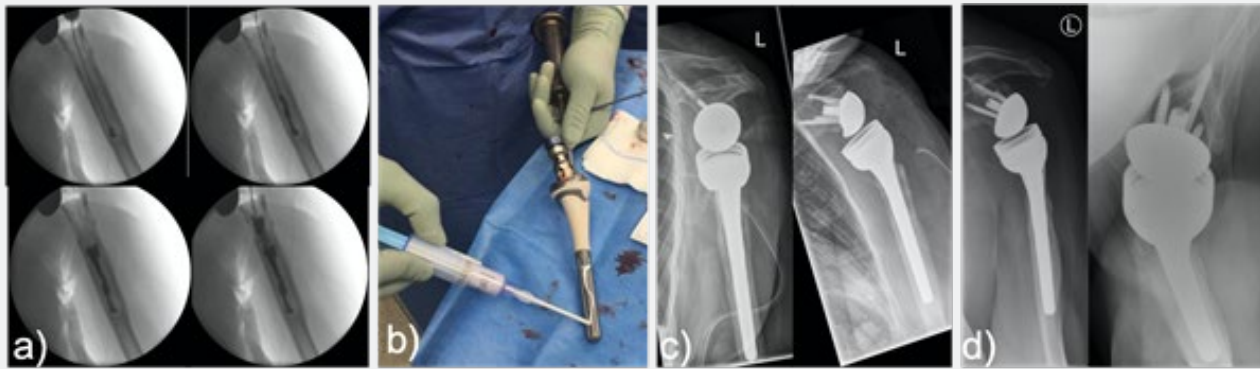


**Figure 3:** (a) + (b) Removal of the loosened humeral nail; (c) Implantation of a cement spacer.



A 57-year-old female patient presented with a loosening of a proximal humeral nail (PHN, Fa. Synthes) after fractured left humeral head due to a fall on her shoulder. As reason for the loosening an infection with extensive abscess formation around the implant was identified. The situation was complicated by the

patient's incomppliance and comorbidities such as schizophrenia. In the first step, we removed the osteosynthesis and implanted a gentamicin and vancomycin loaded cement spacer (Figure 3). Swab examinations showed infection with a staphylococcus lugdunensis, sensitive to vancomycin.



**Figure 4:** Implant coating of a shoulder prosthesis; (a) Filling the medullary canal with 19 ml Cerament V; (b) coating of the prosthesis with Cerament V; (c) x-ray 2 months after implant coating; (d) x-ray 15 months after implant coating.

During the second revision the shoulder joint was macroscopically free of infection, and thus an implantation of an inverse shoulder prosthesis was done (Fa Synthes DePuy) seven weeks later. During the operation the medullary canal was filled with Cerament V using an extension tube (Figure 4a). In addition, the stem of the prosthesis was augmented (Figure 4b) and thereafter the prosthesis stem was press-fit inserted. A total of 20 milliliters of Cerament V were used, in accordance with the resistogram. Postoperatively, a dislocation of the prosthesis components occurred. Therefore, at 2 months a proximal enlargement of the stem with an augment was done (Figure 4c). The microbiological samples taken during this surgery were sterile after cultivation (Figure 4).

## Results

So far, there have been no adverse events regarding the use of Cerament G or V as a surface coating during the follow up period.

### First Case: Implant coating of a plate

15 months after the augmentation of the LCP with Cerament G the tibia healed (Figure 1d), the patient is fully weight-bearing without pain. He has a free range of motion in the adjacent joints and no recurrence of the infection has been observed.

### Second Case: Implant coating of a nail

No reinfection occurred 18 months after implantation of the augmented nail-osteosynthesis. 3 months postoperatively the patient could fully weight-bear the right leg with a slightly limping gait remaining. At this time, he did not have pain in the area of non-union and progressing, still incomplete bone healing could be detected in the CT scan. 22 months after surgery a complete bone healing was achieved. The patient is full weight bearing without pain and a free range of motion in the adjacent joints.

### Third Case: Implant coating of a shoulder prosthesis

15 months after implant coating of the shoulder prosthesis with Cerament V there were no signs for a recurrence of the infection. The shoulder prosthesis was fully integrated. No radiological signs of loosening were detected (Figure 4d). The patient is painless but with limited range of motion (flexion 80°, abduction 70°, external rotation 0°, free range of motion during internal rotation and adduction).

## Conclusion

We present a new surgical approach of an individual off-label surface coating of plates, intramedullary nails or prostheses and could show promising initial results in these cases. To our knowledge this is a relevant innovation in the therapy of fracture- and implant-associated infections. Most importantly no adverse effects of the resorbable bone graft substitute were observed and the osseo-integration of the plates, nails and the prosthesis were observed. However, to gain further knowledge on the osteoconductive- and anti-inflammatory effect of the gentamicin- or vancomycin-loaded hydroxyapatite / calcium sulphate bone graft substitutes, further investigations and prospective clinical studies are required.

## Declarations

Ethics approval and consent to participate. This article does only contain studies with anonymized data; therefore, after inquiry with the ethics commission of the medical association of Rhineland-Palatinate, no ethical approval was needed.

## Consent for publication

We declare that this manuscript is original, has not been published before and is not currently being considered for publication elsewhere. It has been read by all authors and each

of the authors is convinced that the manuscript represents honest work.

## Availability of Data and Materials

The datasets generated and analysed during the current study are available from the corresponding author on reasonable request.

## Competing Interests

Prof. Dr. med. Thorsten Gühring is a consultant at bone support an at Zimmer Biometd. The remaining authors confirm that there are no conflicts of interest associated with this publication.

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## Authors' contributions

HF and TG participated in the study design and surgeries, analysis of the findings, and drafting of the final manuscript. GR participated in the study design and surgeries. PAG, JA and LH helped draft the final manuscript.

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