

Case Report

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# The Ultimate Solution of any Joint – Pain (Conservative) with Joint-Cure Herbal for Osteoarthritis, Rheumatoid Arthritis, Backache due to Facet Arthritis, Spondylitis and Other Joint Pain



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## Abstract

**Aim:** Why we get 'PAIN'???

- i. Do we exercise every day?
- ii. Do we have proper diet, water, air?
- iii. How many of us are using pain killer medicine daily?

Without knowing the fact of Pain killer safety....

To find the effectiveness, Randomized Clinical trials with the use of the Joint - Cure herbal as an alternative treatment to any invasion in joints for the Pain relief of Osteoarthritis, Rheumatoid arthritis, Facet Arthritis and /or any kind of Joint Pain (Figure 1).



Figure 1: The Pain clinic.

## Methodology

A Randomised study was carried out where 156 patients of Osteoarthritis, Rheumatoid Arthritis, Backache due to Facet Arthritis, Spondylosis, Chronic Spondylitis & Frozen Shoulder, Cancer Pain of age group between 29 to 94 years those who took many pain killer (allopathy) were given 10gms of sachets of the Joint - Cure Herbal Once a day for 12-15 month period. Subsequently more than 2000 patients took this Herbal till date.

## Mechanism of Action

This Joint-Cure herbal containing 9 natural phytonutrients exerting synergistic activities on body, reducing inflammation and pain by inhibiting prostaglandin synthesis, suppressing cyclooxygenase-1, cyclooxygenase 2,5-lipoxygenase and cytokines and neutralizing leukocyte elastase and free radicals by inhibiting lipid peroxidation and raising levels of Vitamin C. This

“Churna” promotes healing of joints by stimulating peripheral and collateral circulation, inhibiting platelets aggregation, reducing synovial fluid leucocyte count and lowering elevated

serum transaminase levels and erythrocyte sedimentation rates, and supplying lysine to help maintain nitrogen balance in body (Figures 2 & 3).



**Figure 2:** Patients of Osteoarthritis, Rheumatoid Arthritis, Backache due to Facet Arthritis, Spondylosis, Chronic Spondylitis & Frozen Shoulder, Cancer Pain of age group between 29 to 94 years those who took many pain killer (allopathy) were given 10gms of sachets of the Joint - Cure Herbal Once a day for 12-15 month period.



**Figure 3:** Joint Cure Herble.

Approximate 27 out of 2456 patients had partial pain relief around 30-50% with the Joint-Cure Herbal as they left the treatment in the middle of treatment period. Total 98.76 percentage of the patient who completed study period of 12-15 months exhibited complete pain relief on use of the Joint-Cure herbal without any noticeable side effects (Figure 4).

**Conclusion**

For Painful joint treatments, Ozone treatment, LAHC injections, Prolotherapy, sclerotherapy, even many Allopathy Etc requires invasion of joint and long term NSAID and other Pain killer use has known systemic side effects. Here, simple oral intake of the joint-cure herbs to relieve joint pain without any kind of joint invasion or visible systemic side effects was achieved successfully in 96 percent patients proving its effectiveness.

**Results**



**Figure 4:** Percentage of the patient who completed study period of 12-15 months exhibited complete pain relief on use of the Joint-Cure herbal without any noticeable side effects.

- i. So do we land-up with Pain in any time in a day or so?
- ii. When and where?
- iii. Why?
- iv. Do we understand the meaning of Pain? What does it matter to body?

Most of us are having trouble like Pain either at the beginning or at the end of the day. It’s due to inadequate food which is necessary for our body cell. Inadequate water which is necessary to clean our body. Inadequate air which we normally breathe which is necessary to make our Blood circulation Healthy, Inadequate Sleep which is necessary to make brain sound, Improper Posture which mostly doesn’t have and what

is most we lack Vit. B12.Vit.D3. The most common is Headache which most of us know it is a Migraine but to know the real headache require proper Diagnosis which majority don't have, even in today's world due to constant stress, Tobacco and alcohol addiction, constant use of Mobile and computer. Second most is Backache and Cervical Pain which everyone is getting due to Improper Posture and mostly is physiological Pain unless diagnosed early by Pain Physician. Arthritis is today very major concern where each house one person is having trouble with Joint-Pain particularly above 45 years age. Every Joint is having beautiful Blood sippy from all the aspect, but due to diet, water, daily routine activities, our Joint get degenerated early also our bone get week and it is very difficult for person to walk pain-free.

Old age person who get Pain at Joint and Spine are mainly due to Degenerative Arthritis and if they go for surgery, it's become very difficult them to walk without Pain. According to all recent updates, Herbal medicine has got tremendous power for Pain free walk. Now a day's majority of Young person is having trouble with Pain, it's should be corrected by proper diagnosis. Here the family Physician has got major role, if they understand in a proper time, patient will not have any problem.

One should not left any question for Pain for all these to understand Pain factor, Dr. Shahil Patel is available for limited time prior to appointment. One can drop email on [thepainclinic06@gmail.com](mailto:thepainclinic06@gmail.com). Pl confirms it is Paid Service for further details Pl visit website: [www.thepainclinic.in](http://www.thepainclinic.in)



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