

# Necessity of Research in Physiotherapy and Rehabilitation



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**Submission:** January 24, 2017; **Published:** January 25, 2017

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## Editorial

Physiotherapy launched in Bangladesh four decades ago in order to rehabilitate war injured freedom fighters. Government of Bangladesh started Bachelor of Physiotherapy professional course under University of Dhaka to create skilled and resourceful manpower after liberation war to treat and rehabilitate those heroes who were injured/disabled. Actually no profession or professional subject goes forward without research or scientific evidence. As physiotherapy is a professional subject which has wide variety of clinical application particularly in orthopedic conditions, neurological aspects, pediatric disorder, chest conditions, sports injuries, burn and plastic surgery and even in gynecological condition, day by day its popularity, applicability, acceptability and availability is increasing all over country because patients are benefitted by taking physiotherapy. Educated and conscious patients are showing negative attitude to painkillers but welcoming physiotherapy.

There is a research methodology subject in undergraduate course and in master level students have to do dissertation

on a particular topic but those need ensuring of quality and to achieve this depth knowledge on research is necessary and compulsory. Physiotherapists are going upward by doing gold standard research in the other parts of the world and making their practice evidence based. Use of manual therapy is increasing whereas dependency on electrotherapy is decreasing but in our country we are observing that physiotherapists are prone to use electrotherapy than manual therapy. As no post for physiotherapist in public hospital, patients are getting electrotherapeutic treatment in the name of physiotherapy treatment. Time has come to think about effectivity of these therapeutic agents in the context of Bangladesh. Tendency to generalize therapeutic exercise regimen and prescribing one or two electrotherapy modality is seen among other medical professionals which is alarming and beyond ethics. Physiotherapy should be prescribed as well as provided by physiotherapists and should be based on hard evidence (empirical). Happy to know that physiotherapists are doing higher education and engaging themselves in doctoral research.



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DOI: [10.19080/OROAJ.2017.04.555641](https://doi.org/10.19080/OROAJ.2017.04.555641)

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