Open Access Journal of Surgery
ISSN: 2476-1346

Juniper Publishers
key to the Researchers

Case Report
Volume 17 Issue 4 - November 2026
DOI: 10.19080/OAJS.2026.17.555966

Open Access J Surg
Copyright © All rights are reserved by Ahmad Reza Shahraki

Case Reports are the Edge and Future of Sciences

Ahmad Reza Shahraki[1]*, Elahe Shahraki[2], Fahime Oveisi[3], Iran Dokht Mirshekari[4] and Elham Shahraki[5]

[1]*General Surgeon, Assistant professor, Department of General Surgery, Imam Ali Hospital and Khatam-ol-An bia Hospital, Zahedan Medical Faculty, Zahedan University of Medical Sciences and Health Services, Zahedan, Iran*

[2]*Dentist, Periodontology resident, Periodontology Department, Dental Faculty, Tehran University of medical Sciences, University of Tehran, Tehran, Iran*

[3]*Obstetrics and Gynaecologist, Assistant professor, Department of Obstetrics and Gynaecology, Imam Ali Hospital, Zahedan School of Medicine, Zahedan University of Medical Sciences, Zahedan, Iran*

[4]*Infectious disease specialist, Assistant professor, Department of Internal medicine, Ali Ibne Abitaleb Hospital, Zahedan medical faculty, Zahedan University of medical Sciences, Nosocomial infection fellowship, Infectious disease Department, Imam Khomeini hospital, Tehran University of medical Sciences, University of Tehran, Tehran, Iran*

[5]*Associated professor of nephrology, Department of Internal medicine, Nephrologist, Ali Ibne Abitaleb Hospital, Zahedan medical faculty, Zahedan University of medical Sciences, Zahedan, and I.R. Iran*

Received: October 27, 2026; **Published:** November 12, 2026

***Corresponding author**: Ahmad Reza Shahraki, General Surgeon, Assistant professor, Department of General Surgery, Imam Ali Hospital and Khatam-ol-An bia Hospital, Zahedan Medical Faculty, Zahedan University of Medical Sciences and Health Services, Zahedan, Iran

Abstract

Todays, Case reports have a fundamental character in medical research. They make available unique visions into infrequent circumstances, original treatments, and opposing effects, helping as respected educational apparatuses and producing original hypothesis. They have some problem with some parts of common knowledge, but they are future of sciences. It has some limitation but benefits is more for practitioner and researchers. This paper can arrange and assemble near 500 articles in PubMed database about case reports from 2020 to 2026 to collects data's and asses their importance in the medical practice. Data's assesses by Correlation Analysis by Spss v22.We can say the case reports are rare and uncommon but they are a part of future sciences trigger and needs of any practitioner or scientist to know the valuable data's in these cases.

Keywords: Case Reports; PubMed; Clinical Cases; Medical Cases; Case Series

Introduction

Todays, Case reports have a fundamental character in medical research. They make available unique visions into infrequent circumstances, original treatments, and opposing effects, helping as respected educational apparatuses and producing original hypothesis [1]. They have some problem with some parts of common knowledge [2] but they have a powerful model to discover new aspects of sciences [3, 4, 5]. They can show other side of any experimental and medical sciences to discover uncommon and differences with common and routine cases [4].

Methods

This paper can arrange and assemble near 500 articles in PubMed database about case reports from 2020 to 2026 to collects data's and asses their importance in the medical practice. Data's assesses by Correlation Analysis by Spss v22.

Discussion

They are real facts in sciences, but they have some limitation: [2]

a) Minor model bulk

b) Generalizability apprehensions

c) Retrospective strategy

In other hands they have some unique benefits: [6]

i. Ability improvement

ii. Patient exact care

iii. Specialized expansion

Conclusion

We can say the case reports are rare and uncommon, but they are a part of future sciences trigger and needs of any practitioner or scientist to know the valuable data's in this cases.

Declarations

Ethical approval and consent to participate

The satisfied of this manuscript are in agreement with the declaration of Helsinki (last version) by the World Medical Association (WMA) for Ethics agreement.

No committee approval was required.

Oral and on paper accord to contribute, accepted by patient family.

Consent for publication

Transcribed informed agreements obtain from the patient's permitted protector for publication of this paper and any accompanying images and data's.

A copy of the on paper knowledgeable agreement is existing for evaluation by the Editor-in-Chief of this journal.

Availability of supporting data

It is available.

Competing interests

The author declares that they have no competing financial interests and nothing to disclose.

The authors have no conflicts of interests to declare.

Authors' Contributions

Ahmad Reza Shahraki is the surgeon of patient and writes this paper, Elahe Shahraki Collects data's, Fahime Oveisi with Iran Dokht Mirshekari edit parts and Elham Shahraki Reviews the paper.

Data Reproducibility

The data presented in this study are openly available in one of the repositories or will be available on request from the corresponding author by this journal representative at any time during submission or after publication. Otherwise, all consequences of possible withdrawal or future retraction will be with the corresponding author.

References

1. Suvvari TK (2024) Are case reports valuable? Exploring their role in evidence-based medicine and patient care. World J Clin Cases 12(24): 5452-5455.
2. Lowenfels AB, Mamtani R, Solomon LW, Maisonneuve P, Cheema S (2022) The Value of Case Reports for Graduate Medical Education. J Grad Med Educ 14(5): 529-532.
3. Shahraki AR (2026) Multiple Separated Cystic Ducts from a Single Common Bile Duct and One Gallbladder, New and Enormously Exceptional Variant in Literature: A Case Report. Govaresh 31: 54-57.
4. Shahraki AR (2024) Three-Year Chronic Simultaneous Separated Triple Large Bowel Volvulus in a Middle-aged Woman: A Case Report. Govaresh 29: 179-183.
5. Shahraki AR (2023) Polydactylyof 5th Finger in a 6-Month-Old Male: A Case Report. World J Plast Surg 11(4): 1-3.
6. Bayram A (2022) CARE (CAse REport) Guidelines: A Recipe for More Transparent Case Reports. Turk Arch Otorhinolaryngol 60(2): 63-64.

This work is licensed under Creative Commons Attribution 4.0 Licens
DOI: 10.19080/OAJS.2026.16.555966

Your next submission with Juniper Publishers will reach you the below assets

- Quality Editorial service
- Swift Peer Review
- Reprints availability
- E-prints Service
- Manuscript Podcast for convenient understanding
- Global attainment f or your research
- Manuscript accessibility in different formats
  (Pdf, E-pub, Full Text, Audio)
- Unceasing customer service

Track the below URL for one-step submission
https://juniperpublishers.com/online-submission.php

How to cite this article: Ahmad Reza S, Elahe S, Fahime O, Iran Dokht M, Elham S. Case Reports are the Edge and Future of Sciences. Open Access J Surg. 2026; 17(4): 555966. DOI:10.19080/OAJS.2026.16.555966