



Laparoscopic Cholecystectomy; Complications and Conversion to Open Cholecystectomy



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Abstract

Laparoscopic cholecystectomy (LC) has become the gold standard treatment for benign gallbladder disease since it was first introduced by Mühe in 1985, followed by Mouret in 1987. The laparoscopic cholecystectomy is defined as the removal of gallbladder through a key-hole-sized incision, this procedure is associated with less postoperative pain and better aesthetic results. The frequency of LC complications varies among 0.5% to 6%, leading to a new spectrum of intraoperative and postoperative complications, being the iatrogenic perforation of the gallbladder with an incidence of 10-30% the principal intraoperative complication. With the advent of laparoscopic cholecystectomies, the indications to perform an open cholecystectomy have decreased.

The most common cause (2% to 10%) to do an open cholecystectomy is performed is when converting from a laparoscopic to open cholecystectomy. The principal predictors of complications regardless LC or PC are: gallbladder wall thickness >3mm, Acute Cholecystitis (AC), obesity, male sex, and instrumentation failure. Nevertheless in Sankpal study which evaluated 220LC and 220OC it shown no significant difference in the incidence of complications between these two types of surgery. When analyzing the literature it can be observed that there is no difference between laparoscopic and open cholecystectomy with respect to complications and indications. However, when performing a laparoscopic cholecystectomy there is always a risk of becoming an open cholecystectomy, even so the laparoscopic cholecystectomy continues to be the gold standard and there are advantages of laparoscopic surgery include in comparison with the open procedure like: reduction in tissue trauma, early ambulation, reduced adhesion formation, early return to work and less medication, which certainly make it the choice for treatment in the present.

Introduction

Laparoscopic cholecystectomy (LC) has become the gold standard treatment for benign gallbladder disease since it was first introduced by Mühe in 1985, followed by Mouret in 1987. This procedure has gradually replaced open surgical treatment to become one of the most common surgical procedure performed worldwide, nevertheless they are still compared in their mortality rates, hospital stay, as well as their incidence of biliary tract injury [1-3].

Laparoscopic cholecystectomy is defined as the removal of gallbladder through a key-hole-sized incision, being the traditional procedure using two 10mm ports and two 5mm ports, but also it can be done with 3 ports, which is associated with less postoperative pain and better aesthetic results [4]. The advantages of laparoscopic surgery include: reduction in tissue trauma, early ambulation, and reduced adhesion formation, early return to work and less medication [5]. When comparing liver function post laparoscopic and open cholecystectomy (OC) it has been shown that in the first postoperative day,

liver enzymes especially serum Aspartate amino-transferase (AST), Alanine amino-transferase (ALT) and Gamma-glutamyl transpeptidase (GGT) which are hepatocellular enzymes are more elevated than in the OC groups, associated with diathermy induced injury and carbon-dioxide pneumoperitoneum which causes a reduction in the blood flow to the liver due to an increase intrabdominal pressure that exceeds the normal portal pressure, nevertheless at 1 week post-intervention, the liver enzymes come back to normal in both groups, only evaluated in non-complicated cholecystectomies, in which the traditional 4 ports LC and traditional OC was made and no biliary tract damage or infection was documented, letting us know, that only in patients with severe liver dysfunction prior surgery, an OC should be suggested [2,5].

Complications in Laparoscopic Cholecystectomy

The frequency of LC complications varies among 0.5% to 6%, leading to a new spectrum of intraoperative and postoperative complications, being the iatrogenic perforation

of the gallbladder with an incidence of 10-30% the principal intraoperative complication [6]. The most serious complication of LC is the bile duct injury leading to severe morbidity, and it is known to be more common in LC than in OC, being the most common cause an anatomical misinterpretation due to: cephalic traction of the fundus that might compress Calot's triangle, two-dimensional view, restricted operative field, lateral traction of Hartmann's pouch making difficult to distinguish between the common bile duct (CBD) and the cystic duct (CD), extensive inflammation, edema at Calot's triangle, anatomic variations of the biliary tree, morbid obesity, and hemorrhage [3,7].

The bile duct injury in LC is evaluated by Strasberg classification:

- A. Cystic duct leaks or leakage from small ducts in the liver bed.
- B. Occlusion of part of the biliary tree, almost invariably the aberrant right hepatic ducts.
- C. Transection without ligation of the aberrant right hepatic duct.
- D. Lateral injuries to major bile duct.
- E. Low common hepatic duct (CHD) stricture, with the length of the CHD stump of > 2cm.
 - a) Proximal CHD stricture - hepatic duct stump < 2cm.
 - b) Hilar stricture, no residual CHD, but the hepatic ductal confluence is preserved.
 - c) Hilar stricture, with involvement of confluence and loss of communication between right and left hepatic duct.
 - d) Involvement of aberrant right sectorial hepatic duct alone or with concomitant stricture of the CHD [3].

Conversion to an Open Cholecystectomy

With the advent of laparoscopic cholecystectomies, the indications to perform an open cholecystectomy have decreased. The most common because (2% to 10%) to do an open cholecystectomy is performed is when converting from a laparoscopic to open cholecystectomy. The principal predictors of complications regardless LC or PC are: gallbladder wall thickness >3mm, Acute Cholecystitis (AC), obesity, male sex, and instrumentation failure. Nevertheless in Sankpal study which evaluated 220 LC and 220 OC it shown no significant difference in the incidence of complications between this two types of surgery [8].

Poor visualization and unclear anatomy are typically the reason to convert. Conversion to open cholecystectomy should not be viewed as a complication or a failure but just the opposite. It is showing good judgment to complete the operation in the safest manner possible [5,9]. One of the main predictor factor of turning a LP to an OP is the presence of AC, related with a

gallbladder wall thickness >3mm, due to the modification of local anatomy increasing the difficulty of identifying the cystic pedicle and the common bile duct [10,11].

Elements that predict the conversion to open surgery are:

- a) Age over 60 years.
- b) Male sex.
- c) Weight over 65kg.
- d) AC, history of epigastric surgery.
- e) Background of epigastric surgery.
- f) High values of glycosylated hemoglobin (between diabetic patients).
- g) Little experienced surgeon (Table 1).

Table 1: Factors significantly affecting conversion rates.

Variables	Conversion Rates (%)	P Value
Sex	Male	11.2
	Female	3.2
Abdominal tenderness	Present	6.3
	Abscent	2.5
Previous upper abdominal operation	Present	7.3
	Abscent	4
Gallbladder wall (ultrasonography)	Thickened	30.8
	Normal	4.1
Age (years)	>60	7
	<60	3.9
Acute cholecystitis	Present	16.7
	Abscent	2.8

Conclusion

When analyzing the literature it can be observed that there is no difference between laparoscopic and open cholecystectomy with respect to complications and indications. However, when performing a laparoscopic cholecystectomy there is always a risk of becoming an open cholecystectomy, some of the risks already mentioned as: gallbladder wall thickness >3mm, Acute Cholecystitis (AC), obesity, male sex, and instrumentation failure. Laparoscopic cholecystectomy continues to be the choice although it should always be taken into account that there is a learning curve and it is highly operator dependent. Even so, there are advantages of laparoscopic surgery include: reduction in tissue trauma, early ambulation, reduced adhesion formation, early return to work and less medication, which certainly make it the choice for treatment in the present.

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