

An Unusual Complication of Height Loss in an Elderly Patient



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Abstract

A tunneled dialysis catheter is used for intermediate to long term hemodialysis vascular access in End Stage Renal Disease (ESRD) patients without Arterio-Venous Fistula (AVF). The tip of Tunneled Dialysis Catheters (TDC) should ideally be positioned at the caval-atrial junction or within the upper right atrium to ensure optimal blood flow [1]. Here we present an unusual case of an ESRD patient whose catheter tip was seen in the right ventricle on radiological examination one year after placement. The migration was thought to have occurred because of shortening of the thoracic cavity due to a reduction in vertebral height.

Keywords: Tunneled dialysis catheter tip migration, Right ventricle, End stage renal disease, Elderly, Osteoporosis, Kyphoscoliosis, Loss of vertebral height, Arterio-Venous Fistula, secondary hyperparathyroidism. Osteoporosis

Abbreviations: ESRD: End Stage Renal Disease, AVF: Arterio-Venous Fistula, TDC: Tunneled Dialysis Catheter, SVC: Superior Vena Cava

Introduction

Up to a third of ESRD patients on hemodialysis use TDC usually as a bridge to a more permanent dialysis access [2,3]. Various complications are known to occur with dialysis catheter placement including hemothorax, pneumothorax, catheter thrombosis, venous thrombosis, infection and catheter tip migration. Catheter tip migration is commonly peripheral and less commonly central towards the base of right atrium or into the ventricle. Central migration can give rise to complications including atrial mural thrombus, perforation, arrhythmias, cardiac tamponade, pleural effusion and Superior Vena Cava (SVC) obstruction [4-6]. There has been a previous case report of delayed catheter tip migration into right ventricle causing SVC obstruction [7]. Here we describe an asymptomatic incidentally discovered case of dialysis catheter tip migration into the right ventricle caused by a loss vertebral height.

Case Presentation

A 78-year-old female patient with mild kyphoscoliosis and ESRD on dialysis three times a week via right sided internal jugular tunneled catheter since January 2020 was admitted for evaluation of chest pain in October 2021. Work up for the chest pain was negative and it resolved with conservative measures. A chest X-ray taken during the work up demonstrated the tip of the catheter to be in the right ventricle [Figure1]. The catheter was inserted in December 2019. Review of radiological films from December 2019 showed the catheter tip to be in right atrium

[Figure 2]. The distance between the point of insertion and the tip of catheter was measured by the radiologist and found to be the same in both instances demonstrating that the anchoring of the catheter by fibrosis into the cuff was intact. It was suggested that increase in Scoliosis and loss of vertebral column height could have shortened the thoracic cavity and caused the catheter tip to move downwards [Figure 3]. Accelerated bone loss due to old age and bone mineral disease associated with ESRD could have contributed. Patient's height was measured and found to be 142cm against 149cm in 2019. She was otherwise stable and had no symptoms that could be attributed to catheter tip migration. She was advised to have her catheter removed but declined as she had no symptoms and opted to wait till her recently created AVF was matured.

Discussion

Loss of height due to osteoporosis is a part of natural aging process. With advancing age, osteoporosis weakens the bony structures and facilitates bone remodeling and rotatory deformities. Finally, aging of bone, discs, facets, ligaments, and muscles may ultimately lead to kyphoscoliosis and destabilization [8,9]. This process is accelerated in ESRD. In addition to the well described high-turnover bone disease caused by secondary hyperparathyroidism and low-turnover disease in the form of osteomalacia. Osteopenia also is present in end-stage renal disease patients. In contrast to abnormalities in the ability of bone

to remodel, osteopenia is a deficiency in bone mass or volume [10]. Osteoporosis in ESRD is associated not only with increased fracture risk but also all-cause mortality [11]. Female gender is an additional risk factor [8]. In the above case, it is proposed that

the catheter tip moved into right ventricle due to loss of height; an unusual complication of osteoporosis seen in an elderly patient. Timely replacement or repositioning of the dialysis catheter is the treatment of choice.



Figure 1: X-ray chest taken in October 2021.



Figure 2: X-ray chest taken in December 2019.



Figure 3: Lateral film showing Kyphoscoliosis.

Conflict of interest:

No financial conflict of interest exists.

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