



Culture of the Older Person's Non-Content - One Need, One Right, and an Ethical and Political Battle



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Editorial

In the health environment "Restraint" is defined as the limitation of the possibility of Spontaneous and autonomous movement of an individual through the use of devices Varied. Containment also exists in the pharmacological and environmental field. This practice violates fundamental human rights, constitutes a violation of Constitutional standards of many countries regarding individual freedom, in addition to be contrary to ethical and professional aspects.

In the international literature, prevalence studies have broadly confirmed the Systematic use of the means of containment.

The prevalence is still very high at internationally, and in the last two decades several studies have shown this. However, the exact data are difficult to obtain due to the great diversity Methodology used in the studies.

In the last ten to fifteen years, interventions aimed at reducing the practice of containment Have been stimulated, both in the various member countries of the European Union and in the United States, but they have also been addressed in Australia.

Even in countries that are in a situation of greater economic development and that they have a good System (such as Great Britain, France, Germany, among others) to the prevalence of systematic use of restraint still remains high [1-3].

The scientific evidence has also demonstrated the damage and harmful effects, related to the use of means of containment as: aggressiveness, falls, injuries, Friction, psychic suffering, malnutrition, incontinence, among others.

Unmasking thus, the unsupported beliefs of health professionals regarding the need to contained in the principles of the safety of the elderly. The elderly person who is frail or has dementia Particularly vulnerable to any type of containment and the many complications that can be observed, not only with regard to organic damage but also by the emotional and psychological component.

It is observed at the present time, there is still no awareness on the part of health professionals and Management and control bodies that containment is the cause of serious health problems.

Thus, it is also associated with high costs concomitant to functional capacity. In view of the predictions of the accelerated demographic increase of the elderly in the coming years, there is a need for Dissemination of the Culture of Non-Containment among health professionals in order to Improve and optimize social and health systems, ensuring the quality of care.

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