Suitable Sowing Rate for Peas and Beans - A Review

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Submission: January 22, 2018; Published: March 13, 2018
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Abstract
The purpose of this investigation was to find suitable sowing rates for peas and beans according to literature review. The sowing rate of faba beans depends on 100 seed weight (grams), target plant population, establishment percentage and germination percentage. Optimum plant populations for most faba beans can range from 20 to 35 plants per square metre. For the medium to larger sized faba beans (Manafest, Icarus) and the small broadbeans, optimum plant populations can vary from 15 to 25 plants per square metre. For larger broadbeans, optimum plant populations can vary from 8 to 12 plants per square metre. Field peas sowing rate should be around 100 seeds per m². The reasons for that are followed: Plant stands of less than about 100 plants m⁻² always reduced pea seed yield in weedy conditions, especially for semi-leafless upright pea cultivars are grown and optimal weed control is not possible. Increasing seed rates above 100 plants m⁻² caused decrease in seeds per pod and seed crude protein yield. An unfortunate was that increasing seed rates above 100 plants m⁻² increased also lodging scores.

Keywords: Faba bean; Field pea; Sowing rate; Smooth peas

Introduction
In Europe field pea is widely cultivated [1]. Field peas are also known as smooth peas or specifically green and yellow cotyledon dry peas [2]. It is an herbaceous annual crop in the Fabaceae (formerly Leguminosae) family. The Mediterranean basin and the Near East are the places from where pea crop originates. Nowadays it is widely grown for its seedpod. Pea is an important human food crop [1].

Among various grain legume crops grown in Europe, faba bean ranks presently second in area and production after pea and before lupins, soya, chickpeas and lentils. China is the main producer of faba bean in the world with 39% of the total world production. Then, the major producers in order of importance are United Kingdom, Ethiopia, Egypt and France. Cultivated faba bean is mainly used as human food in developing countries and as animal feed for pigs, horses, poultry and pigeons in industrialized countries [3].

Field peas and faba beans are important crops due to their protein content. The protein content of field peas may vary as followed: 21.4-23.9% [4], 20.5-22.1% [5], 15.8-32.1% [6], 21.9-34.4% [7], 15.8-32.1% [8], 20.6-27.3% [9], 24-32.4% [10,11], 18.3-31% [12], [13]. Found that the protein content for the nineteen pea genotypes ranged from 21.13 to 27.05%, with a mean of 23.89% and stated that these differences in protein content were due to a combination of genetic and environmental factors. The protein content of faba beans ranges from 20% to 41%, values which depend on the variety [13].

Sowing rate of field peas is affected by environmental factors such as rainfall, irrigation, or soil type, as the more favourable the environment, the higher will be the optimum population [14]. Seeding rates for faba bean vary according to seed size, sowing time and region [15].

The purpose of this investigation was to give the literature overview about field peas and faba beans suitable sowing rates.

Discussion Faba Bean And Sowing Rate
[15] is describing the method how to calculate right sowing rate:

\[
100 \text{ seed weight (grams)} \times \text{target plant population} \times 1000 \\
+ \text{establishment percentage} \times \text{germination percentage} = \text{your seeding rate kg/ha.}
\]

(* Establishment percentage - 90% is a reasonable estimate, unless sowing into adverse conditions).

Seeding rates for faba bean vary according to seed size, sowing time and region [15].

[16] gave some advices on sowing rates of faba beans:

i. Optimum plant populations for most faba beans can range from 20 to 35 plants per square metre.

ii. For the medium to larger sized faba beans (Manafest, Icarus) and the small broadbeans, optimum plant populations can vary from 15 to 25 plants per square metre.
For larger broadbeans, optimum plant populations can vary from 8 to 12 plants per square metre.

Sowing at the lower plant population range sometimes reduces the risk of foliar disease, as the crop is usually less bulky.

Seeding rates resulting in lower than recommended plant populations could reduce potential crop yields.

At the same time [18] used 4 seeding rates (50%, 75%, 100% and 125%) and concluded that The 50% seeding rate resulted in significantly lower yield and total dry matter, but the highest seed weight and the greatest number of pods per plant, as well as the greatest number of days to maturity. The 75%, 100% and 125% seeding rates resulted in equivalent yield and total dry matter, but significantly fewer pods per plant and reduced seed weight as seeding rate increased. Increased seeding rate partially compensated for delayed seeding. Seeding as early as possible at 75% of the present recommended seeding rate of 46 plants m-2 should maximize return on seeding cost to the grower.

[19] found that high sowing rates (the sowing rate range was 70 - 270kg ha-1) produced tall crops with the lowest pods further from the soil surface than those at low plant density, and hence, mechanical harvesting was easier. The same authors concluded based on literature review that the influences of high sowing rate were:

i. Faba bean yield increase with plant population increase, while the number of pods per plant decreased.

ii. Greater leaf area, radiation absorption and greater dry matter production of faba bean.

iii. Earlier canopy closure of faba bean, which may cause greater supression of weeds and aphids and reduced evaporation from soil.

iv. Faba beans can yield well over a wide range of plant populations under favourable conditions as they have the ability to compensate and fill in plant rows [15].

Conclusion

It must be concluded that the sowing rate depends on 100 seed weight (grams), target plant population, establishment percentage and germination percentage. Optimum plant populations for most faba beans can range from 20 to 35 plants per square metre. For the medium to larger sized faba beans (Manafest, Icarus) and the small broadbeans, optimum plant populations can vary from 15 to 25 plants per square metre. For larger broadbeans, optimum plant populations can vary from 8 to 12 plants per square metre.

Discussion Field Pea and Sowing Rate

[20] in their study had four varieties with contrasting morphology and six seeding rates ranging from 25 to 90 viable seeds/m2, increasing seeding rate increased seedling density and seed yield. Similarly [21] described that one study determined that plant stands of less than about 100 plants m-2 always reduced pea seed yield in weedy conditions, especially for semi-leafless upright pea cultivars are grown and optimal weed control is not possible. At the same time [22] based on their trial and previously published work made followed conclusions. Without irrigation, 70 plants/m would seem to be optimum on shallow soils increasing to 90 plants m2 on deeper soils. With irrigation these densities can increased to 120-130 plant m2 particularly if the crop is harvested green for processing. Row width should be 15cm or less if drills will allow narrower sowings. For garden peas which branch freely these rates may well be lower but further research is required on this aspect.

However [23] used followed seed rates: 75, 100, 125 and 150 seeds per m2. They found that increasing seed rates resulted in an increase in plants per m2, forage yield, dry matter yield and forage crude protein yield. While, increasing seed rates caused decrease in seeds per pod and seed crude protein yield. An unfortuine was that increasing seed rates increased also lodging scores.

Pea plants compensated for low plant populations by producing more pods per plant and more seeds per pod although this compensation mechanism was not enough to maintain high yield at low populations in all environments. Seeding rates that gave best partial net economic returns varied from year to year, but with a trend for lower returns at seeding rates greater than 77seeds/m2 [20]. In addition [24] concluded that when intra-row spacing is increased branching increases.

Therefore the recommended sowing rates for maple, blue and white peas vary considerably, according to variety and seed size. The ability of some varieties to produce pod-bearing branches from basal positions may enable them to be drilled at lower rates without significantly depressing yield. In addition, the number of branches per plant has been found to increase with a decrease in population [24].

[24] described that sowing rate also is affected by environmental factors such as rainfall, irrigation, or soil type, as the more favourable the environment, the higher will be the optimum population. Higher plant densities are more likely to suppress weed growth and this was obvious in their research.

Conclusion

Seed rate should be around 100 seeds per m2. The reasons for that are followed:
i. Plant stands of less than about 100 plants m\(^{-2}\) always reduced pea seed yield in weedy conditions, especially for semi-leafless upright pea cultivars are grown and optimal weed control is not possible.

ii. Increasing seed rates above 100 plants m\(^{-2}\) caused decrease in seeds per pod and seed crude protein yield.

iii. An unfortunate was that increasing seed rates above 100 plants m\(^{-2}\) increased also lodging scores.

Acknowledgement

This investigation has been developed with the help of the project EUROLEGUME, funded from the European Union Seventh Framework Programme for Research, Technological Development and Demonstration under the grant agreement No. 613781.

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