

Case Report

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Carbon Dioxide Digital Subtraction Angiography (CO₂ DSA) in Peripheral Intervention-The Malaysian Experience



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Introduction

Carbon dioxide (CO₂) was first introduced as a non-vascular contrast agent in the 1920s when retroperitoneal pneumatography was used to visualise the kidneys and adrenal masses. While Paul Rosentstein employed oxygen (O₂) as a contrast agent, it was Humberto Horacio Carelli who propagated the use of CO₂, which he perceived to be absorbed faster than O₂, thus conferring a lower risk of air emboli [1]. Thirty to forty years on, the use of CO₂ expanded into the realm of the cardiovascular system, firstly to evaluate for pericardial effusion then subsequently for veno cavography [2]. A decade later through a stroke of serendipity, Irvin Hawkins discovered that CO₂ can also be safely applied in arteriography [3]. With the advent of digital subtraction angiography (DSA) and better delivery systems in the 1980s, the use of CO₂ as a contrast agent continued to make headway in the field of peripheral intervention, particularly in patients with chronic kidney disease (CKD) and iodinated contrast allergy [4,5].

To the best of our knowledge, CO₂ DSA has never been utilized in Malaysia until recently on 26 May 2017, when the Peripheral and Vascular Unit of the National Heart Institute (IJN) explored its use as an alternative contrast agent for diagnostic and therapeutic endovascular procedures. The traditional method of using iodinated (ionic or non-ionic) contrast medium (ICM) has its risk and limitation especially in the majority of diabetic patients with peripheral arterial disease who also have some degree of renal insufficiency. As such, the use of CO₂ DSA has granted us more leeway when dealing with this group of patients.

Properties of Carbon Dioxide

Suffice to say, a basic understanding of CO₂ properties would enable the operator to utilize it with confidence and also caution

(Table 1). Its low viscosity (1/400 of ICM) and high solubility (30 times O₂), allows it to be rapidly dissolved within 30-60 seconds and removed from the lungs. Having mentioned that, CO₂ does not mix with blood and together with its buoyancy, a blood-gas interface can be exploited to generate a negative image with DSA. It is thus important to note that because of its buoyancy, CO₂ angiography can only safely be recommended for angiography below the diaphragm and preferably in a Trendelenburg position, to avert the risk of spinal, coronary and cerebral gas embolism [6]. Being endogenously present, there is no concern whatsoever with allergy or renal toxicity. Its compressibility and non-combustibility allow for optimal storage and delivery via dedicated systems. Such systems are designed to avoid excessive compression of CO₂, which if otherwise delivered can result in pain due to an explosive gaseous expansion [7].

Table 1: Properties of carbon dioxide CO₂.

1	Low viscosity
2	Highly soluble
3	Does not mix with blood
4	Buoyant
5	Present endogenously
6	Non-toxic
7	Non-allergenic
8	Compressible
9	Non-combustible

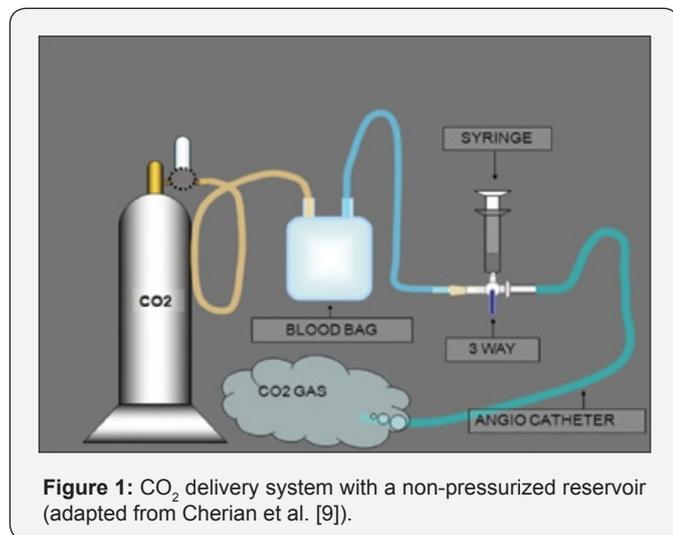
Concerns with Carbon Dioxide

Arguably, the most worrying among all concerns is gas embolism especially if used for arterial study above the diaphragm and should therefore be avoided. Otherwise, its rapid solubility should render it reasonably safe for studies below the

diaphragm. Intuitively, some operators are wary of the use of CO₂, particularly in patients with respiratory compromise such as chronic obstructive pulmonary disorder (COPD). Studies so far have not shown CO₂ DSA to be detrimental in such patients, as the volume of CO₂ used in imaging is relatively small compared to endogenous CO₂ production. It is also recommended to allow a longer interval between injections (2 minutes), instead of the routine 30-60 seconds. Discomfort or pain is another concern that is related to gaseous expansion within the blood vessels, although the vast majority of patients only have minimal or no sensation at all. With the development of new delivery systems and stacking software, the volume of CO₂ used can be reduced significantly without compromising image quality, making the procedure more tolerable to patients [8].

Another rare but real complication is the “vapour lock” phenomenon that can occur due to air trapping in non-dependent vessels primarily during aortic intervention. Hawkins [3] reported only one incident of transient mesenteric ischemia resulting from this phenomenon, which eventually normalized after 3 days when endoscopy was repeated. Although mitigated by its high solubility, its risk increases when large volumes of CO₂ are injected or when air contamination room occurs. Operators are often oblivious to radiation exposure and rightly need not be unduly worried if appropriate radiation protection is practised. Notwithstanding, it has to be emphasized that the acquisition of CO₂ images requires double the frame rate that of ICM.

Delivery System

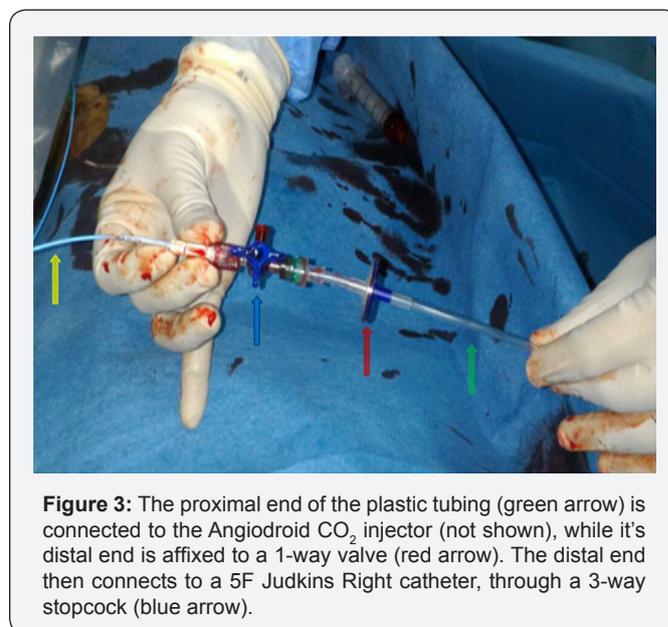


The CO₂ delivery method has evolved significantly since its discovery as a contrast agent. At its inception, it was delivered via a hand-held syringe that was then substituted by a liquid contrast injector. These are susceptible to room air contamination and hence, the next phase of development saw the connection of the CO₂ cylinder directly to the patient through a series of stopcocks. A non-pressurized reservoir (blood bag) was soon introduced to reduce the risk of overloading the vascular system with pressurized gas (Figure 1) [9,10]. In recent years,

more sophisticated and compact dedicated delivery systems were developed, among which the user-friendly Angiodroid automated digital CO₂ injector appears most outstanding-safe, reliable and less painful.



The Angiodroid CO₂ injector was first launched in 2013 and two years later, its second version was introduced (Figure 2). It has successfully automated the process of CO₂ delivery, making it independent from healthcare professionals and therefore, reduces potential for errors. Its main technical aspects comprise digital volume and pressure settings (touch screen console), fast automatic reload (20 seconds) for repeatable injection, and high accuracy of volume and pressure injection, dual microcontroller to ensure high performance and safety; and remote controller for injection.



The system comes with disposable tubing affixed to a 1-way valve at its distal end to prevent room air contamination and 3-way stopcock, which allows for supplementary use of ICM at the operator’s discretion. The 3-way stopcock is then connected

to the angiography catheter and the entire system is purged with 10cc of CO₂ before it is ready for use (Figure 3). How much CO₂ volume and pressure to be injected would depend on the patient's systolic blood pressure and body region of interest (provided in a chart). Most of the latest imaging hardware in the invasive laboratory is equipped with software that is compatible with the Angiodroid system, namely the CO₂ protocol. Compared with ICM, the CO₂ angiographic images are lower in spatial resolution [11]. Once acquired, the frames are integrated using stacking software to produce a final image with an improved resolution.

Case Illustration

A 56-year-old gentleman with a history of type 2 diabetes mellitus, hypertension, coronary artery disease (PCI in 2013), dyslipidemia and chronic smoking presented with a right foot non-healing ulcer. Physical examination revealed absent pulse at both popliteal arteries and below, with an arterial ulcer beneath the right big toe. X-ray did not show osteomyelitis at the affected area. Computed tomography angiography revealed bilateral superficial femoral arteries (SFA) occlusion and diffuse disease distally. Right lower limb percutaneous transluminal angioplasty (PTA) was offered to improve distal perfusion with the hope of expediting wound healing. Baseline renal function was normal with a creatinine level of 54µmol/L, white cell count was 13.6x10³/µL with predominantly neutrophils and elevated ESR/CRP.

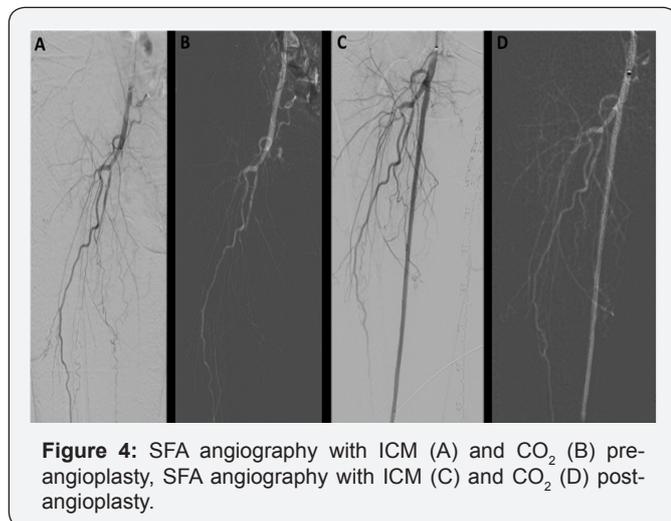


Figure 4: SFA angiography with ICM (A) and CO₂ (B) pre-angioplasty, SFA angiography with ICM (C) and CO₂ (D) post-angioplasty.

PTA was carried out with CO₂ as the contrast agent using the Angiodroid CO₂ injector. Left femoral artery was accessed with a 6F Flexor® Ansel guiding sheath (Cook Medical, Bloomington, IN) crossing over to the right femoral artery. Angiography showed occluded right SFA from the ostium. Intravenous fentanyl with a cumulative dose of 100mg was administered for pain relief. The lesion was successfully crossed and predilated with an Armada 5.5x200mm. It was then stented with Supera 5.0x200mm distally and overlapped with Absolute Pro 6.0x80mm proximally up to the SFA ostium. This was followed by post dilatation with

Armada 5.0x80mm and 6.0x80mm. Final angiography showed improved flow to the distal vessels (Figure 4). The total ICM used was only 100cc while CO₂ volume was 680cc with a total procedural time of 3.5 hours. Serial arterial blood gases (ABG) that were taken demonstrated the absence of CO₂ retention. Pre-procedural ABG showed pH 7.48, p CO₂ 40.4, pO₂ 87.6, H CO₃ 29.6, BE 5.7. Post-procedural ABG showed pH 7.43, p CO₂ 40.4, pO₂ 89.8, HCO₃ 26.0, BE 1.6. Renal profile 24 hours after the procedure showed no evidence of contrast-induced nephropathy (CIN). Our experience also showed that smaller vessels (<10mm) had better correlation with ICM than CO₂. Many experts opined that it is because CO₂ dissolves too quickly and largely due to its low density rather than lack of perfusion (Figure 5) [12]. This case illustrated the feasibility and safety of CO₂ in a successful PTA with the use of supplementary ICM.

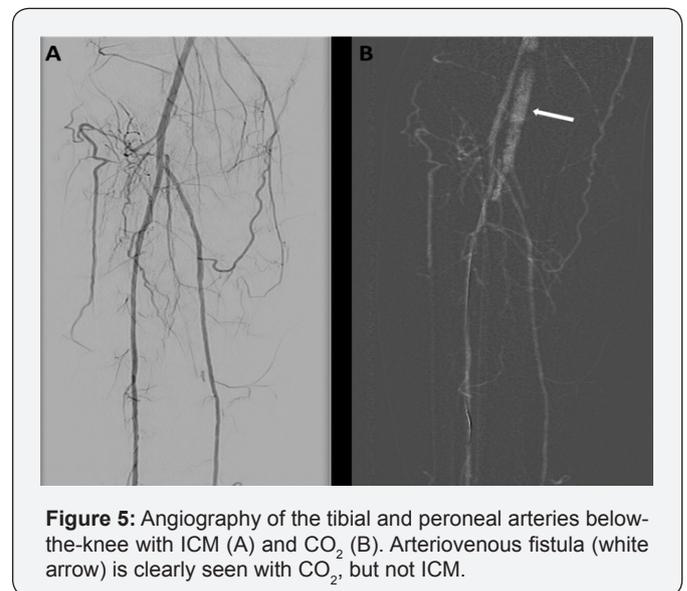


Figure 5: Angiography of the tibial and peroneal arteries below-the-knee with ICM (A) and CO₂ (B). Arteriovenous fistula (white arrow) is clearly seen with CO₂, but not ICM.

Conclusion

CO₂ DSA has great benefits in a variety of clinical scenarios, specifically CKD and iodinated contrast allergy, which are the bane of ICM. The unique properties of CO₂ make it a safe alternative contrast agent in both diagnosis and intervention in this group of patients. Besides peripheral arterial disease, its use in the realm of cardiovascular system has now also expanded into endovascular abdominal aneurysmal repair, venous intervention, transarterial chemo-embolization, vena cava filter placement, renal artery ablation, detection of arteriovenous fistula and diagnosis of acute arterial hemorrhage (2.5 times more sensitive than ICM) [13]. The state-of-the-art Angiodroid technology has revolutionized CO₂ DSA and our recent experience with it has witnessed a learning curve that was not at all steep.

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