



Opinion

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Book Review 'Mutiara Syurga Di Kamar Suami Isteri' (Malay Version)



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Maintained by N. Nasuha M.A., this book explains how the spouse can enjoy full sexual intercourse and also the ways to follow the sunnah Rasulullah s.a.w. According to Islam, it produces satisfaction of lust, happiness and happiness. This book explains in detail how to achieve these three things. Jimak or naked does not just involve the body but also the spirit. Knowledge relating to the practices before and during the conversation is very necessary in order to give peace to the soul during intercourse. Every couple should read this book to understand the intricacies of sexual life for happiness and peace of living. Starting from sexual organs and related things to preserve the love between husbands is arranged in order to examine the sexual values of the household. Here's also been told in detail how orgasm organs work to produce peak orgasms. This book contains all the facts related to sexual intercourse and also reveals the secrets of sexual intercourse. There are also halal and haram evidence in intercourse and how to subdue lust. The publication of this book is so easy to read and understand. Jimak is rarely talked about in a society in Malaysia.

The wives of the wives would like to achieve satisfaction or called orgasm, which is the orgasm when mating, which at that time contractions such as seizures in the muscles around the genitals. Orgasm in men is marked sperm ejaculation. During the orgasm, the sperm through the penis is transmitted strongly into the vagina. And here's the peak or climax of satisfaction. In men, since the muscles begin to move the sperm out through the penis, the erotic region in the urethra reaches a high sensitivity and sends waves of delights to the stomach and goes back to the pubic area then to the whole body, and the peak is reached when the sperm is sprayed first of the penis. Orgasm in women usually lasts longer than men. The redness slowly. As we know that the

process of achieving orgasm in women takes a long time, then when orgasm is reached it is relatively longer compared to men. Body health is important for maintaining the ability of the body. People who are often subject to illness, of course, have the ability to decrease and even sometimes impotence. Cardiac disorders, high blood pressure, lung disease, diabetes and other diseases can all disturb the lust of lust. In short, any illness that a person affects is likely to interfere with sexual life, especially if the disease is getting worse. This is where it is important that we always keep the body. In that effort you need to pay attention to the following. Do not work beyond the limits of ability and working hours should be limited. Our body is like an engine, if the engine is burdened beyond its capability, it will soon be broken. Similarly, if we work without time or beyond the capacity of our bodies, our body will be tired too soon. So the immune system of any disease is very fragile. Finally, we often suffer from illness. And if the pain continues and persists, it is not possible sexual desire or desire to decline. That's why relaxation is important, to give the body a freshness.

As we know that our whole body is from several hundred muscles and thousands of nerves. We work, think or do anything to involve muscles and nerves to work. If we work continuously, of course our muscles and nerves tend to work separately, but each other is interconnected and helps. Therefore, if some of our muscular or nervous nerves are tired will definitely disturb the muscles and other nervous veins as well as the muscles or nerves that function to engage in sexual activity. We have to spend a while doing exercising. Exercise sex for example is a sport intended to revive or stimulate sex-related tools in particular; and general body tools. Noticed or not, then every part of our organs does not all work perfectly.



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