Squamous Cell Carcinoma of the Breast in a Developing Community

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Abstract

Squamous cell carcinoma of the breast is so rare that single cases are usually reported, the squamous appearance being classical. To augment the few examples reported from India, Italy, and USA, this report is from Nigeria. It was facilitated on ground that the establishment of a histopathology data pool can promote epidemiological analysis. Such a data pool established by the Government of the Eastern Region of Nigeria at the capital city, Enugu, provided the opportunity to obtain 4 cases from among the ethnic group called the Ibos or Igbos. It is important to add these examples to the world literature.

Keywords: Breast; Cancer; Squamous cells; Ibos/Igbos; Nigeria

Introduction

Squamous cell carcinoma is a rarity all over the world. From India, 3 cases were reported in women aged 47 years, 58 years and 72 years respectively [1-3]. The Italian patient was aged 54 years [4], while from USA the figure was 58 years [5]. In the present paper concerning the Ibos or Igbos [6], who are domiciled mostly in the South-eastern Region of Nigeria, 4 examples are documented.

Table 1: Data on squamous cell carcinomas of the breast.

<table>
<thead>
<tr>
<th>S/No</th>
<th>Lab No</th>
<th>Initial</th>
<th>Age</th>
<th>Side</th>
<th>Diagnosis</th>
<th>City</th>
<th>Doctor</th>
</tr>
</thead>
<tbody>
<tr>
<td>1</td>
<td>B 120/72</td>
<td>NC</td>
<td>40</td>
<td>R</td>
<td>Carcinoma</td>
<td>Enugu</td>
<td>Nwankwo</td>
</tr>
<tr>
<td>2</td>
<td>H 104/72</td>
<td>NB</td>
<td>34</td>
<td>R</td>
<td>Lump</td>
<td>Enugu</td>
<td>Nwozo</td>
</tr>
<tr>
<td>3</td>
<td>UH 803//87</td>
<td>NL</td>
<td>45</td>
<td>-</td>
<td>Carcinoma</td>
<td>Enugu</td>
<td>Udekwu</td>
</tr>
<tr>
<td>4</td>
<td>UH 215/89</td>
<td>ND</td>
<td>30</td>
<td>L</td>
<td>Carcinoma</td>
<td>Aba</td>
<td>Iwuagwu</td>
</tr>
</tbody>
</table>

Results

The Igbo cohort is aged from 30 to 45 years (average 37.3 years). On the contrary, the international range of 47 to 72 years averaged 57.8 years. This difference is open to research. Most patients were attended to in Enugu, while a single patient was referred from faraway Aba. Interestingly, individual doctors forwarded the specimens.

Investigation

Workers in Birmingham (UK) promoted the idea that the establishment of a histopathology data pool is a good way to facilitate epidemiological analysis [7]. Accordingly, the one established in Enugu, the capital of the Eastern Region, is the source of the present paper which is tabulated hereunder (Table 1).
Discussion

Figure 1: Squamous cell carcinoma of the breast showing the typical cell nest.

A problem has arisen. It was described thus [8]: “Histogenesis is controversial as to whether a pure form of squamous cell carcinoma exists or if these malignancies represent an extreme squamous metasplasia within an adenocarcinoma.” Incidentally, this particular group avowed that the median age recorded was 52 years. In contrast, the present group has the average of 37.3 years. This may well be of epidemiological interest for future research. (Figure 1) gives an authentic representation of the squamous cell carcinoma. It characteristically featured in the present cohort.

References