Bilateral Succesive Otogenic Cerebellar Abscesses-Case Report

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Abstract

Chronic otitis with cholesteatoma, is a potentially dangerous disease and can lead to fatal complications, likeotogenic intracranial abscesses. Cerebellar abscess is two times less frequent than cerebral one, but 50% off all are otogenic in cause. Usually present in young male adults, but extremely rare can be a complications in children with otitis. Although the frequency of these has dramatically decreased with advancements in antibiotic treatment, new neurosurgical techniques and diagnostic imaging technology such as CT, MRI, and the disease can still lead to death or complications like seizures, paresis and cognitive impairments. The purpose of this lecture is to presents a case with bilateral cholesteatomatous otomastoiditis complicated succesive on both sides with cerebellar abscesses. This is an extremely rare condition, only a few cases are described in literature.

Keywords: Otogenic cerebellar abscess; Cholesteatoma; Osteitis; Mastoidectomy; Craniotomy; Otology; Neurosurgery

Case Presentation

The subject of this paper work it is a young patient with bilateral suppurated otitis from infancy, but neglected in a disorganized family, living on a farm house without current water or electricity.

The first contact with this patient was 11 years ago when at 13-years old was admitted in emergency in the clinic with a very bad general status and:

a. ear related complains -bilateral foe tide otorrhea , hearing loss dizziness  
b. sings of intracranial hypertension =intense headache, nuchal rigidity, photophobia, vomiting  
c. neurological signs-dizziness, discoordination, vertigo strange behavior, confusion, superficial coma,  
d. infection related symptoms-high fever-39- 40oC , tachycardia, bad general status

Diagnosis was based on ENT, neurosurgical, infectious disease examinations, completed with

Imaging Studies

X-ray: mastoid Schuller, view show only erosion of the mastoid bone. CT scan, with i.v. contrast, confirm the diagnosis not only the destruction of the mastoid cells ,with osteitis of the walls, internal mastoid cortical, or of the tegmen tymanicum or antri ,erosion of the bony walls of the lateral sinus, horizontal semicircular channel, also presence of endocranial lesions in this case meningoencephalitis, extradural abscess and posterior cranial fossa -cerebelar abscess. Repeated at every 7 days permit evaluation in time of the process, abscess formation ,capsule formation and optimum moment for drainage (Figures 1 & 2). MRI offer a better exposure of soft tissues and inflammation saw is ideal for the brain showing difference between cerebritis and edema, also thrombosis of the venous sinuses [1-6].

Figure 1: CT -scan -Cerebellar abscess.
Laboratory studies

a. CBC count—anemia, leukemoid reaction, neutrophilia, thrombocytosis, erythrocyte sedimentation rate—high; serum C-reactive protein (CRP), high, HIV test—negative

b. Blood cultures in fever; cultures from the ear (at least 2; preferably before antibiotic usage) revealed *Staphylococcus aureus*

c. Abscess aspirate (stereotactic CT or surgery) cultures for aerobes, anaerobes, Gram, acid-fast (for *Mycobacterium*), and special fungal stains (e.g., methenamine silver, mucicarmine). Lab shows the same germ tests.

The therapy starts in ICU, with medical treatment consists in antibiotics with a large spectrum and good penetrations in the brain and bone—Vancomycin plus Netromycine plus Metronidazole. Osmofundine, Dexamethasone, sustaining of vital functions followed by-ENT surgery—radical mastoidectomy—performed on the third day when the patient was stabilized. The purpose is to remove the real cause of complications (Figures 3 & 4).

On surgery, performed using a retroauricular way, a large infected cholesteatoma was discovered, already the pseudotumour create a large cavity with erosion of the inner cortical, a portion of 1 cm² being absent [7]. At this moment of surgery pus came from the exposed extradural space, so we use suction, gentle irrigation with saline and peroxide till all the pus was removed. The neurosurgeon colleague complete the drainage of this collection. In the end we explore at the microscope the cells and the walls of the middle ear, antrum, removing all the lesions till good, same bone remained. The Fallope’s channel of facial nerve, semicircular horizontal channel were intact. So finally a large total cavity remain in place after plastic opening of the EAC, capable to offer a good view of the middle ear and mastoid cavity.

After 2 weeks CT-scan revealed a large cerebellar abscess mature with clear capsule and was drained using a retro sigmoid craniotomy. The child had an uneventful recovery. The pus from the mastoid process and cerebellar abscess revealed the same *Staphylococcus aureus* sensible to AB in use so we continue the same regimen for 6 weeks. He left the hospital in a good shape, with dry ears, a slight dizziness, walking on his feet [8]. He was called for follow up every month, to clean the cavity and for adenoidecctomy but a never saw him. 10 years later I have the surprise to see him in emergency, now a 23 years young man, with the other side involved—with old otorrhea, but aggravated in the last 10 months, retroauricular right fistula, deafness, headache, dizziness, desechilibrum, sub fever. CT scan showed a small, < 2.5 cm right cerebellar abscess, and cholesteatomatous mastoiditis. The neurosurgical consultation recommends just medical treatment, the abscess being too small to require drainage so the patient was prepared for a mastoidectomy (Figure 5).

After 10 days he return with severe headache, vomiting, abnormal behavior; nuchal rigidity, ataxia, vertigo. CT scan, showed a marked enlargement of the right-sided cerebellar abscess so, it was drained in emergency. After 10 days of intensive care treatment the patients was ready to support another surgical procedure mastoidectomy. Pus culture revealed *Pseudomonas aeruginosa* but the Meropenem + Vancomicine were continued for another 4 weeks period. The patient rapidly improved, with no signs of neurological sequels just deafness.
Discussion

Otogenic intracranial abscesses are usually caused by direct extension of infection beyond the temporal bone to the intracranial cavity, usually through [9]:

a. Osteitis defect in the tegmen antri, tympani (in case of cerebral abscess usually temporal) or in Trautmann’s triangle (cerebellar abscess).

b. Retrograde thrombophlebitis of lateral sinus -propagating infected thrombus

c. Anatomical pathway: oval, round window, internal auditory canal, cochlear & vestibular aqueduct

d. Congenital bony defects: facial canal, tegmen plate

e. Acquired bony defects: fracture, sharp objects, neoplasm, stapedectomy, implantable devices.

Microbial etiology depends on the patient’s age, site of primary infection, and the patient’s immune status: Staphylococcus aureus, Streptococcus pneumoniae, Enterobacteriaceae (Klebsiella pneumoniae, Escherichia coli, and Proteus species), Pseudomonas species, H influenzae, Neisseria meningitidis. With increase nr of immune compromised patients, HIV infected/AIDS, transplants, chemotherapy, immuno-suppressive medication, increase the incidence of brain abscesses caused by opportunistic pathogens.

Laboratory studies

i. CBC count, Erythrocyte sedimentation rate, Serum C-reactive protein (CRP)

ii. Blood cultures in fever, cultures from the ear (at least 2; preferably before antibiotic usage)

iii. Cerebrospinal fluid-lumbar puncture is proscribed because of increased intracranial pressure with CNS herniation and death, only after previous CT imaging or MRI scanning, can be performed showing meningitis -abscess can burst in the subdural space [10]

iv. Abscess aspirate (stereotactic CT or surgery) cultures for aerobes, anaerobes, Gram, acid-fast (for Mycobacterium), and special fungal stains (eg, methenamine silver, mucicarmine)

Imaging Studies

Figure 6: Imaging Studies.

i. X-ray: mastoid Schuller, Chausee III, Stenvers views are now rare used showing only erosion of the bone, a possible abnormal position of the lateral sinus or of the tegmen (Figure 6).

ii. CT scanning: with contrast, is used to confirm the diagnosis, to localize the lesion, and to monitor the progression after treatment. Practic is the main investigation capable to explore not only the lesion in the ear, mastoid, extension, erosion of the lateral sinus, horizontal semicircular channel, facial nerve, internal or external cortical of the mastoid bone, also the lesion like edema, collection, trombosys are encephalitis, hydrocephalus are visible.

iii. MRI: confers a better ability to detect cerebritis, greater contrast between edema and the brain, and earlier detection of satellite lesions and the spread.

Treatment

Most abscesses are managed with a combined medical & surgical program.

The management involves cooperation among neurologists, neurosurgeons, and infectious diseases specialists. Other specialists may be consulted as required by the patient’s condition.

Medical Treatment

The antibiotic regimen used on ivadm. First empirical then is revised as data become available from cultured abscess material. Length of therapy is determined by patient course and follow-up MRI or CT. In general, antibiotics should be continued for at least 4-6 weeks. Vancomycin-effective against MRSA and S. epidermidis, aerobic/anaerobic streptococci, and Clostridium. Linezolid-the same. Metronidazole -penetrates well into the CNS, active against anaerobic bacteria. Third-generation cephalosporins (cefotaxime, ceftriaxone) provide adequate therapy for aerobic g+ram-negative organisms, aerobic streptococci. If Pseudomonas are isolated the choice is a fourth generation cephalosporin (cefazidime or ceftazidime). Fluoroquinolones -penetration into the CNS, limited use in treating brain abscesses. Meropenem used in large doses seems to increase chance of survival. Injection of Ab into the abscess cavity after drainage is not needed -many Ab penetrate brain fairly well [11,12].

Adjuvant Therapy

Several additional therapeutic issues must be used in the patient with brain abscess. Cerebral edema may require emergent treatment with hyperventilation, mannitol, or Dexamethasone. Mannitola 20% solution, 0.25 to 0.5 g/kg every 3 to 5 hours, with control of serum electrolytes and osmolarity. Dexamethasone is effective in reducing vasogenic edema, 8 mg intravenously initially followed by 4 mg intravenously every 4 to 6 hours when intracranial pressure is of major concern.
a. Administration of glucose, serum, electrolytes, it’s important for the supports.
b. Subcutaneous heparin should be considered in patients remaining at bed rest for extended periods of time.
c. Seizures may be treated with iv diazepam, 10 mg, or lorazeepam, 4 mg, or 10 to 15 mg/kg phenytoin in normal saline. Midazolam, propofol, phenobarbital, or other agents may be required to control seizures unresponsive to phenytoin. Seizures may occur weeks to months after recovery so initiation of therapy with phenytoin or other agents, for 2 years is required after neurosurgical drainage
d. Symptomatic-AINS, stabilisation in ICU, correction of anaemia, trombopenia
e. Local drops with antibiotics, aspiration of the pus from the ear

Surgical Care

A delay in surgical drainage and decompression can be associated with high morbidity and mortality

Neurosurgical procedures: is possible in large, mature abscesses, impossible to respond to medical therapy alone or if neurologic, motor or sensory cortex area are involved or the patient is comatose. Needle aspiration - stereotactic procedure via CT guided with fewer sequelae, also for inaccessible deep areas, speech, motor areas, comatous patients, multiples abscesses. Excision of the capsule using a retrosigmoid craniectomy, transmastoid = indicated in superficially multiloculated abscesses, if reaccumulate following repeated aspirations, there are no clinical improvements within 7 days, or in a progressively growing abscess.

Otological procedures: must clear the source of infection. Radical mastoidectomy/canal wall-down after patient became stable. The surgical procedure is then followed by every day cleaning the wound, aspiration of the cavity after packing was removed in the 3-th day, gentle washing through the draining tubes with saline, peroxide or betadine. In the cavity we can insert small gauses with local antibiotics like Ciplox, Tobradex, Vygamox etc or we can pulverised boric acid or riphampycine

Complications

Permanent neurological damage include hydrocephalus, intellectual and behavioral disorders, ataxia, spasticity, vertigo, discoordination. Recurrent seizures develop in about 10-30% of survivors.

Results

i. Every time the recovery was complete and quick, without complications, or neurological sequels, so we consider that the results were excellent.

ii. CT scan repeated at 1,6 and 12 month with contrast enhancement were negative

iii. Bilateral deafness remained at the same level medium-transmission type, but reconstruction of eardrum, ossides, is proscribed-high risc of recurrence of cholesteatoma

iv. The rehabilitation of the hearing is a futures project for this patient, a BAHA implant is considered the best choice.

v. Another problem to solve - nasal chronic obstruction caused by a nasal septum deviation is a new step in the follow-up programm.

vi. Predisposing factors like immune-deficient, HIV inf, congenital defects in the petro us bones were excluded with lab tests, like HIV, immunogram or CT scans.

vii. Our patient belong to the lower socio-economic class, maybe nutritional status, bad hygiene are implicated, but for sure later presentation to the doctor.

viii. The patient now a young adult was well informed how to prevent water to enter in the ears, respect the follow-up program, including periodic cleaning of the mastoid cavities

Conclusion

The development of a simillar complication on the other side is extremely rare in the history of endocranial complications in cholesteatomatous otomastoiditis. Just a few reports exist in literature till now. Much rarer than the temporal abscess, cerebellum abscess is known to be particularly serious difficult to diagnose and to drain. Also, it presents higher mortality and can be multicentric.

CT scan and MRI are essential for diagnosis- osteitis, cholesteatoma in the temporal bone, erosion of the internal mastoid cortical, endocranial disorders - edema, masses, collections, evolutions of the lesions. The coordination between ENT and NK surgeon is essential, the exact time for a mastoidectomy and drainage of the cerebellar abscess depends on the lesions, evolution, and general status of the patient. Early management of the primary ear disease, drainage of the abscesses, appropriate course of antibiotics is the therapeutic approach of choice. Surviance must be from both departments at least 1 year.

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