

Case Report

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## **Bilateral Musculus Infraclavicularis**



### Felix Wehrli<sup>1</sup>, Mathias Bergmann<sup>2</sup> and Richard W Nyffeler<sup>3\*</sup>

<sup>1</sup>Nambour General Hospital, Australia

<sup>2</sup>Department of Anatomy, University of Bern, Switzerland

<sup>3</sup>OrthopädieSonnenhof, Switzerland

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\*Corresponding author: Richard W Nyffeler, OrthopädieSonnenhof, Buchserstrasse 30, 3006 Bern Switzerland, Tel: +41 31 358 12 92, fax: +41 31 358 19 22, Email: richard.nyffeler@bluewin.ch

#### Abstract

We describe a rare accessory pectoral muscle that was found during surgery on both sides in a 78-year old female patient treated with reverse total shoulder prostheses. The muscle has its origin at the middle third of the clavicle, is separated from the clavicular part of the pectoralis major, crosses the cephalic vein and inserts on the fascia of the deltoid muscle. The muscle is triangular in shape with the apex at the origin and the base at the insertion.

Keywords: Pectoral; Muscle; Human; Anatomy; Accessory; Supernumerary

#### Introduction

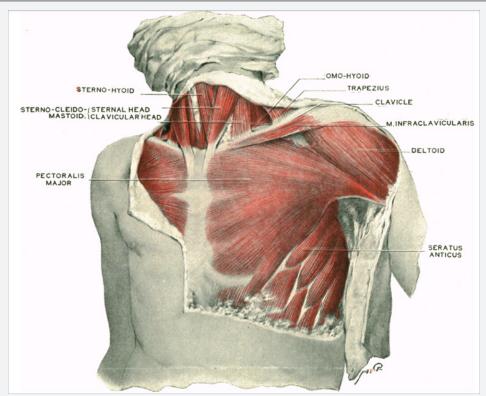


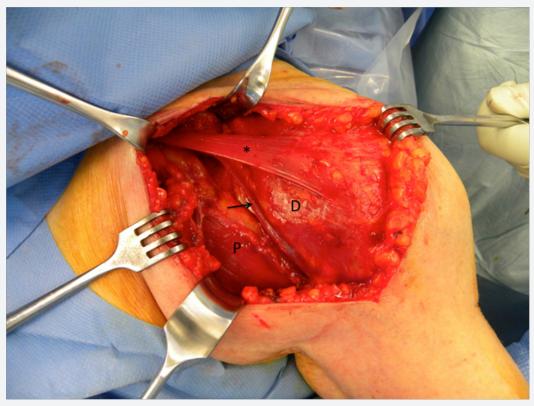
Figure 1: Drawing of the left pectoral region of an adult human subject with a musculus infraclavicularis. Columbia University Museum, No 2514 (copied from Huntington, G. (1904).

## Global Journal of Archaeology & Anthropology

Anatomists have described several supernumerary muscles around the shoulder. They have been classified by Huntington [1] according to their topographic position into: A) deep supernumerary muscles, situated in the space between the pectoralis major and minor, and B) superficial supernumerary muscles, placed superficially to the pectoralis major. One of

them is the musculus infraclavicularis, first described by Testut in 1884 and since then mentioned only a few times in the international literature (1,2) (Figure. 1). The last report dates from (3). Accordingly, only drawings have been published. We present a photograph of a musculus infraclavicularis, which was observed during surgery in a Caucasian female.

#### **Case Report**



**Figure 2:** Deltopectoral approach to the left shoulder showing a musculus infraclavicularis (asterisk) in a 78-year-old female patient. The muscle originates from the clavicle, crosses the cephalic vein (arrow) and inserts on the deltoid muscle (D). It is superior to the pectoral major muscle (P).

A 78-year-old female with the diagnosis of a massive nonreparable rotator cuff tear and associated glenohumeral arthritis on both sides was treated with reverse total shoulder prostheses. The shoulders were operated on at an interval of 7 months using the same standard surgical procedure. During dissection of the delto-pectoral interval a thin, fan shaped superficial muscle crossing the operative field from medial to lateral was discovered. It originated from the anterior-inferior aspect of the middle third of the clavicle, superficially to the clavicular part of the pectoralis major, crossed the cephalic vein and inserted into the fascia of the deltoid muscle (Figure. 2). The whole muscle consisted of fleshy fibres and had no macroscopically visible tendinous portion. The length of the muscle measured approximately 9cm; the width increased from 1cm at the origin to 3cm at the insertion and the thickness was constant and approximately 2mm. The neurovascular pedicle could not be identified. As described by Huntington, the proximal part of the delto-pectoral interval was wider than usual. On the right side

the accessory muscle was carefully detached from its insertion on the deltoid and sutured to the pectoralis major in order to facilitate access to the shoulder. On the left side it was retracted superiorly with use of a retractor, and it was still intact at the end of the procedure. No other family member of the patient had a shoulder surgery; it is therefore not known, if the above-described muscle exists in other persons related to the patient. At the latest follow-up the patient was pain free and had a good shoulder function on both sides.

#### **Discussion**

Different accessory muscles around the shoulder girdle have been described: the pectoralis quartus muscle (1,4,5], the sternoclavicularis muscle (1,6), the axillary arch (7,8), the sternalis muscle (9), the chondroepitrochlearis muscle (10,11) and the infraclavicularis muscle (12) (Table I). The infraclavicularis muscle described by Testut has its broad origin at the anterior boarder of the clavicle and inserts in the

## Global Journal of Archaeology & Anthropology

aponeurosis of the pectoral and deltoid muscle. The muscle presented in this paper is slightly different from the musculus

infraclavicularis initially described, because it has only a small insertion and no tendinous extension.

Table 1: Listing of the supernumerary muscles of the pectoral region published in the international literature.

Muscle	Author	Origin	Insertion
Chondro coracoideus ventralis (Pectoralis minimus)	Gruber	first rib and cartilage	coracoid process and subdeltoid aponeurosis
Pectoralis tertius	Macalister	upper ribs	coracoid process and crest of tuberculum majus
Pectoralis quartus	Macalister	lower ribs	proximal humerus
Prae-clavicularis	Gruber	sternoclavicular joint capsule, mid third anterior clavicle	acromion
Tensor semi-vaginae	Gruber	first and/or second costal cartilage and sternum	deep fascia of the deltoid
Sterno-clavicularis anticus	Bryce	anterior sternoclavicular ligament, Cartilage of the first rib	lateral end of the clavicle
Axillary arch	Wilson	latissimus dorsi	pectoral major muscle, coracobrachialis or short head of biceps
Sternalis	Cunningham	sternum, infraclavicular area	rectus sheet, costal and external oblique aponeurosis
Infraclavicularis	Testut	middle third of clavicle	fascia of deltoid

Normally, skeletal muscles have their origin and insertion on two distinct bones and their function is to move a joint. The muscle presented in this paper is different. It originates from a bone and inserts on a muscle fascia. Testut and Le Double called it "tenseur de l'aponévrose sous-claviculaire antérieure". The muscle is very thin and absent in the big majority of individuals. We therefore think that it has no specific function. As suggested by Huntington it is probably rather a fortuitous variation and the result of a disturbance of the normal processes of pectoral muscular development.

Del Sol and Vasquez stated that the important aspect of supernumerary pectoral muscles is that they might confuse the surgeon or make the surgical access to the content of the axillary fossa more difficult (13). The infraclavicularis muscles presented in this case report were superficial and easy to recognize during careful dissection of the delto-pectoral interval. They aroused our interest but caused no additional problems for the identification of the anatomical landmarks or the implantation of the prostheses.

#### **Conflict of interest**

No benefits in any form have been received or will be received from a commercial party related directly or indirectly to the subject of this article. The authors have no conflict of interest.

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