

# How Emotions Influence Our Health - Revealing the Secrets of the Emotional Soul in the Ongoing Pandemics



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## Abstract

The article defines Souls as a unity of a material body and emotional Spirit and explains that the Spirit is the aura we see. The article explains that while the energy of the material body comes from food, the energy of the emotional Spirit comes from positive emotions (or just positive thinking) and the strongest positive emotion is Love. This explains why our emotional Spirit and our emotional Soul crave Love. It is experimentally proved that positive emotions make the aura (Spirit) to spin clockwise, suck energy in, and become brighter. My measurements show that just positive thinking increases the energy of the aura (Spirit) and makes it more balanced, and perfect balance means perfect health. In the ongoing pandemic, it helps to know that if you want to be healthy, you should think always positively and experience only positive emotions.

**Keywords:** Pandemic; Positive emotions for health; Positive thinking for health; High Spirit means health; Spirit sucks ether's energy

## Introduction

Here is an interesting fact. The Russian scientist Prof. Shakirov measured the weight of his students with feet or head on the scale and found that the weight is different. The weight was always higher when the students were on the scale with their heads on - it was 1.3% to 1.6% higher [1]. This means that the upper half of the body is different from the lower half of the body. My article reveals that while the Spirit is in the upper half of the body and has higher frequency [2], the material body is in the lower half of the body and has lower frequency. I measured for 40 years the aura and I found it to be Nonlinear Electromagnetic Field (NEMF) - the so-called chakras (which means "spinning wheel" in Sanskrit) are the alternating vortices and anti-vortices of this nonlinear field [3]. The heart chakra and the Solar Plexus in the middle of the body belong to both the Spirit and the body - this is where the material body and the Spirit intersect - they are called chakras of the Soul. Thus, Soul by definition is the unity of material body and Spirit.

## The Aura We See Is Our Spirit

The Russian scientist Shkatov created equipment allowing him to measure the spinning of our aura. Shkatov found that all positive emotions make the aura spin clockwise, while all negative emotions the aura spin counterclockwise. Since my 40 years of measurements showed that the aura is Nonlinear Electromagnetic

Field (NEMF) and according to nonlinear physics vortices spin clockwise and suck energy in, obviously positive emotions make our aura to spin clockwise and suck energy in. This makes our aura brighter and since we say that we are in high Spirit when we experience positive emotions, our aura is our emotional Spirit. (Recently, I found out that the ancient advanced Jewish Kabala for high priests says the same).

## The Heart Is the Seat of the Soul

My article reveals that everything material is a material body and Nonlinear Electromagnetic Field (NEMF) because the whole material world was created by Black Holes of anti-matter and the NEMF that separated the matter from the anti-matter got imprinted on all material creations [4]. (This automatically explains that the particles are waves at the same time). However, all living beings (humans, animals, and plants) have a second NEMF (NEMF2), which we see as aura and it is our Spirit. The NEMF2 of the Spirit is magnetically attached to the NEMF1 of the material body, (which means that the two fields spin in opposite directions and having opposite magnetic polarity they attract each other, as two magnets with opposite polarity would do). When a cell is fertilized, it was observed how the two DNA attract each other, spin shortly around each other, and then annihilate [5]. My explanation to this observed event is the following: the field

of the DNA of the father NEMF1f spins clockwise, while the field of the DNA of the mother NEMF1m spins counterclockwise. The two fields spinning in opposite directions have opposite magnetic polarity and attract each other, as two magnets with opposite polarity would do. However, the development of an embryo will not start unless a third NEMF2 is present, which is emotional, the NEMF2 of the Spirit. How do I know this? Identical twins with the same DNA have totally different personalities, which means that the material DNA does not determine the type of personality.

This means that we are a material body with NEMF1 (which is incapable to experience emotions) and emotional Spirit (NEMF2) (which determines our type of personality). The presence of the emotional Spirit NEMF2 in a fertilized cell makes all living beings (humans, animals, and plants) emotional and the heart (which is the Seat of the Soul) is the one that unites the NEMF1 of the material body and the NEMF2 of the emotional Spirit [6]. For that reason, the first developed organ in a successfully fertilized cell is the heart, which cannot happen unless the emotional NEMF2 of the Spirit is present (all other organs, including the brain, will appear later). In all living beings, the presence of the emotional Spirit NEMF2 in the material body (with NEMF1) gives emotional Soul to all of them. Thus, Soul is the unity of body and Spirit and while the material bodies of all living beings get their energy from food to sustain their lives, where from the emotional Spirit gets its energy?

### The Energy Source of the Spirit

Thus, Shkatov found that at positive emotions the aura spins clockwise. Since the aura is NEMF, and nonlinear physics teaches that vortices spin clockwise and suck energy in, my explanation to Shkatov's finding is: at positive emotions we feel uplifted because our emotional Spirit spins clockwise like a vortex and sucks NEMF energy in. For this to happen, NEMF energy must be available out there. This made me to conclude that the ether (I call it Space Matrix) exists, it is NEMF, and the whole material world was created from it. My 40 - years measurements of our aura (Spirit) NEMF2 found that it is weak informational field; it is 1,000 times weaker than the field created by the biocurrents of the body. The fact that when we experience positive emotions we feel uplifted means that our spinning clockwise NEMF2 of the aura (Spirit) sucks NEMF energy from the ether. The fact that the NEMF of the Space Matrix (ether) is such weak field explains why the ether (Space Matrix) was not detected for such a long time - it is invisible NEMF and it is too weak to be measured. I had to develop and patent a special super-sensitive equipment to measure it [7].

Weak informational NEMF is the perfect Space Matrix to create a Universe from because nonlinear fields do not dissipate and can imprint information. First, a sphere of NEMF (Space Matrix) was created and on it imprinted the three-dimensional holographic image of the Universe to be... and the Universe was

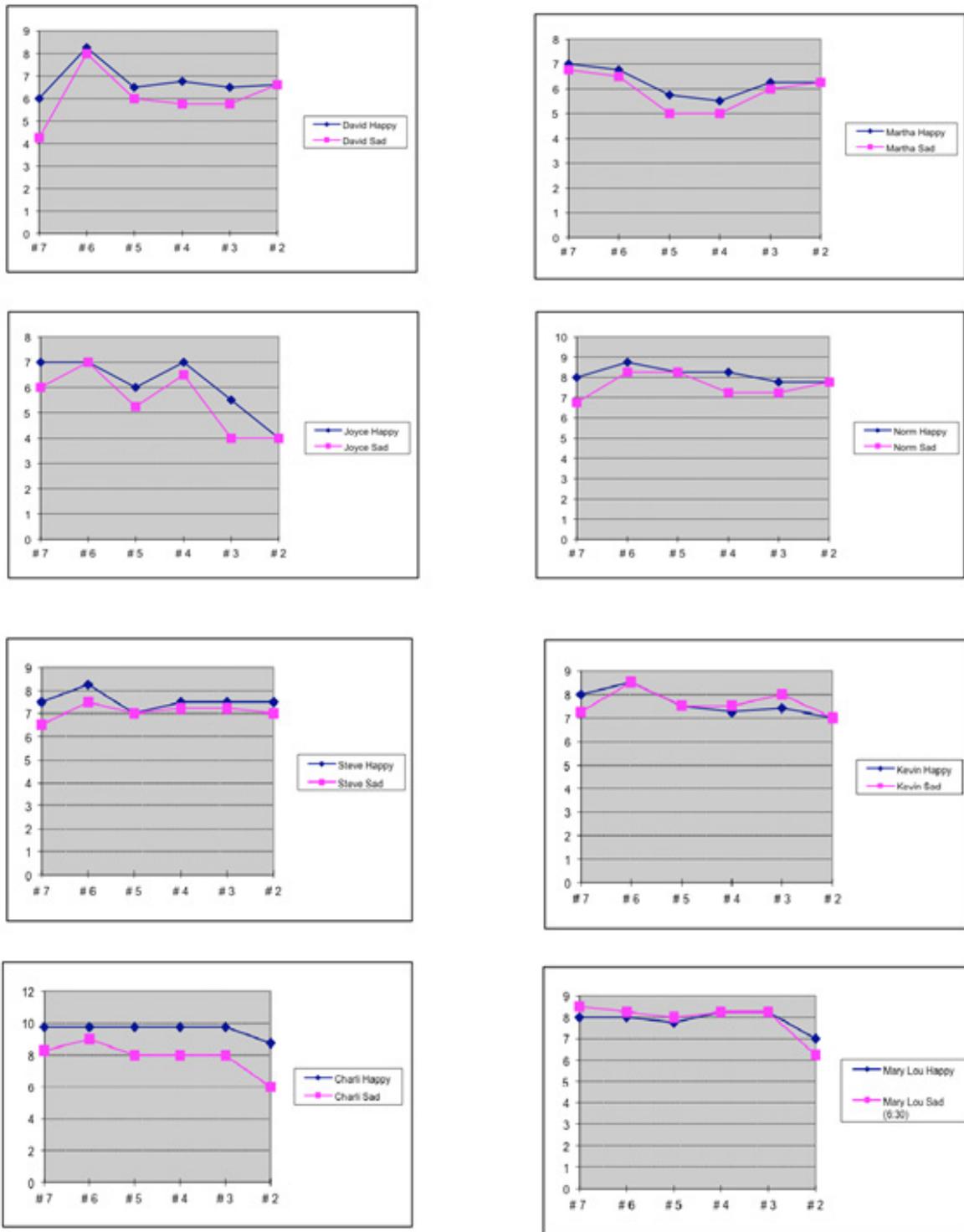
created [7]. Not only was the Universe created from the Space Matrix, this Space Matrix became indelible part of everything created - everything material is material body and NEMF1. All living beings (humans, animals, and plants) beside the material body with NEMF1 have a second emotional NEMF2 called Spirit. When the living beings experience positive emotions, their Spirits NEMF2 spin clockwise, suck NEMF energy from the Space Matrix, and become uplifted, or in high Spirit. Opposite to this, when all living beings experience negative emotions, their emotional Spirits (NEMF2) spin counterclockwise and release NEMF energy to the Space Matrix, which makes them feel depressed or in low Spirit. This means that the Space Matrix (ether) not only exists, its NEMF energy is the food of our emotional Spirit. At positive emotions the Spirit sucks NEMF energy from the Space Matrix and become uplifted (energized), which make us feel in high Spirit.

Hope, this explain why our Spirit and Soul (which is the unity of body and Spirit), craves Love. Love is positive emotion, which brings harmony perceived as happiness, and my measurements showed that happiness brings perfect health (Figure 1) [6]. At negative emotions, the Spirit releases NEMF energy to the Space Matrix, which makes our aura dim and make us feel in low Spirit (Figure 1) (see the next section about how negative emotions or just negative thinking influences our health).

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### How Emotions Influence Our Health

Not only positive emotions do uplift our Spirit, just positive thinking does the same because every thought is emotionally colored. I measured the NEMF2 energy of the Spirit when asking people to think about the happiest moments of their life. I found that not only was their energy higher - it was better balanced and perfect balance means perfect health. Therefore, positive thinking (and positive emotions) makes us healthier because positive emotions (or just positive thinking) makes our NEMF2 (seen as aura and called Spirit) to spin clockwise and suck NEMF energy from the Space Matrix NEMF, which uplifts our Spirit and makes us healthier (Figure 1) [6,8]. I measured the NEMF2 energy of the emotional Spirit when asking people to think about the saddest (most unhappy) moments of their life. I found that not only was their energy lower - it was worse balanced because the energy of the genetically inherited weak organ dropped in energy maximum. Therefore, negative thinking (and negative emotions) takes us a step farther to a disease of the genetically inherited weak organ (Figure 1). This is because negative emotions or just negative thinking makes our emotional NEMF2 (seen as aura and called Spirit) to spin counterclockwise and release NEMF energy to the Space Matrix NEMF. This lowers the energy of our Spirit and takes us a step further to a disease of the genetically inherited weak organ, i.e. each negative thought makes us sicker [6,8].



**Figure 1:** The electrical component of the aura (Spirit) NEMF measured with my supersensitive-patented equipment at positive thinking (upper blue curves) and negative thinking (lower pink curves).

### Conclusion

In conclusion, I want to say that in the ongoing Pandemic it is not only important to eat healthy organic food and to be sure that you have all the necessary vitamins and minerals, if you want to be healthy, it is equally important to allow only positive emotions and only positive thoughts because all our thoughts are emotionally colored.

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