



Research Article

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# Physicochemical Transformation Effect on the Relaxivity Enhancement of Iron Oxide Nanoparticles in Nuclear Medicine and MRI Imaging

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## Abstract

Iron Oxide Nanoparticles (IONPs), one of the contrast agents for MRI scanners, will be designed to have high relaxivity since they have distinct physical properties attributed to the quantum size effect. There are several techniques for synthesizing IONPs also for Superparamagnetic iron oxide nanoparticles (SPIONs) and Ultrasmall Superparamagnetic iron oxide nanoparticles (USPIONs) by using some physicochemical transformation effects which can affect relaxivity time by controlling the size and surface which is used respectively as a  $T_2$  contrast agent and  $T_1$  or  $T_2$  contrast agent. Biomedical imaging like computed tomography (CT), positron emission tomography (PET), and single-photon emission computerized tomography (SPECT). Magnetite ( $Fe_3O_4$ ) and maghemite ( $\gamma-Fe_2O_3$ ) are both single crystalline structures. Nanoparticles that are non-spherical such as octopus's cubes and rods have more than their spherical counterparts. Size and shape must be controlled because they determine the phase, crystallization, size, and magnetism of the contrast agent of MR-CT are called GION gold oxide particles as a dual contrast. It can be provided from uneven structural nanocomposites of radiolabeled and MNP-labeled essential materials, while the intensity of contrast in the tumor area increases over time, indicating that FAuNC@ $Fe_3O_4$  is highly absorbed in the tumor. Radioactive elements that bind to IONP can be used in multimodal imaging and radiotherapy. The  $^{99m}Tc$ -labeled NOTA-IONPs were fabricated as shell microbeads and DTPA-IONPs to observe the clearance and distribution of nanoparticles in vivo (Figure 1).

**Keywords:** Magnetic Resonance Imaging; IONPs; Relaxivity; SPIONPs;  $T_1$  or  $T_2$  Contrast Agent; USPIONPs; MR-CT;  $^{99m}Tc$ -labeled; Biomedical Imaging

## Introduction

Nowadays a huge number of people are suffering from cancer, so, this is a principle to find new methods to overcome this problem. Magnetic resonance imaging (MRI) is a commonly used tool for patient diagnostics, and it has several advantages a non-invasive procedure that does not require ionizing radiation and can provide high resolution of anatomical features [2-4] but it has some weaknesses like low sensitivity. MRI relies on contrast agents (CA) to enhance the visualization and better diagnose diseases, especially cancer cells [5,6]. CA in MRI imaging by changing the relaxation rate of surrounding hydrogen protons can provide us the desirable imaging with high magnetic relaxivity because it influences the positive and negative contrast of an image [7-9]. We have a wide variety of CAs, but among them are Iron oxide nanoparticles (IONPs), which are extensively used throughout biomedical [10-13]. More recently, an increasing interest in IONPs-based CAs has resurfaced not only for diagnostic purposes but also

for therapy in the clinic. IONPs have physicochemical properties which are desired for medical imaging like MRI, Single photon emitted tomography (SPECT), positron emission tomography (PET), and Computed tomography (CT). because each one of the medical imaging scanners uses a contrast agent in MRI, and CT, and we can use radio pharmacy in nuclear medicine imaging like PET and SPECT. The extraordinary properties of IONPs, help us to label this with different materials. These properties are sphere Diffusion Model, size, and shape. Consequently, based on these properties we can use these IONPs in CA and radio pharmacies to enhance the signal and sensitivities of medical imaging, in the end, the diagnosis of diseases especially cancer will be enhanced.

In recent years, MRI signal has enhanced thanks to scientific advancements and increased focus on the physicochemical properties of IONPs [7,8]. It has generally been proven that the physicochemical properties of IONPs such as structure, size, shape,

and surface modification can affect the Relaxivity Enhancement in MRI [3,9]. In fact, by using the controlled synthesis of the size, shape, and structure of IONPs and their magnetic application in MRI, we can increase the MRI signal for diagnosing diseases and drug redelivery [64]. In the past decades, a lot of attention has been paid to IONPs production in different shapes and sizes. Among them, temperature and pressure play a very crucial role in particle size and morphology of it, and these factors can be implemented by controlling its shape, size, and structure [14,15]. The results of this study showed that after 24 hours of incubation of cells and nanoparticles, more than 90% of the cells

survived, which indicated that these nanoparticles did not have any dangerous effect on human health. As mentioned in previous paragraphs, another important parameter to enhance the MRI signal is increasing the relaxivity time [16]. By using IONPs as a CA, relaxivity time can be changed, since it is related to the size and composition of particles [2,12,17]. Relaxation time can also be determined by temperature and field in intensity or instance, it was reported that the use of a 22nm cube-shaped nanoparticles rate with a very high  $r^2$  relaxivity at  $761 \text{ mM}^{-1} \text{ s}^{-1}$  shows the tumor more clearly.

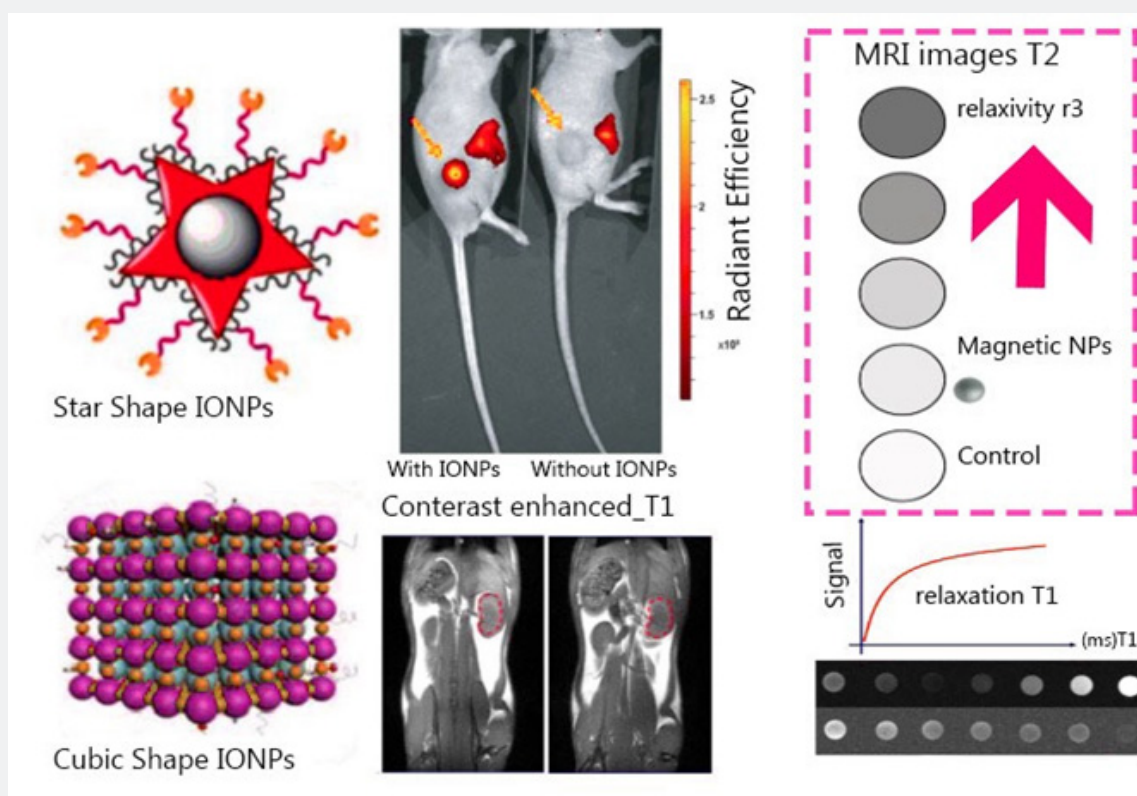


Figure 1: Radioactive elements that bind to IONP.

In this review paper, we discuss in detail the physicochemical transformation effect on the relaxivity enhancement of iron oxide nanoparticles, MRI signal, and relaxivity times. We also investigate Magnetic Resonance-Computer Tomography (MR-CT) bimodal imaging as well as radiolabeled iron oxide nanoparticles with radioisotope in medical imaging techniques, and how this multimodal imaging radiolabeled with IONPs can enhance image sensitivities and resolutions. The growth of medical imaging technology has provided early detection of diseases [18-20]. The imaging methods, including positron emission tomography (PET), single-photon emission tomography (SPECT), MRI, and computed tomography (CT), have their strengths and weaknesses [21,22]. To overcome the disadvantages of each imaging technique, we can use multimodal imaging methods such as MR-CT, PET-CT and PET-MRI.

### Physicochemical transformation effect on the MRI signal

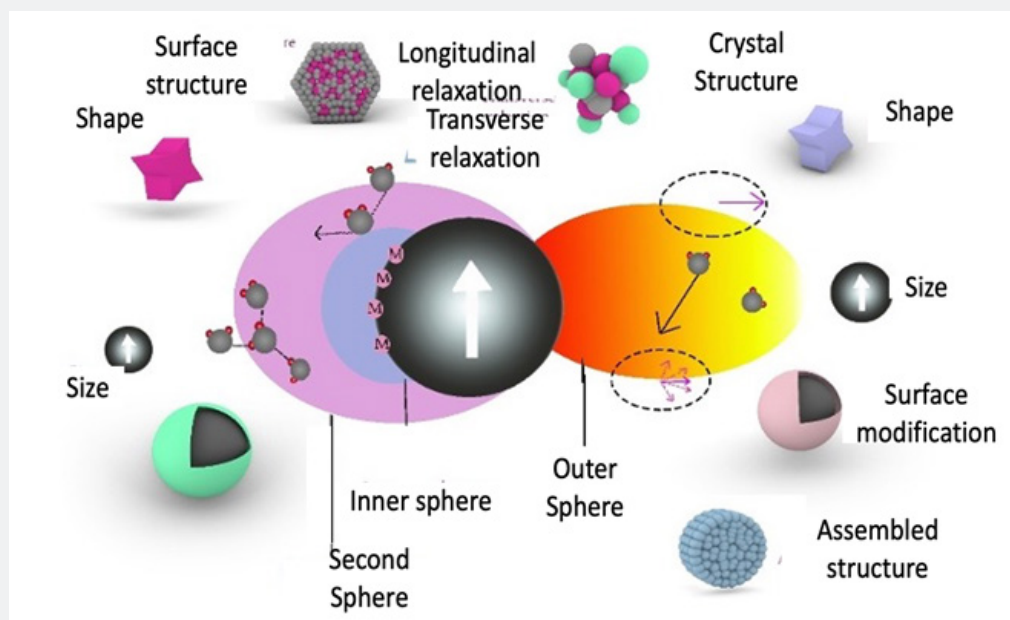
A wide variety of attempts in manipulating the structural characteristics of IONPs is one of the big interesting to enhance their magnetic relaxivity and MRI signal. [23]. Because IONPs have potential applications in a variety of research fields. Physicochemical characteristics of IONPs including surface modification, size, shape, and crystal structure, led to a great deal of research to enhance MRI signal [24]. Besides the interesting properties of IONPs, they can shorten the relaxation time of protons and enhance the MRI signal [25]. These nanoparticles (IONPs) can generate a local magnetic field and they change the nuclear relaxation of magnetic nuclei in the surroundings. So, IONPs as a CA affect the signal output of the magnetic nuclei

nearby. The magnetic properties of IONPs play a crucial role in the mechanism of relaxation enhancement. This mechanism is related to the magnetic centers and water molecules since the interaction of the water molecules and magnetic features of IONPs can affect the magnet center of it, thus enhancing the relaxation time. The distinctive features of IONPs, such as their uniformity and unique structures, are very important since one of the characterizations of it such as size can influence the IONPs [11]. Many review papers reported on the advantages of using IONPs for MRI purposes, but there are few review articles discussing the structure-relaxivity relationships of IONPs and their implications in MRI response. Theories such as Solomon-Bloembergen-Morgan (SBM) and the outer-sphere quantum mechanical help us to design the CA since the main purpose of these theories is related to the proton-electron interaction occurring between water protons. In the following section, we will discuss these two theories in detail.

SBM theory describes the  $T_1$  relaxation enhancement based on the magnetic properties of the paramagnetic molecules. IONPs have a strong magnetization in the outer-sphere contributing to  $T_1$  relaxivity. These nanoparticles are inversely related to size, meaning a smaller size leads to a higher magnetic surface since using water proton coordination and chemical exchange can provide a higher number of surface magnets. On the other hand,  $T_2$  dephasing affecting leads to  $T_1$  recovery of magnetization during the transition of the longitudinal times to the transverse direction

[26]. It means  $T_1$  recovery is susceptible to the  $T_2$  dephasing effect. If we have transverse field fluctuation near the Larmor frequency, we will have  $T_1$  relaxation enhancement. This is the main reason that IONPs show  $T_1$  contrast at high magnetic fields. IONPs with the size of 3 nm in diameter have an efficient  $T_1$  contrast agent ability. We can determine  $T_1$  relaxivity not only by the size-dependent surface-to-volume ratio of IONPs but also by reducing the size of magnetic nanoparticles (MNPs) [27]. This is because by reducing the size of these, the surface energy of IONPs will increase and the colloidal stability in the environment will be decreased [25,28]. Based on an analysis of  $T_1$  relaxivity by Shen et al, among different nanoparticles, the  $T_1$  relaxivity of those that have a size below 5nm exhibited the highest  $r_1$  times [28]. In general, the size of 3.6nm of IONPs has the lowest  $r_2/r_1$  ratio and high  $T_1$  contrast in imaging [28]. One of the significant bases of signal processing in MRI is that by shortening the  $T_2$ , the  $T_1$  signal will happen. This cannot be obtained by decreasing the size of IONPs and altering the  $T_2$  relaxivity since the  $r_1$  value is still smaller than the  $r_2$  value in this situation, even if the IONPs are too small. So, to obtain a  $T_1$  signal, the  $T_2$  should be diminished [29]. In general, the size depends on the optical and structural properties of IONPs, which are related to the electrical structure and quantum size of the nanoparticles. The synthesis method can affect the size and structure of the crystal. Consequently, the structural features of IONPs are too significant since the MRI contrast enhancement effect of IONPs is attributed in large part to their structural features [30].

### Outer-Sphere Diffusion Model



**Figure 2:** Schematic diagram of MNPs in interaction with water molecules. This schematic shows the structures of the inner spheres and the second sphere, which are predominantly long-relaxed ( $T_1$ ) of water molecules, which show the direct chemical exchange and hydrogen bonding models of MNPs' water molecules, respectively. MNPs are mainly characterized by structural features including size, shape, assembled structure, crystal structure, and surface properties that are summed up by increasing the relaxation on water protons. [Reproduced with permission from [35]. Copyright 2019, Advanced Materials].

In fact, the relaxation phenomenon in the outer-sphere theory is weak for magnetic particles. In this model, the dispersion of water molecules does not increase the relaxation time [31]. In fact, the dispersion of water without coordination with the magnetic centers is the main source of water movements [32]. Advances in nanotechnology, especially in superparamagnetic nanoparticles (SPNPs), together with single or multiple structures, create new phenomena in increasing relaxation in MRI. Nanoparticles such as SPNPs are able to generate a magnetic field under a large and susceptible external magnetic field at room temperature [33]. As a result, this magnetic field disrupts the phase coherence of water protons by reducing the relaxation time of  $T_2$ . (Figures 2A & B) you often do not use parentheses for figures. Please double-check the inconsistency. This  $T_2$  relaxation, which is the interaction that occurs when water is dispersed, is called spin-spin relaxation. The quantum-mechanical theory is also valid for SPNPs as long as the particles are small enough to provide the conditions for the motional averaging regime (MAR) [34] (Figure 2).

The outer sphere model does not sufficiently define the relaxation profile. The best definition of relaxivity time is when it has both second sphere and outer-sphere models. Because the contribution of the second-sphere mechanism to relaxation is negligible, it is limited to certain cases where the inner-sphere has no coordination with water molecules. Consequently, 10-30% of the second-sphere mechanism can help relaxivity  $r_1$ . Molecules are generally subjected to three movements: vibration, transfer, and rotation. Transition motion is averaged in a homogeneous field, vibrational motion affects relaxation because of its velocity, and only rotational motion occurs at a range of frequencies that covers the Larmor frequency of protons in nuclear magnetic relaxation. These conditions can be met in many biological systems. For example,  $T_1$  relaxation time is shorter than that of free water molecules in aqueous molecules that bind to proteins or macromolecules. The relaxation time of  $T_2$  relaxation decreases the motion of water molecules as well as the average effect. A key feature that explains why paramagnetic materials are so effective at increasing proton relaxation is that gamma electron spins are more than 360,000 times the difference between electro-proton and proton-proton interactions because  $\gamma$  electron spins are more than 600 times larger than proton spins.

CA  $T_1$  Proton-electron interactions between water protons and paramagnetic ions/molecules are the central mechanism of paramagnetic materials. In the classical model, water protons interact with paramagnetic centers and are classified into inner, second, and extraterrestrial mechanisms (Figure 4). The mechanism of the inner sphere is shown as chemical exchange, which involves the interaction of bulk water protons and the direct coordination of water protons with paramagnetic ions (Figure 4). The mechanism of the inner sphere is also shown as chemical exchange, which involves the direct coordination of water protons

with paramagnetic ions after separation by interaction with bulk water protons. Based on the definition of chemical exchange, the transfer of a nucleus can occur either intra-molecularly or inter-molecularly, describing from one part of a molecule to another. In fact, it is the chemical exchange that shortens the relaxation times of  $T_1$  and  $T_2$  depending on the field. The mechanism of the inner sphere is modeled as follows, which dominates the increase of  $T_1$  relaxation in paramagnetic CA.

$$T_{1e} = 1/25\Delta^2\tau_v[4S(S+1)-3][1/(1+\omega_s^2\tau_v^2)+4/(1+\omega_s^2\tau_v^2)] \quad (1)$$

$$T_{1e} = 1/25\Delta^2\tau_v[4S(S+1)-3][5/(1+\omega_s^2\tau_v^2)+2/(1+4\omega_s^2\tau_v^2)+3] \quad (2)$$

Where S is the total electron spins of the metal ion,  $\omega_s$  is the angular electronic frequency, and  $T_{1e}$  is the electronic relaxation times ( $i = 1, 2$ );  $\Delta$  is the zero-field splitting (ZFS) energy, and  $\tau_v$  is the splitting correlation time.

### Physicochemical factors affecting the relaxivity response in iron oxide nanoparticles

There are some contributing factors that affect  $r_1$  and  $r_2$ . By using Equation 1, the relaxation value of  $r_1$  can be calculated [36]. For  $T_2$  CA, contrast often results from fluctuations in the heterogeneity of magnetic slopes, making  $r_i^{SS}$  the most important contributor. On the other hand, for  $T_1$  CA, more relaxation depends on the dipole-dipole coupling between the paramagnetic ions and the hydrogen nuclei, and the main influence is usually  $r_i^{IS}$  [37].

$$r_i = r_i^{IS} + r_i^{SS} + r_i^{OS} \quad (i=1,2) \quad (3)$$

Equation 3 can have expanded to access  $T_1$  relaxation (Equation 4-6), where  $q^{SS}$  is the hydration number of the secondary intermediate sphere,  $q$  is the inner sphere hydration number, and  $T_{1im}$  and  $T_{1im}'$  are the  $T_1$  relaxation times of water protons in the inner and second spheres, respectively;  $\mu_0$  is the Bohr magneton constant,  $\tau_m$  and  $\tau_m'$  are the residency times of water molecules in the inner and second spheres,  $g_e$  is the electronic g-factor, S is the spin quantum number of the corresponding paramagnetic species,  $\gamma_H$  is the gyromagnetic ratio of the proton,  $\tau_c$  is the correlation time,  $\tau_R$  is the rotational correlation time of the CA, and  $T_{1e}$  characterizes the electronic  $T_1$  relaxation process [36,38].

$$r_1 = (Q/[H_{2O}])/T_{1m}\tau_m + (q^{SS}/[H_{2O}])/(T_{1m}' + \tau_m') + r_1^{OS} \quad (4)$$

$$1/T_{1m} = (2/15)(\mu_0/4\pi)(\gamma H^2 g e^2 \mu B^2 S(S+1)/(r_{ch}^6)[3\tau_c/1\omega_H^2\tau_c^2] \quad (5)$$

$$1/\tau_c = 1/\tau_m + 1/\tau_R + 1/\tau_{1e} \quad (6)$$

Theoretically, the contrast factor  $T_1$  is caused by a radio frequency disturbance produced by a variable magnetic field due to the fall of a paramagnetic component. Species with a large number of unpaired electrons are preferred because they have a large number of S contrast factor  $T_1$ . Most metal ions ( $Fe^{3+}$ ,  $Mn^{2+}$ ,  $Gd^{3+}$ ) that have rich compounds of unpaired electrons have a greater ability to generate a strong magnetic field oscillation field [36,38].

Because the distance between water molecules and the center of contrast as well as their lifespan is high, the contribution of  $r_{1ss}$  based on  $T_1$  is usually negligible. Increased relaxation is possible by decreasing the pH and temperature, which in turn increases the  $q^{SS}$  and prolongs the residence of water protons in the secondary sphere [38]. For metal chelates, increasing  $r_{1ss}$  can help improve hydration in the middle sphere by including polar donor groups such as phosphonates.

Hydrophobic monohydrate often increases the  $r_{1ss}$  value when bound to the protein surface due to the presence of longer-lived water protons in the secondary sphere. Similarly, in Magnetic Hydration [39], in addition to the factors mentioned, a high surface-to-volume ratio that increases water access is also desired. For this reason, very small nanoparticles, as well as nanoparticles with reduced surface anisotropy and shape, are more desirable field [36,40]. As shown in equations 6-8, controlling parameters such as water dynamics time in the rotational motion of the CA, different surfaces, and different specific relaxation times, including ( $\tau_m$ ,  $\tau_m$ ,  $\tau_R$ , and  $T_{1e}$ ) increases the contrast performance [41].

All of these variables depend on factors including chemical and physical properties in the reaction between the CA, the aqueous environment, the molecular structure of the CA, and the magnitude of the external magnetic field. All of these affect the relaxation of the CA in a complex way [42]. When exposed to external fields of 1.5 T or higher, the electron relaxation is slowed because  $T_{1e}$  increases with the square of the field strength, and the relaxation depends more on the rotational motions ( $1/\tau_R$ ) or the water exchange rate [38]. Theoretically, a convincing relaxation time is in equation 6. In a conventional MRI scanner with a magnetic field of 1.5 T or higher,  $\tau_R$  is much smaller than  $\tau_m$  and  $T_{1e}$ . Therefore,  $\tau_R \approx 1/\omega_H$  is a necessary but insufficient factor. In fields less than 1.5 T, a slower motion is observed compared to those in higher fields of 7 T. There are two important strategies when nanoparticle macromolecules create. The first is to change the size of the nanoparticles or the weight of the molecules or macromolecules that are highly proportional to the magnetic field. The second is to adjust the stiffness of the structure [43].

The rate of water change ( $1/\tau_m$  and  $1/\tau_m$ ) also affects  $r_1$ . The range of  $\tau_m$  is from 0.1 ns to tens of microseconds depending on the local coordination environment. To calm the inner sphere,  $\tau_m$   $r_1$  is much shorter than  $T_{1m}$ , which means that water molecules are released before complete relaxation. For nanoparticles, it is possible to adjust the chemical environment to increase  $r_1$  [42].

$T_2$  relaxation occurs through three mechanisms: dipole-dipole coupling between water hydrogen nuclei and metal ions, contact relaxation, and Curie spin relaxation. Based on equation 7, the Curie spin relaxation ( $r_2^C$ ) is created from dipolar interaction between static, magnetic, and dipolar interaction, where B is the magnetic field,  $C_0$  is the Curie constant, and the function of the

water diffusion correlation time ( $\tau_D$ ) [36,41]. In larger-sized CA (3-7 nm or larger), the  $\phi(\tau_D)$  decreases and the Curie spin becomes small [36,41]. The Curie spin relaxation is dominant between high field strength and small particle-sized contrast agents due to high magnetized CA and short  $\tau_D$  [41].

$$r_2^C = C_0 B^2 \phi(\tau_D) \quad (7)$$

Nanoparticles of high-saturation magnetic (SM) materials are made and can affect large volumes of water and are also able to effectively induce field heterogeneity. Despite the amount of magnetism, the more effective nanoparticles are often smaller than the material [36] (Figure 2C). One of the main reasons is the increase in magnetic anisotropy. An important factor of  $r_2$  is the inhomogeneity caused by the CA, which is highly dependent on the magnetism of the CA [42]. In the spherical NPs mentioned, it is commonly seen in spherical particles that the surface-to-volume ratio is high because of the impact of surface magnetic anisotropy with smaller particles compared to much larger particles. Due to the presence of a 1 nm tilted layer at the particle surface, the spin state is greatly weakened because the magnetic moment is decreased, and the magnetic anisotropy is increased [36]. In addition to the effect of size, magnetic anisotropy also affects the shape of the structure, fine architecture, and surface coverage of nanostructures. For particles of the same volume, the anisotropy of the shape decreases with volume, increasing its magnetism and improving the similarity of the spin state between the surface and the core.

When two or more magnetic phases are in contact with each other, the bonding of displacements through collisions causes more anisotropy but increases their magnetic stability, which is often seen in nucleus shell nanostructures. Conversely, based on equation 6, nanoparticles that are non-spherical such as octopus' cubes and rods have more  $M_s$  than their spherical counterparts [44]. The use of coatings to protect nanoparticles from surface oxidation is very important because when the surface of nanoparticles disappears, their magnetic effect also disappears. Another very important factor for  $r_2$  is the dynamic scattering of water molecules in the magnetic field gradient. This factor is measured by the number of water molecules scattered in the secondary sphere of the CA during their stay in the region. Therefore, the heavy water molecules contribute and oscillate. Therefore, a long time in the space adjacent to the magnetic field [39] (need a verb). Hence, nanoparticles with a larger magnetic field are more useful because they have a greater penetration region [45].

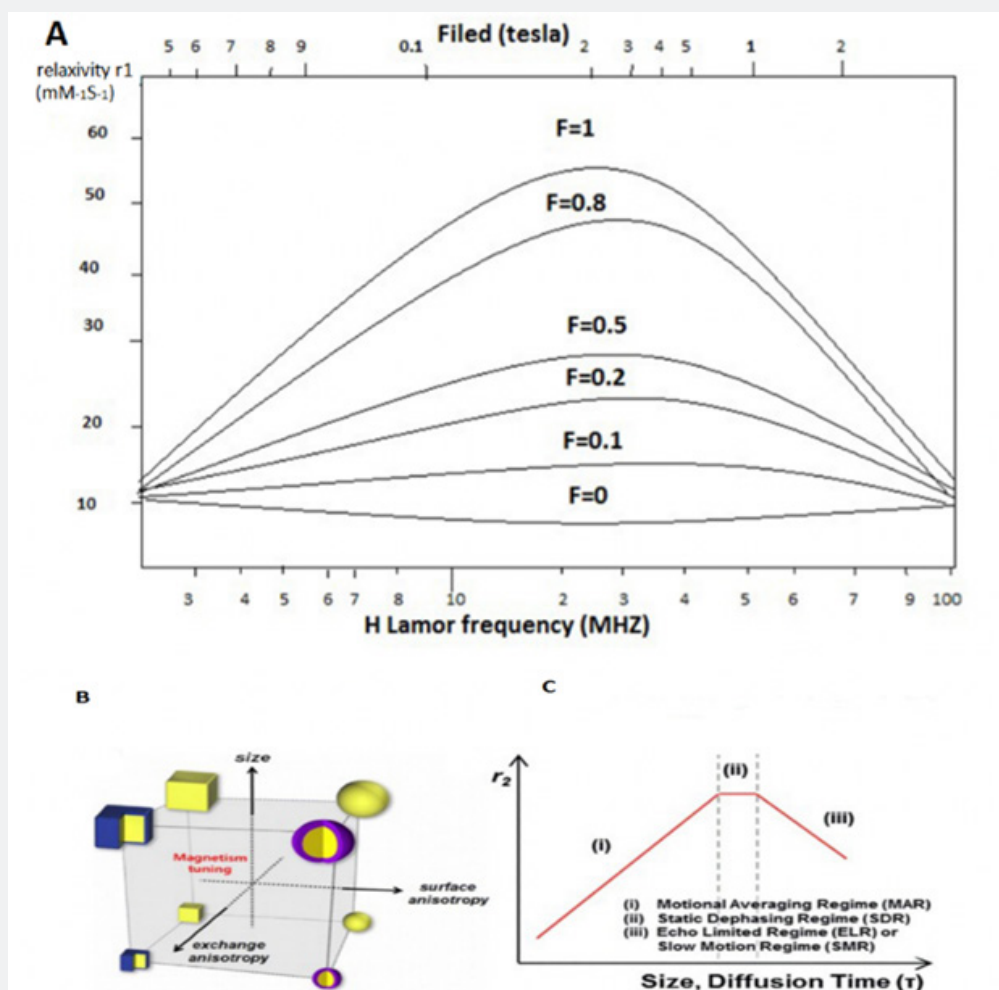
$$1/T_2 = (256\pi^2 / 405) \cdot \gamma^2 V^* M_s^2 \cdot d^2 / D(1 + L/d) \quad (8)$$

Surface coating is also an important factor for  $T_2$  in addition to the intrinsic property, size, and magnetic properties of nanoparticles. If the surface coating is inadequate, it may impede

water diffusion or prolong the residence of water, remove water from the nanoparticle surface, and ultimately reduce the contrast. They protect against unwanted destruction or accumulation and have good colloidal stability. A hydrophilic surface is preferred for nanoparticles because it shows the importance of changes in the surface of nanoparticles after synthesis and supports the diffusion of water molecules in the second sphere [46]. In fact, bond density, coating porosity, fine-tuning of coating thickness, and transfer of a layer of hydrolytic coating to the particle surface [45].

There are several types of IONPs, the most important of which are  $\text{Fe}_3\text{O}_4$  and  $\text{Fe}_2\text{O}_3$ . Manipulation of reaction parameters is essential to achieving controlled nanoparticles. These manipulations include shape, size, morphology, crystallization, and purity. All of these paths are very difficult. In the production of IONP based on

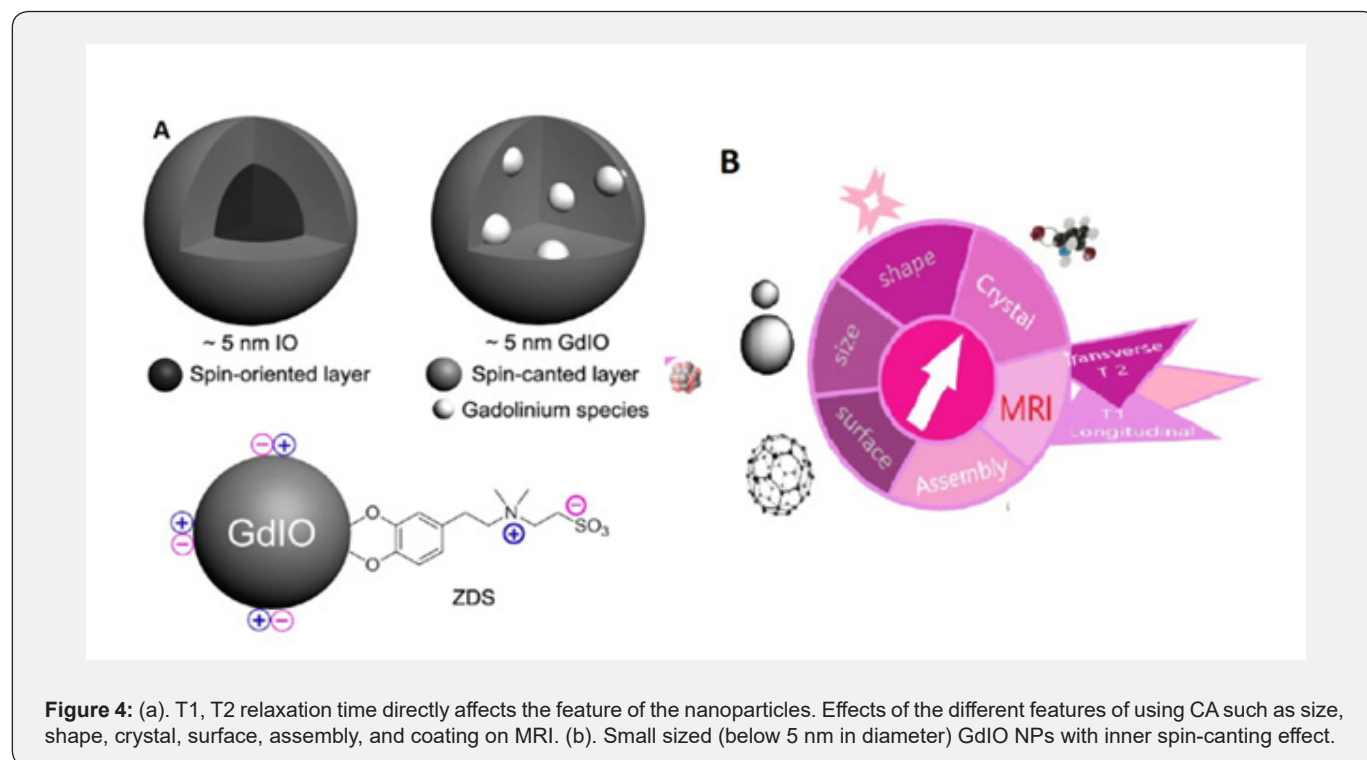
$T_1$  CA, the core and surface of IONP coatings play a very important role in contrast. Size and shape must be controlled because they determine the phase, crystallization, size, and magnetism of the IONP. Size refers to both the hydrodynamic size (core + coating) and the size of the core. In general, a smaller core is better for positive  $T_1$ , and when the size is less than 5 nm, single magnetic amplitudes are reduced. This causes it to create the effect of spin and the formation of unpaired electrons of  $\text{Fe}^{3+}$  and  $\text{Fe}^{2+}$  which will have more paramagnetic particles than superparamagnetic ones (Figure 2). As the nanoparticle size decreases, it is directed towards paramagnetic or superparamagnetic magnetization because decreasing the size leads to increases in the superparamagnetic behavior and decreases the ferromagnetic behavior. Therefore, the focus on oxygen decreases and there is a slight decrease in iron balance [47] (Figure 3).



**Figure 3:** (a) Simulation of  $r_1$  over a range of Larmor frequencies ( $\omega H$ ) for contrast complexes using a Lipari-Szabo model-free approach. The resulting  $r_1$  increases as the structural flexibility (described by factor  $F$ ) decreases (i.e.,  $F = 0$  corresponds to flexible, free molecules, and  $F = 1$  corresponds to a rigid structure with no flexibility). (b) An NP that can reduce magnetic anisotropy by increasing particle size and reducing surface/shape anisotropy with a large magnetization. (c) Three distinctive regimes, such as: (i) MAR, (ii) SDR and (iii) SMR of outer sphere relaxation theory. [Reproduced with permission from [36]. Copyright 2018, Royal Society of Chemistry].

There are different relaxation properties for MRI:  $T_1$  (spin-lattice or longitudinal relaxation),  $T_2$  (spin-spin or transversal relaxation), and  $T_2^*$ .  $T_2$  relaxation time creates a signal-to-noise ratio and causes contrast between soft tissues. In MRI, the main effect of SPIO particles is on the relaxation of  $T_2^*$ , which is caused by the use of  $T_2/T_2^*$  weight sequences. This also creates the loss

of tissue signal due to the effects of iron oxide nucleus sensitivity. Additionally, soft tissues have various cellular composition and density, which corresponds to different  $T_1$  and  $T_2$  relaxation times. (Table 1) shows the different values of relaxation time in different tissues in the magnetic field [48] (Figure 4).



**Figure 4:** (a).  $T_1$ ,  $T_2$  relaxation time directly affects the feature of the nanoparticles. Effects of the different features of using CA such as size, shape, crystal, surface, assembly, and coating on MRI. (b). Small sized (below 5 nm in diameter) GdIO NPs with inner spin-canting effect.

**Table 1:** Typical relaxation times values of some human tissues at clinical magnetic fields.

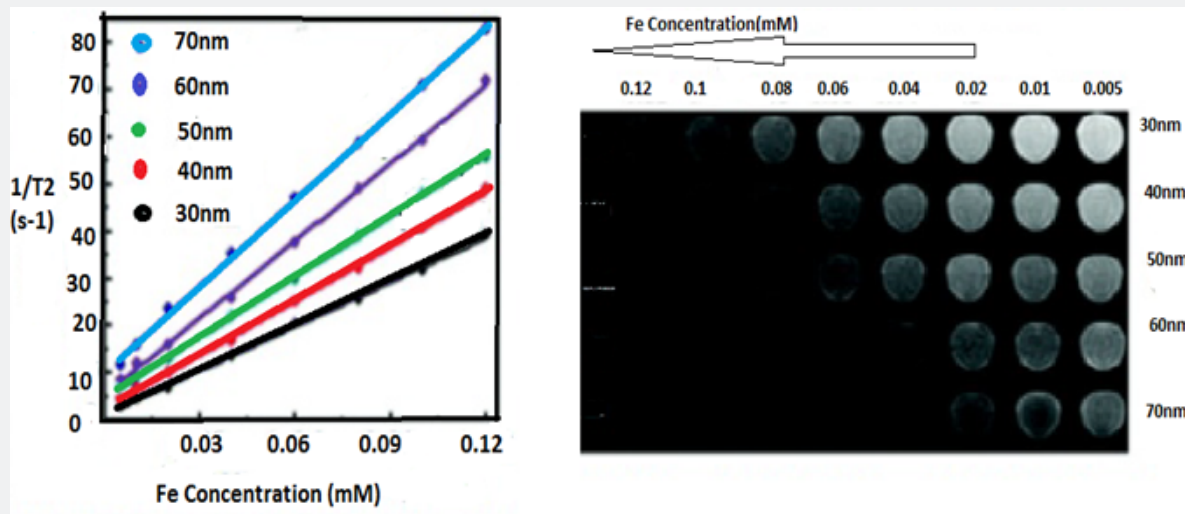
Tissue min		1.5T				3T			
		$T_1$ (ms)		$T_2$ (ms)		$T_1$ (ms)		$T_2$ (ms)	
		max	min	max	min	max	min	max	min
Brain	Grey matter	1260.8		109.4		1600		92.6	
		1096.5	1531	77.9	217	1275	1763	66	110
		1124±50		95±8		1820±114		99±7	
		1150		100		1600		70	
		960				1331			
	White matter	999.9		112.3		1100		60.8	
		612	1587	66.2	282	812.3	1110	49.5	79.6
		800		80		1100		60	
		700				832			
		884 ±50		72 ±4		1084±45		69 ±3	
Skeletal muscle	1008±20		44±6		1412±13		50± 4		
	1000		35		1400		30		
	981.5		36		1232.9		37.2		
	860-1130				900-1420				

## Size

The size factor was first considered before the theory of quantum confinement. The relationship between nanoparticles' size and magnetic properties has been widely reported [49]. The role of nanoparticles is considered both positive and negative in MRI [50]. In the SBM theory utilized in paramagnetic metal-chelating systems, the gap between paramagnetic systems and nanoparticles in terms of size effect must be considered. Size is an important factor that affects the  $T_1$  and  $T_2$  relaxivity of nanoparticles separately. It is significant to mention that the level of interdependence with  $T_1$  and  $T_2$  relaxivities can be observed (i.e., factors affecting  $T_1$  also affect  $T_2$  relaxivity in MRI) [51]. The magnetism of an NP is the sum of all the magnetic moments within the sample, divided by the volume of the sample. This value is independent of the grain size [52]. In general, larger nanoparticles have a higher  $r_2$  value in MAR [25]. The value of  $r_2$  is positively correlated with the diameter of the IONP.  $T_2$  relaxivity is dependent on the size for different types of nanoparticles including their alloy. When MNPs reach the critical size limit of MAR, the size-dependency of  $T_2$  relaxivity ends. Because the emission of protons around nanoparticles is still related to the discharge of the magnetic core, it is no longer as dependent on the size of the nanoparticles (Figure 4) [53]. It then becomes dependent on the static dephasing regime (SDR) or slow-motion regime because the diffusion of protons around the nanoparticles

will not be able to perform the various phases of the nucleus under the static field inhomogeneity on average.  $T_2$  relaxation decreases with decreasing nanoparticle size; as the NP size decreases, the  $T_2$  relaxation also decreases. This is attributed to the emission of finite protons at a time interval between a pulse-echo pair [25]. As a result, SDR theory plays an important role in the formation of MRI signals by echo gradient sequence [39].

It has been shown that the effect of  $T_1$  relaxation amplification is based on the paramagnetic model. Unlike paramagnetic macromolecules, nanoparticles are considered strong magnetic systems (Figure 4). Smaller nanoparticles provide more magnetic metals to coordinate water protons and chemical exchange. The surface ions of nanoparticles can be described in terms of surface-to-volume ratio because they are inversely related to size [31]. However, due to the transmission of the longitudinal signal to the transverse direction during the measurement of  $T_1$ , it is very sensitive in the recovery of the  $T_1$  relaxation time [36]. Paramagnetic IONPs can be obtained without size effect using the ultra-low field (ULF) or higher magnetic field [52]. Interestingly, it has been shown that SPIONs could be used to increase the contrast strength of  $T_1$  in ULF-MRI by adjusting the oscillations of magnetic nanoparticles. The effect of adverse negative contrast greatly reduces the unsaturated magnetic moment of SPIONs in ULF [54] (Figure 5).



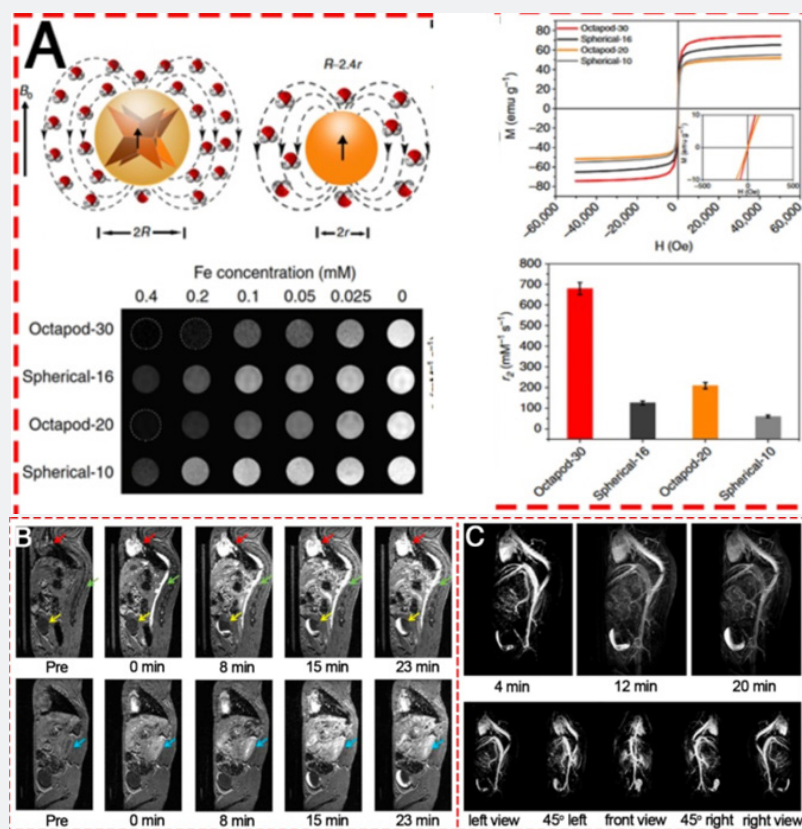
**Figure 5:** The MR contrast effect of  $\text{Fe}_3\text{O}_4$  NRs of different lengths and NPs of different diameters. [Reproduced with permission from [76]. Copyright 2018, Theranostic].

## Shape

Nanoparticles are composed of magnetic moments of separate but strongly interacting bundles [55]. The control and design of nanoparticles is not only an aesthetic mode, but also a starting point for applications such as functional design, sensors, and analysis. There are many classical theories about the shape of nanoparticles, including the classical theory of electrostatics,

which shows that the elliptical shape has a homogenous magnetic field, but the distortion of the shape requires additional energy to stabilize the anisotropy of the particles. The shape of nanoparticles is another important factor that determines the strength and specificity of magnetic anisotropy. There is a need for more precise control of synthetic methods in strong oxygen-metal bonding and various crystal packing structures in IONPs crystals (Figure 6).





**Figure 6:** (a). T2-weighted contrast MR images of various IONPs. (A) Schematic illustration of the ball models of octapod and spherical IONPs with the same geometric volume, smooth M–H curves, T2-weighted MR images, and comparison of  $r_2$  values of IONPs with different diameters: Octapod-30 (~58 nm), Octapod-20 (~49 nm), Spherical-16 (~30 nm) and Spherical-10 (22 nm). (b). T1-weighted MR images of a mouse injected with ZDS-coated exceedingly small SPIONs (ZES-SPIONs) at 7 T. (c) T1-weighted MRA of a mouse injected with ZES-SPIONs at 7 T. [Reproduced with permission from [52]. Copyright 2018, Theranostic].

## Cubes

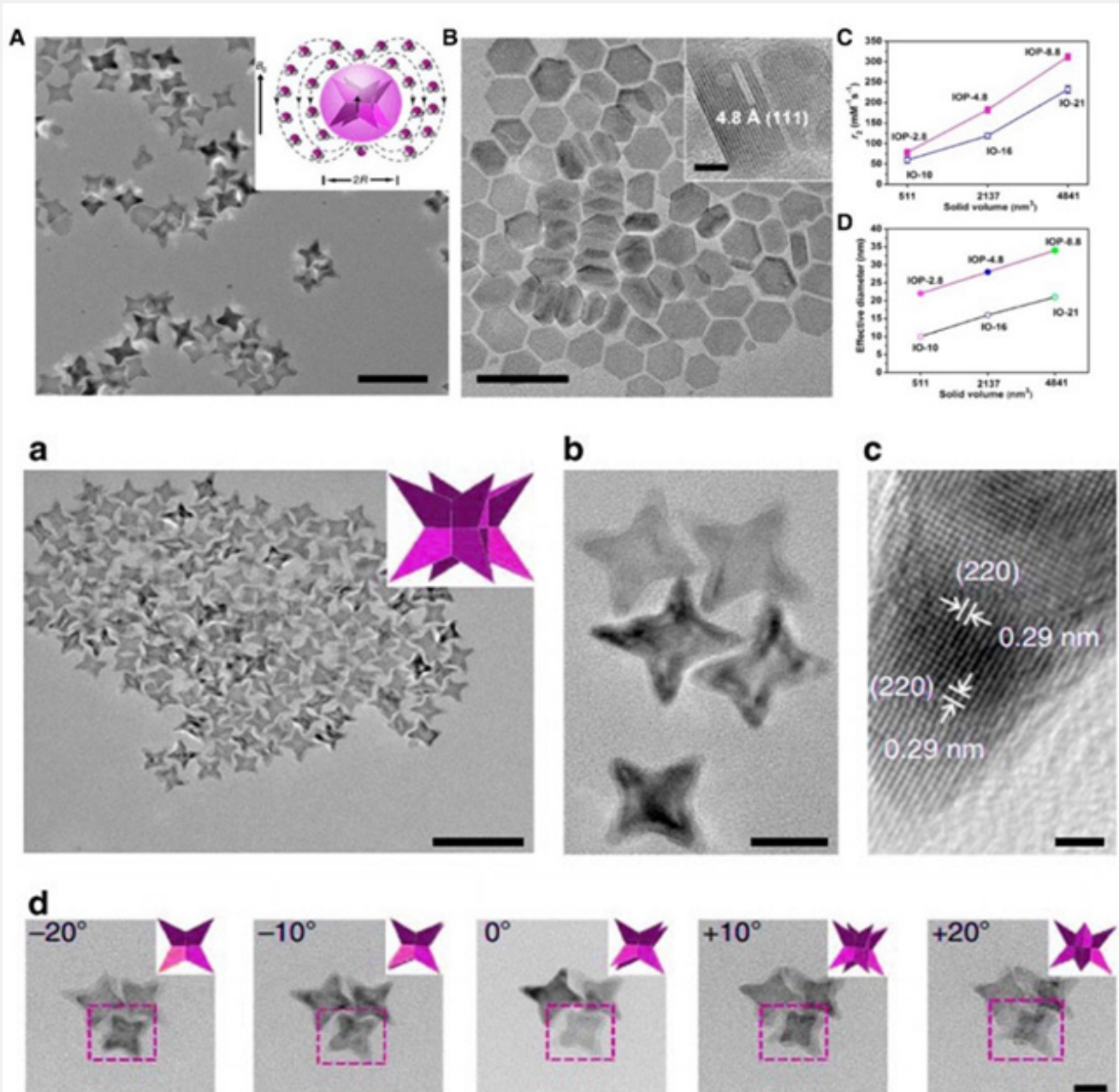
One novel idea that has been developed as an approach to synthesizing nanoparticles over the past few decades makes use of an elliptical deformation [24]. What has yet to be shown is to what extent this deformation affects the magnetic properties of nanoparticles. Different recent studies have used a variety of shapes of nanoparticles including cube, concave, octahedron, tripod, plate, flower, octagon, and quadrilateral [56]. In general, nanoparticles are denser in the vertical direction of the particle than in the spherical equivalent and produce a local magnetic field that extends farther in the direction parallel to the particle magnetization [34]. Due to the well-defined shape and structure, the  $T_1$  relaxation capability and the  $T_1$ - $T_2$  contrast mode can be increased. The cube shape is an especially exceptional model that provides to investigate the effect of surface structure on the  $T_1$  relaxation of nanoparticles.

## Octopods

Gao and his colleagues have recently developed an octopod

model, which suggests that the shape of the non-spherical nanoparticles may create a larger area of spin turbulence than spherical nanoparticles. Although the outer-sphere diffusion classical theory coefficient is included in the volume fraction, the radius applied to define the  $T_2$  relaxivity of nanoparticles is simulated based on the spherical shape [51]. Additionally, researchers have recently shown that tripod IONPs increase  $T_2$  relaxivity, and also shortly before that the effective radius was investigated [57] (please double-check this sentence). Decomposition of iron oleates in the presence of chloride (NaCl) results in the production of Octapod iron oxide nanoparticles. Briefly, at 320°C, iron oleate is decomposed in Octadeson solvent for 2 hours. Transmission TEM electron microscope images according to Figures 6a & b. show that the high-performance product (495%) is composed of iron oxide particles such as uniformly four-armed stars. The average edge length between two armed points is about 30 nanometers. (Figure 6c) shows the uniform lattice margins of the whole nanoparticles with a high-resolution  $\text{Fe}_3\text{O}_4$  (220) distance. Upon closer inspection of

these nanoparticles, shadows belong to the four arms of star-like particles (Figure 7). particles, indicating the presence of a concave property in the

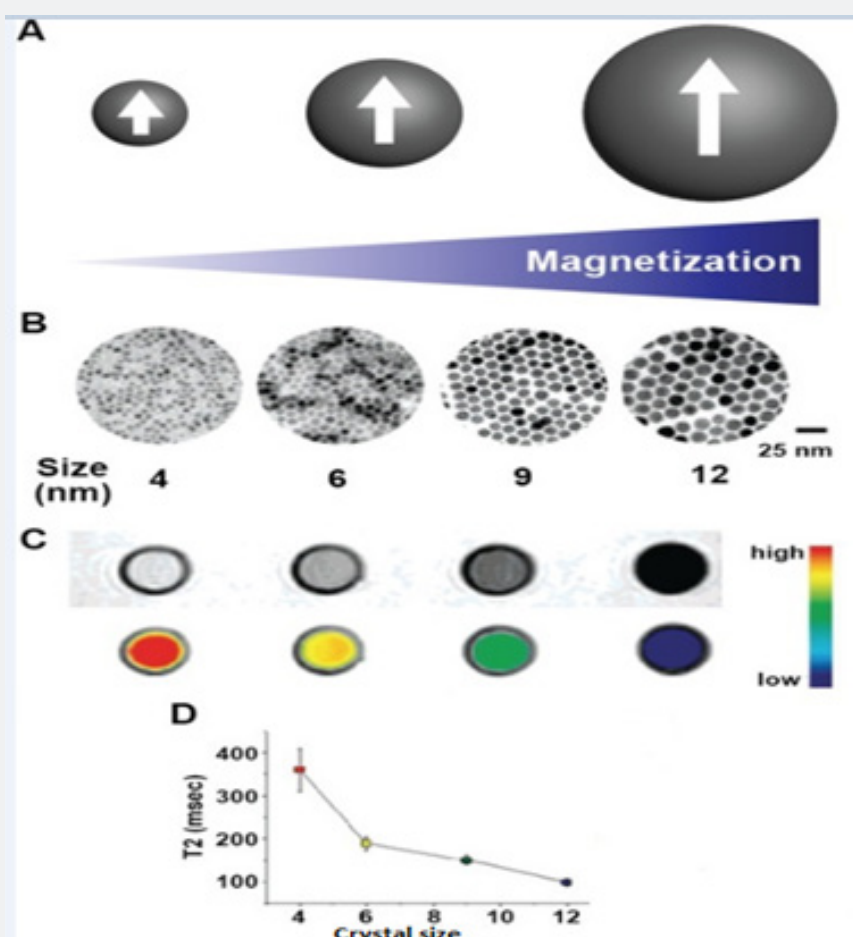


**Figure 7:** Top. (a) Due to reduced surface/shape anisotropy, octapod IONPs are capable of generating a larger volume of magnetic inhomogeneity than spherical particles with the same geometric volume. Scale bar, 100 nm. Adapted with permission from [57], copyright 2013 Springer Nature. (b) TEM images of 2D-Fe<sub>3</sub>O<sub>4</sub> nanosheet with a thickness of 8.8 nm. Scale bar, 100 nm (insert, 5 nm). 2D-Fe<sub>3</sub>O<sub>4</sub> nanosheets exhibited higher  $r_2$  values (c) and larger effective diameters (d) than IONPs of equivalent surface area. Scheme of TEM analysis of Octapod-30 iron oxide nanoparticles. Bottom. (a) The TEM image of the Octapod-30 is composed of uniform, four-armed star particles. (b) Magnification of the TEM image of the Octapod-30 (c). The TEM image of Octapod-30 is made up of whole nanoparticles that indicate single crystallization with lattice margins corresponding to Fe<sub>3</sub>O<sub>4</sub> (202). (d). Diagonal images of Octapod-30. [Reproduced with permission from [58]. Copyright 2013, Natural communications].

## Plates

Platelet structures of nanoparticles provide the conditions for the adjustment of tailor spin exchange interactions in magnetic devices. The magnetic exchange interactions in the thin layer structure create magnetic crystals. Therefore, the platelet structures of nanoparticles have attracted a lot of attention [31].

In  $Mn^{4+}$  ions, the value of  $r_1$  is less than that of manganese oxide Nano plates with a passive surface of  $Mn^{3+}$  [58]. Recently, the Pearson instant correlation method has been used to show the high amount of  $r_1$  paramagnetic manganese oxide Nano plates at the surface [55]. Optimal coordination and chemical exchange of water protons by deformation from sphere to plate affects the density of metal ions exposed to the surface (Figure 8).



**Figure 8:** Size effect on T2 relaxivity of MNPs. (a) Cartoon showing size-dependent magnetization effect of MNPs. (b-c-d) TEM images, MR phantoms, relaxation times, and magnetizations of Fe<sub>3</sub>O<sub>4</sub> nanocrystals with different diameters of 4, 6, 9, and 12 nm, respectively. [Reproduced with permission from [43]. Copyright 2019, Advanced Materials].

In general, in nanoparticles, there are crystals in the range of 20-150 nm referred to as SPIONs, including Fe<sub>3</sub>O and maghemite  $\gamma$ -Fe<sub>2</sub>O<sub>3</sub>, which exhibit an ultra-magnetic order. One of their characteristics is colloidal stability, which increases their activity level in aqueous media. These changes occur by coating SPION with organic acids or with a hydrophilic and biocompatible polymer [36]. They are capable of binding to a variety of biomolecules and can be used in a wide range of applications in tissue engineering and nanotechnology [59]. The average length of cubic SPIONs is 12 nm, which is the best recommended size for tissue diffusion. Cubic SPIONs are synthesized by thermal decomposition and

their surfaces are modified with oleic acid. The physicochemical properties, structure, and type of SPIONs are usually studied using XRD diffraction, X-ray photoelectron spectroscopy, and more. A set of techniques for describing acid-modified SPIONs can be referred to as dynamic light scattering and nanoparticles tracking analysis [38].

This stage relies on a special arrangement of magnetic atoms and the alignment of magnetic moments, including simple and complex processes that relate to the crystal structure of the material, comprising the super exchange effect, the amplitude boundary, and the crystal anisotropy of the crystal phase. In

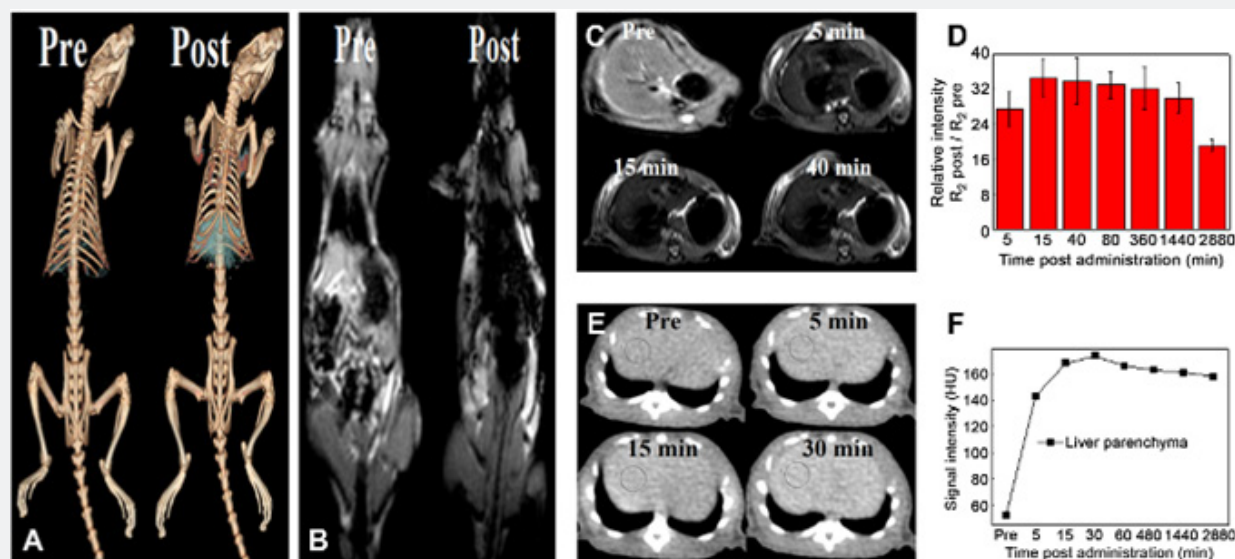
the next section, we will explain the relationship between the different properties of crystals and their magnetic properties, and their effects on the  $T_1$  and  $T_2$  relaxivities [60].

### Magnetic Resonance-Computer Tomography bimodal imaging

For example, nuclear medicine imaging techniques are highly sensitive but have a low resolution. On the other hand, CT can perform several pathologies at a high speed, but the amount of dose received by the patient is High field [61-63]. The disadvantage of MRI is low sensitivity but a high ability to distinguish soft tissues from each other. As a result, multimodal imaging methods such as MR-CT or PET-CT can be used to overcome these limitations. Multimodality imaging techniques can gather all the morphology and anatomical information. It is referred to as multimodal imaging, which has advantages such as synergistic over any modality alone. Molecular imaging including PET-CT and PET-MR plays a vital role in understanding the patient's pathobiological principles [50,64,65]. Chemistry and medical imaging probes

are now suitable imaging techniques by focusing on nanoparticle (NP)-based PET/MRI multimodal tracers in oncological imaging. A PET- MRI scanner consists of three components, namely a carrier, a PET tracer that is a radioisotope emitted from the patient's body with high sensitivity, and an MRI that produces high contrast and resolution. In MRI, nanoparticles (IONPs) can be used as CA [66].

The nanoparticles used in MRI have different designs, including particle size, charge, core, and surface properties, which are the main features that help reduce the toxicity of nanoparticles [66-69]. For example, the hydrodynamic size of nanoparticles determines their fate in the body. Particles with a diameter of less than 5 nanometers are absorbed, while particles with a larger diameter absorb from another organ in the body [70,71]. Also, the shape of the particles affects the internalization of the cell. In general, the properties of ligands and nanoparticles are very important in multimodal imaging, since a significant number of targeting probes are needed to track a specific biological path [72,73].



**Figure 9:** CT images of normal rat pre and post systematic administration of Fe<sub>3</sub>O<sub>4</sub>-Au NPs in (highlighted in E with black circles) in respect of HU values pre and post contrast. T<sub>2</sub>-weigh view. (D) Enhancement in liver parenchyma in respect of signal intensity. [Reproduced with permission from [76]. Copyright 2015, Scientific Reports.]

Additionally, properties like size, shape, crystal structure and surface coating will have a great impact on the relaxivity of the contrast agent. IONPs can also be used with other modalities like computed tomography (CT) and nuclear medicine imaging techniques like positron emission tomography (PET) and single-photon emission computerized tomography (SPECT)[1,80]. Because IONPs can be used in so many biomedical applications, it requires a well-thought-out approach when designing and researching a high relaxivity contrast agent (Figure 9).

### Challenges in iron oxide-based CA

In SPION, size and morphology play a very important role in the depth of tissue penetration. The size of SPIONs will have the greatest penetration in the tissue when it is less than 10 nm. This size should be chosen to meet specific biomedical challenges [74]. The size should be small enough to pass by intravenous injection through the capillaries. It should be large enough to be manipulated by a magnetic actuator [43]. An example of this is

single spherical particles with a hydrodynamic diameter of 10-20 nm that are suitable for injection into samples but have limited magnetic mechanical effects, so SPIONs in the range of 100 nm can solve this problem [75].

### Conclusion

The size and shape of the nanoparticles were controlled by PH, temperature, and concentration of reagents. But nanoparticles are generally poorly permeable, so their stability is a predicament [77]. Stability in biological environments remains a challenge. In fact, although  $r_2$  decreases with decreasing core size, the optimum size ( $r_2/r_1$ ) reaches 3.6nm. Because IONPs suffer from smaller amounts of high-level energy, they accumulate and increase the value of  $r_2/r_1$ . As mentioned, deactivating smaller IONPs to stabilize biological environments is a challenge because smaller IONPs have lower saturation magnetization [78]. As a result, in order to minimize IONPs,  $r_2$  must be smaller than the core size. The magnetic properties of magnetite and maghemite nanoparticles have been investigated by more than one research group. However, distinguishing magnetite from maghemite is a major challenge. X-ray diffraction (XRD) processing patterns are very similar [79].

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