



The Role of Vascular Endothelial Growth Factor (VEGF) in Non-Alcoholic Fatty Liver Disease (NAFLD) Progression: A Systematic Review



Yue Xu^{1,2}, Lin-Lin Lu^{3,4}, Yong-Ning Xin^{1,2,3*} and Shi-Ying Xuan^{1,2,3*}

¹Department of Gastroenterology, Dalian Medical University, China

²Department of Gastroenterology, Qingdao Municipal Hospital, China

³Digestive Disease Key Laboratory of Qingdao, China

⁴Central Laboratories, Qingdao Municipal Hospital, China

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***Corresponding author:** Shi-Ying Xuan, Department of Gastroenterology, Qingdao Municipal Hospital, 1

Jiaozhou Road, Qingdao 266011, Shandong Province, China, Tel: +86-532-88905508; Fax: +8653288905293;

Email: xuansydx@163.com

Yong-Ning Xin, Department of Gastroenterology, Qingdao Municipal Hospital, 1 Jiaozhou Road, Qingdao

266011, Shandong Province, China, Tel: +86-532-82789463; Fax: +865-3285-968-434;

Email: xinyongning@163.com

Abstract

Non-alcoholic fatty liver disease (NAFLD) has been the popular chronic liver disease which incidence rate rises yearly. Many studies showed that patients with NAFLD are characterized by obvious vascular endothelial dysfunction. Vascular endothelial growth factor (VEGF) is a known inducer of angiogenesis, which influence the vascular endothelial function and play a key in coronary artery disease (CAD). However, there was still no systemic discussion on the role of VEGF in the progression of NAFLD. Many studies showed VEGF plays an important role in the fat metabolism of liver, the formation of NAFLD, also the etiology of HCC. This article review will have a specific review.

Keywords: Nonalcoholic fatty liver disease; Vascular endothelial growth factor; Coronary artery disease; Non-alcoholic steatohepatitis; Hepatocellular carcinoma; Genetic polymorphisms

Introduction

Non-alcoholic fatty liver disease (NAFLD) represents a wide histological spectrum of liver disease, ranging from simple steatosis with no or minor inflammation, to non-alcoholic steatohepatitis (NASH), where inflammation and is present, with or without fibrosis [1]. Between 10 and 25% individuals with NAFLD may develop cirrhosis and hepatocellular carcinoma (HCC) [2]. NAFLD is the most common cause of chronic liver disease in all ethnic groups [3]. The global prevalence of NAFLD is 25.24% [4]. Many studies have indicated that NAFLD is a strong independent risk factor for coronary artery disease (CAD) [5-7]. And NAFLD patients are suggested undergo periodic cardiovascular risk assessment. Cardiovascular disease (CVD) is the main reason which caused the death of NAFLD patients [8]. The histologic severity of liver injury and inflammation

is strongly associated with an increased cardiovascular risk and an atherogenic lipid profile [9]. A major pathogenic contributor to CAD is atherosclerosis, which is primarily characterized by endothelial dysfunction [10,11]. Also, patients with NAFLD are characterized by obvious vascular endothelial dysfunction [12]. The VEGF is closely related with vascular endothelial dysfunction. Its family contains five members in mammals, VEGF-A, placenta growth factor, VEGF-B, VEGF-C and VEGF-D, which regulate vasculogenesis, angiogenesis and lymphangiogenesis by transducing signals to VEGF receptors [13-16]. Recent investigations have discovered that the decreased expression of VEGF is very common in CAD patients [10,17]. And, Serum VEGF levels were significantly elevated in patients with simple steatosis and borderline significantly

elevated in NASH patients. Hepatic gene expression of VEGF was slightly decreased in NASH patients compared to simple steatosis patients [18]. Besides, with further research on VEGF, the genetic polymorphisms have been found in playing a role in the progression of NAFLD. In this study, we will have a systematic review.

The VEGF influence the fat metabolism according to sinusoidal endothelial cell (SEC) fenestrations and the space of Disse in the liver

VEGF signaling in the liver is essential for the development of the functional sinusoidal vasculature required for efficient plasma lipoprotein uptake. Reduction of VEGF in the liver results in a disrupted vascular network, a lack of sinusoidal endothelial cell (SEC) fenestrations and a non-functional space of Disse [19]. Each hepatocyte is connected with sinusoidal vascular channels, which are lined by sinusoidal endothelial cells (SECs), with the space of Disse separating hepatocytes and sinusoidal cells [20]. The SECs are fenestrated lack a basement membrane, which allows only particles smaller than the fenestrae to reach the parenchymal cells. The fenestrae also allow efficient macromolecules, including lipoproteins and chylomicron remnants, from the blood to the hepatocytes for processing [21]. Cholesterol-rich lipoproteins are rapidly removed from the circulation by the liver, which occur by receptor-mediated endocytosis on hepatic microvilli within the space of Disse [22]. Morphological studies have highlighted the importance of the space of Disse, and SEC and hepatocyte structural features, such as fenestrations and microvilli, respectively, for effective lipoprotein-remnant passage from the blood to hepatocytes [23]. Furthermore, Kai Sun et.al demonstrated that overexpression of VEGF-A in adipose tissue promoted an increase in lipid clearance and a decrease in high fat diet induced Hepatic Steatosis by inhibiting the activation of vascular endothelial growth factor receptor 2 (VEGFR2) [24]. In short, upregulate the expression of VEGF will make for the transportation of lipoprotein in the liver.

The expression of VEGF influence the progression of NAFLD by leptin and hypoxia

VEGF expression colocalized with leptin receptors (ObR). ObR activation in human hepatic stellate cells (HSCs) promoted the increasing of leptin [25]. Leptin is the first described adipokine [26]. Leptin play an important role in confining the storage of triglycerides to the adipocytes, while limiting triglyceride storage in non-adipose tissues, including the liver, thus protecting them from lipotoxicity and lipoapoptosis [27]. Leptin play an important role in the lipid metabolism, the expression of VEGF is associated with leptin. A recent meta-analysis indicates that circulating leptin levels are higher in patients with NAFLD than in controls, and higher serum leptin levels were associated with an increased severity of NAFLD [28]. This is in agreement with the above-mentioned evidence of inflammatory-mediated damage related to leptin and potential involvement in NASH pathogenesis. Moreover, Hypoxia increases

the expression of VEGF by activating hypoxia-inducible factor-1 α (HIF-1 α). And leptin can upregulate HIF to promote the expression of VEGF [29]. *Rosmorduc O* et al. [30] found that hypoxia acts not only as an aggravating factor of cell damage and inflammation, but also as an inhibitor of liver regeneration, a major stimulus of angiogenesis and fibrogenesis, and a promoter of liver carcinogenesis.

VEGF plays an important role in HCC

NAFLD represents an increasingly important etiology of HCC with annual cumulative incidence rates ranging from 2% to 12% in cohorts of NAFLD cirrhosis [31]. From the 1980s to the present, the VEGF-VEGFR system has been demonstrated to be the major regulator of tumor angiogenesis (VEGF2-4). VEGF, also known as VEGF-A, is a protein with vascular permeability activity that was originally purified from a fluid secreted by a tumor [32]. Gao et al. [33] did a research to investigate the effects of the vascular endothelial growth factor (VEGF)/VEGF receptor (VEGFR)/K-ras signaling pathways on miRNA21 levels in hepatocellular carcinoma tissues in rats. They made a conclusion that the VEGF/VEGFR/K-ras signaling pathway might promote the occurrence and development of hepatocellular carcinoma cells through regulating expression of miRNA21, which has potential clinical value for the development of therapies against biological targets and determining prognosis for patients with hepatocellular carcinoma. Additionally, VEGF not only promoted the angiogenesis and fibrosis of NAFLD/NASH, but also facilitated the forming of HCC [25]. The patients with HCC have higher VEGF levels, particularly the T allele in VEGF-C936T. VEGF could be a potential biomarker for HCC, while AFP could be used to distinguish between patients with HCC and cirrhosis or hepatitis C virus [34].

VEGF gene polymorphisms involved in NAFLD progression

Genetic polymorphisms are reported to influence predisposition of individuals in NAFLD progression. Hsieh MC showed individuals with the VEGF-C rs1485766 A/A genotype compared to those with wild-type homozygotes had a significantly higher risk for HCC. A high frequency of an advanced stage and a low frequency of being positive for cirrhosis were respectively shown in HCC patients with the VEGF-C rs7664413 CT/TT and rs3775194 GC/CC genotypes [35]. Liu et al. [36] presented the VEGFA 2578C/A polymorphism may play a potential role in the development and clinical outcome of HCC among Chinese Han population. VEGFA 2578C/A polymorphism was significantly associated with decreased risk of HCC. Furthermore, the 2578C/A polymorphism was associated with significantly decreased postoperative recurrence and improved overall survival of resected HCC patients. Recent study have demonstrated that in Hubei Han population VEGF-460 T/C (rs833061), and +936 C/T (rs3025039) polymorphism are associated with the risk of NAFLD [37]. However, VEGF is associated with the progression of fatty liver disease, but we still need to do further research.

Conclusion

NAFLD, the hepatic manifestation of metabolic syndrome, is the most common cause of abnormal liver enzymes and has been associated with an increased risk for development of CAD. The decreased expression of VEGF in the liver results in a disrupted vascular network, a lack of SEC fenestrations and a non-functional space of Disse, leading to lipid metabolism disorder. And, VEGF-A suppress the accumulation of lipoproteins. Leptin and hypoxia upregulated the expression of VEGF. And, the elevated leptin levels are associated with the expression of VEGF. Leptin take part in potential involvement in NASH pathogenesis. VEGF is also related with HCC, especially VEGF-A. VEGF may be a potential biomarker of HCC. With further research, VEGF gene polymorphisms have been recognized. VEGF levels play an important role in NAFLD progression. It may be the marker, which can evaluate the progression of NAFLD. We need to pay more attention on it.

Author contribution

Yue Xu, Linlin Lu, Quanjiang Dong and Yongning Xin; drafting of the manuscript: Yue Xu; critical revision of the manuscript for important intellectual content: Linlin Lu and Yongning Xin; study supervision: Yongning Xin, Shiying Xuan.

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Conflict of Interest

There is no any economic interest or any conflict of interest exists.

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