

Investigation the Effect of Restorations Fabricated with CAD/CAM Technology, the Heat-Press Technique, and Type of Resin Cement on Marginal and Internal Adaptation of All Ceramic Crowns



Raafat Tammam*

Assiut University, Egypt

Submission: January 21, 2017; **Published:** July 14, 2017

***Corresponding author:** A Raafat Tammam, Assiut University, Egypt, Tel: 00201006787624; Email: raafatdental@yahoo.com

Abstract

Statement of the problem; the use of pressable and CAD/CAM ceramics have been lately frequently used in fixed prosthodontics. However, information about their marginal fit and internal adaptation are is little.

Purpose: Marginal adaptation and internal adaptation are an important factor affecting the longevity of all ceramic restorations, so the purpose of the study was to evaluate the effect of restorations fabricated with CAD/CAM technology, the heat-press technique ceramic and luting agent on the Marginal Fit and Internal Adaptation of all Ceramic crowns.

Materials & Methods: A total of 20 mandibular Second premolars teeth were used in this study and divided into two groups according to technique of fabrication of ceramic crowns as follow: Machinable ceramics (M). IPS E-max CAD blocks have used for fabrication of ceramic crowns. (n=10), Pressable ceramics (P). IPS E-max press ingots have used for fabrication of ceramic crowns. (n=10). Each group is divided into two subgroups according to the type of resin cement used as follow: Group T: Ceramic crowns are cemented with total etch Cement-it resin cement (n=5). Group S: Ceramic crowns are cemented with Rely-x self-adhesive resin cement (n=5). A silicone replica was obtained to measure marginal and internal adaptation of each all-ceramic crown before luting, and they were sectioned vertically in mesiodistal direction. Marginal and internal adaptations were measured using computerized light microscope at 100 × magnification. Data were presented as mean and standard deviation (SD) values. Regression model with repeated measures Analysis of Variance two ways (ANOVA) was used in testing significance for the effect of ceramic type and cement type.

Results: related to marginal gap, it was found that press group recorded statistically significant ($P < 0.05$) higher vertical marginal gap mean value ($55.07 \pm 1.1 \mu\text{m}$) than CAD group ($49.99 \pm 5.57 \mu\text{m}$) as indicated by two way ANOVA followed by pair-wise Tukey's post-hoc tests. it was found that vertical marginal gap mean value of self-adhesive cement was statistically non-significant ($P > 0.05$) higher ($54.77 \pm 0.8 \mu\text{m}$) than total etch cement ($50.3 \pm 5.88 \mu\text{m}$). while related to internal adaptation, totally it was found that CAD group recorded statistically significant ($P < 0.05$) higher internal gap mean value ($87.45 \pm 15.4 \mu\text{m}$) than press group ($36.64 \pm 5.15 \mu\text{m}$) and it was found that internal gap mean value of total etch cement was statistically significant ($P < 0.05$) higher ($67.24 \pm 11.14 \mu\text{m}$) than self-adhesive cement ($56.85 \pm 9.4 \mu\text{m}$).

Conclusion: Within the limitation of this study, The CAD group recorded statistically significant high vertical marginal fit than press group. The cement type has no effect on the marginal fit. The press group recorded statistically significant high internal fit than CAD group.

Keywords: All-ceramic; Marginal adaptation; Internal adaptation; CAD/CAM; Heat-pressed

Introduction

The final aim of restorative dentistry is to fabricate restorations which are indistinguishable from natural teeth and ceramics are the material of choice for aesthetic restorations because of their excellent translucency, improved fluorescence and great contribution of color from the underlying tooth structure. Not only

esthetic but strength and accuracy of fit are also required in an all-ceramic restoration [1].

All-ceramic crowns have become more popular as a result of increasing demand for esthetic corrections [2,3]. All-ceramic crowns can be fabricated through computer aided design/

computer aided manufacturing (CAD/CAM) or can be heat-pressed (HP) [2,4]. The HP technique is based on the lost-wax principle.

Prefabricated ceramic ingots are heated and then pressed into the lost-wax form of a crown coping. Dental CAD/CAM systems such as CEREC (Sirona Dental, Charlotte, NC, USA) use a scanning and milling process to fabricate all-ceramic copings from prefabricated ceramic blocks [5-7]. Today it is accepted that all-ceramic crowns should be luted using adhesive luting techniques [8,9].

Lithium disilicate ceramic restorations (IPS e.max) became commercially available in 2006, and may be fabricated with a heat-pressed or computer-aided design and computer-aided manufacturing (CAD/CAM) fabrication process. Lithium disilicate was initially available as a substructure or core material characterized by better translucency than other high strength ceramic core materials. The favorable translucency and shade variety of lithium disilicate makes possible anatomically contoured monolithic restorations; extrinsic characterization of the monolithic definitive restoration can be applied where needed to improve esthetics [10-12].

Nano-fluorapatite ceramic (IPS e.max Ceram) can be layered onto a lithium disilicate substructure at the incisal, occlusal, or facial areas to improve the optical properties and to customize the esthetic and anatomic contours [13,14].

Computer-aided design/computer-aided manufacturing (CAD/CAM) has been used in dentistry since its development by Duret in France in the 1970 (System Duret CAD/CAM). Among the available (CAD/CAM) systems, the CEREC (CERamic REConstruction) system is one of the most commonly used, as it was the first to be commercially available. This system uses prefabricated high-quality ceramic blocks, resulting in biocompatible, esthetic, and durable restorations [15,16].

Resin luting systems were recommended for the cementation of all-ceramic systems showed significantly stronger all-ceramic crowns are achievable by luting with adhesive resin cements. New type of luting material, called self-adhesive resin cement, that does not require any pretreatment of the tooth surface has been developed. This material combines the favorable properties of conventional (zinc phosphate, glass ionomer, and polycarboxylate) and resin cements

A new generation cement system known as self-adhesive resin cement have been developed to eliminate pre-treatment steps such as etching, priming and bonding when compared to multi-step composite cements. Post-operative sensitivity has also been reported as a possible consequence of inadequate polymerization of the resin cement [17-28]. The use of dual-curing resin cements intends to combine chemical and light-polymerization and at the same time allowing polymerization to take place in deeper areas of the tooth cavity applying shorter light irradiation time [29-39].

External marginal adaptation of the crown is defined as the vertical distance between the finish line of the prepared tooth and the margins of the fabricated crowns [40].

In study to evaluate the marginal adaptation and internal fit according to the type of e.max fabrication technique. The adaptation of the restoration was evaluated by means of the silicone replica technique. The lowest marginal discrepancy was measured between the preparation margin on the enamel and the IPS e.max press specimens, the highest discrepancy was observed on the occlusal surface of the IPS e.max CAD specimens. Both systems demonstrated acceptable marginal discrepancies in vitro. IPS e.max press shows higher internal adaptation than IPS e.max CAD [41].

Another a study made in 2014 to evaluate marginal and internal adaptation of ceramic crown restorations fabricated with CAD/CAM technology and the heat-press technique. No significant differences among the CAD/CAM groups were observed for absolute marginal discrepancy. The heat-press group had significantly different values than those of the CAD/CAM groups. The heat-press group yielded the best marginal and internal crown adaptation results [42].

Regard to clinical trial to compare marginal and internal adaptation of two all-ceramic crowns fabricated with CAD/CAM and HP techniques before luting and also to evaluate the clinical outcomes including presence of fractures, sensitivity, and secondary caries at crown margin, marginal discoloration at baseline and at 6, 12, and 24 months after luting. They found that there were no statistically significant differences between CAD/CAM and HP all-ceramic anterior single crowns for both marginal and internal adaptation, and a satisfactory clinical performance was observed during a 2-year period [43].

Materials and Methods

Teeth selection

Twenty human mandibular Second premolars recently extracted and collected from Orthodontic Departments. Teeth were free from caries, micro fractures, or abrasion cavities and had not been previously endodontically treated were selected with approximate similarity in size and shape. The selected teeth had a mesiodistal dimensions of $5 \pm 0.5\text{mm}$ and buccopalatal dimensions of $7 \pm 0.5\text{mm}$, this was done using digital metal gauge (caliber Pachymeter, Electronic Digital Instrument; China).

Teeth were ultrasonic cleaned to remove any deposits. This was done under copious water coolant to avoid formation of any micro cracks and then stored in 5 % saline solution. All teeth were placed in 2.5% sodium hypochlorite (NaOCl) for 10 minutes for surface disinfection.

Each tooth was individually mounted in type three hard dental stone, vertically along its long axis of coronal portion. Readymade molds with even size were chosen to fabricate the stone blocks. Each mold has a cylindrical cavity of 7cm internal diameter and 5cm depth.

A paralleling device (Milling surveyor or Paraskop®M, Bego, Bremer, Germany) was used to mount each tooth and to ensure the centralization and alignment of the tooth to the mold (Figure 1).



Figure 1: Milling surveyor used to mount the tooth in the mold.

Sample grouping

A total of 20 mandibular Second premolars teeth were used in this study and divided into two groups according to technique of fabrication of ceramic crowns as follow:

- A. Machinable ceramics (M). IPS E-max CAD blocks have used for fabrication of ceramic crowns. (n=10)
- B. Pressable ceramics (P). IPS E-max press ingots have used for fabrication of ceramic crowns. (n=10)

Each group is divided into two subgroups according to the type of resin cement used as follow:

- a. Group T: Ceramic crowns are cemented with total etch Cement-it resin cement (n=5).
- b. Group S: Ceramic crowns are cemented with Rely-x self-adhesive resin cement (n=5).

Teeth preparation



Figure 2: Milling surveyor used in tooth preparation

A mandibular second premolars was prepared for placement of all-ceramic crowns using a parallelometer and diamond stones to ensure accurate replication of the preparation parameters and 20 diamond stones are used for preparation of 20 teeth (Figure 2).

The preparation design included a 1.0-mm wide shoulder around the entire circumference, an occlusogingival height of 3mm, and a 8° convergence angle. An occlusal reduction of 1.5mm was prepared in the center of the occlusal surface. 1.0mm shoulder finish line is made by the tip of tapered diamond stone which is equal to 1.0mm. Eight degree occlusal convergence is made by measuring tapering of diamond stone. Three millimeter occlusogingival height is made by reduction of the occlusal surface by diamond disc.

Machining fabrication technique

For scanning the prepared tooth, a new restoration was created in the in-lab software version 3.88i (Sirona Dental Systems GmbH, 64625 Bensheim, Germany). Restoration data was entered in the the window of the in-lab user interface. The designing of the crown shaped specimens the “Crown” was selected for “restoration” box, “Biogeneric”, “Multilayer”, or “Frame work” for the design technique box, and the mandibular second premolar was selected on the diagram of teeth selection.

The prepared teeth in their blocks were then prepared by spraying them with a light reflecting anti-glare spray “Cerec optispray”, and then fixed using plasticine on the shifting plate of the in-Lab scanner “in Eos”.

The shifting plate with the blocks fixed on it was then positioned on the XY table of the in Eos for taking the optical impression after adjusting the height of the scanner vertical unit with the rotary knob until the preparation was sharply focused. A top view scan was done of the preparation surface by clicking on the “acquire image”, then the in-lab software uses those images for transforming them into a 3-D virtual models.

After the milling process and prior to sintering, a low speed diamond bur was used to separate the completely milled restorations and to remove excess material at the site of connection with the ceramic block. Crowns are crystallized in IPS E-max oven (Furnace Programat p310), making crystallization and glazing cycle then try in Crown on the prepared tooth.

Pressing fabrication technique

Making duplication to the e.max cad crown 10 times by duplifixi duplicating material and used as reference (silicone index) for waxing procedures of pressed crowns to standardize the external surface of premolar. A wax pattern is manually built on each gypsum die to restore the anatomical features of the machined crowns using the sectioned silicone index as reference and 3mm wax sprue is attached to the thickest point of the cusp. After pressing, recover crowns from the investment by airborne particle abrasion using 50 micro glass particles; remove the sprue and finishing then fit crown to the prepared tooth.

Cementation of the crowns

All ceramic crowns are etched with 9% hydrofluoric acid gel (Pentron clinical technologies, USA) for 60 seconds, rinsed with water and dried with air Group A of each Machinable and pressable ceramic crowns are cemented with total etch resin cement (cement it) The prepared teeth are etched with 37% phosphoric acid for 15 seconds then rinsed with water and dried with air then layer of bond is applied on the teeth and light polymerized for 15 seconds. A freshly mixed resin cement (cement it) is Applied on the fitting surface of each crown which is seated on the prepared tooth using static loading force (10 N), excess cement is removed with cotton pellet then the cement is light polymerized for 60 seconds on each side of the crown . Group B of each machinable and pressable ceramic crowns are cemented with self-adhesive resin cement (Rely-x 200) (3M ESPE Deutschland GmbH, Dental Products, Germany).

Marginal fit evaluation

Marginal fit is evaluated by measuring the gap between crown margin and finish line of the prepared tooth and is determined at eight specific locations, four locations at the middle of the four axial walls, mid-buccal, mesial, distal, and lingual as well as other four locations at the line angles between the axial walls. At every predetermined location, five readings were taken to give total of forty readings for each specimen. The mean of all readings was calculated from the mean values of cervical circumferential measuring locations. The mean of 40 values represented the mean marginal fit value for each crown. A specially designed device was machined from wood in order to aid in specimen holding during gap evaluation.

Using costume made holding device all samples were positioned perpendicularly onto a digital-microscope, (Scope Capture Digital Microscope, Guangdong, China) and the images were captured and transferred to an IBM personal computer equipped with the Image-tool software (Image J 1.43U, National Institute of Health, USA magnification X 100).

Sectioning technique

The root portion of each crown is sectioned 3mm below the cervical line and the coronal section is imbedded in chemically polymerized acrylic resin. Crowns are sectioned vertically in mesiodistal direction by using isoMet 4000 micro saw with cooling system (water) & cool (anticorrosive agent) 30:1. Feeding rate 10mm per minute and speed 2500rpm according to the isoMet manual instructions and diamond disk 3inch diameter and 0.5mm thickness.

Internal adaptation evaluation

Internal adaptation (also defined as cement film thickness) is measured as distance between the inner surface of the crown and the outer surface of the prepared tooth at three fixed locations.

Internal adaptation is measured by a digital-microscope, magnification X 100, and the images were captured and transferred to a IBM personal computer equipped with the Image-

tool software Within the Image J software, all limits, sizes, frames and measured parameters are expressed in pixels. Therefore, system calibration was done to convert the pixels into absolute real world units. Calibration was made by comparing an object of known size (a ruler in this study) with a scale generated by the Image J software.

Then, the images of traced marginal path were overlaid and transferred to Image J software in order to calculate gap which measured in (μ).

Data were presented as mean and standard deviation (SD) values. Regression model with repeated measures Analysis of Variance two ways (ANOVA) was used in testing significance for the effect of ceramic type and cement type.

Results

Data analysis was performed in several steps. Initially, descriptive statistics for each group results. Two factorial analysis of variance ANOVA test of significance was used for comparing variables affecting gap mean values (ceramic and cement types) followed by pair-wise Tukey's post-hoc tests were performed to detect significance between subgroups. Statistical analysis was performed using Aasistat 7.6 statistics software for Windows (Campina Grande, Paraiba state, Brazil). P values ≤ 0.05 are considered to be statistically significant in all tests.

Vertical marginal gap

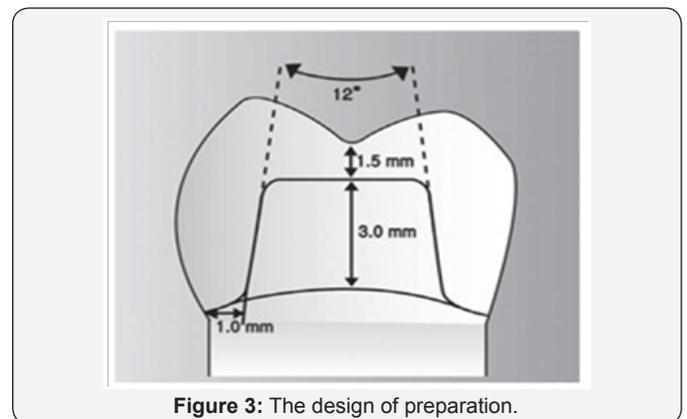


Figure 3: The design of preparation.

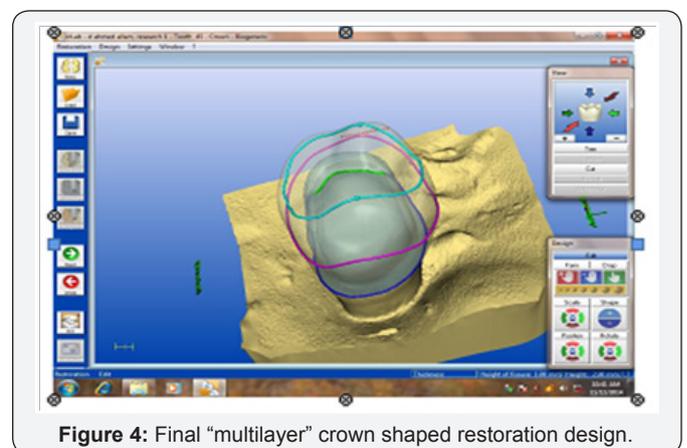


Figure 4: Final "multilayer" crown shaped restoration design.

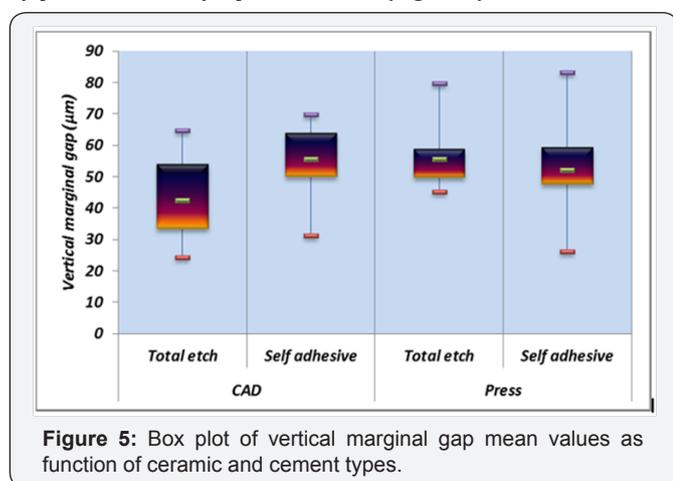
The mean values and standard deviation of vertical marginal gap (μm) as function of ceramic and cement types are graphically drawn in Figure 3 & 4.

Effect of ceramic

Regardless to cementation, totally it was found that press group recorded statistically significant ($P < 0.05$) higher vertical marginal gap mean value ($55.07 \pm 1.1 \mu\text{m}$) than CAD group ($49.99 \pm 5.57 \mu\text{m}$) as indicated by two way ANOVA followed by pair-wise Tukey's post-hoc tests.

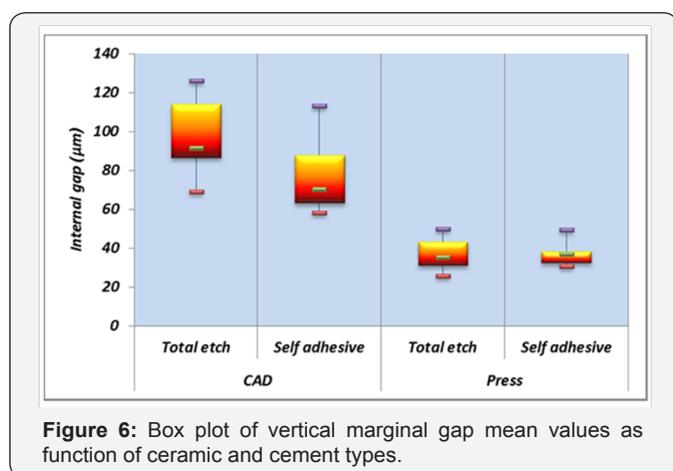
Effect of cement

Regardless to ceramic, totally it was found that vertical marginal gap mean value of self-adhesive cement was statistically non-significant ($P > 0.05$) higher ($54.77 \pm 0.8 \mu\text{m}$) than total etch cement ($50.3 \pm 5.88 \mu\text{m}$) as indicated by two way ANOVA followed by pair-wise Turkey's post-hoc tests (Figure 5).



Internal gap

The mean values and standard deviation of internal gap (μm) as function of ceramic and cement types are graphically drawn in Figure 6.



Effect of ceramic

Regardless to cementation, totally it was found that CAD group recorded statistically significant ($P < 0.05$) higher internal gap

mean value ($87.45 \pm 15.4 \mu\text{m}$) than press group ($36.64 \pm 5.15 \mu\text{m}$) as indicated by two way ANOVA followed by pair-wise Tukey's post-hoc tests.

Effect of cement

Regardless to ceramic, totally it was found that internal gap mean value of total etch cement was statistically significant ($P < 0.05$) higher ($67.24 \pm 11.14 \mu\text{m}$) than self adhesive cement ($56.85 \pm 9.4 \mu\text{m}$) as indicated by two way ANOVA followed by pair-wise Tukey's post-hoc tests.

Discussion

Marginal fit, accuracy or adaptation is considered a key criterion used in the evaluation of fixed restorations and could be defined as a parameter that measures the distance between the margin of the restoration and the finish line of the prepared tooth whereas internal adaptation is defined as cement film thickness or the distance between internal surface of the crown and outer surface of the prepared tooth [44,45].

High marginal accuracy and adequate internal adaptation are considered to be the major determining factor for successful clinical performance of a restoration [46-49]. Optimal marginal adaptation is an important factor in the biologic and mechanical stabilization of the fixed prosthesis. Increased marginal discrepancy causes maladjusted restorations and accumulation of bacterial plaque which results in a high risk of periodontal diseases and tooth decay [50,51].

The hypothesis of this study, the method of construction of ceramic crowns and type of cementation will affect the marginal fit and internal adaptation of ceramic crowns was accepted.

Natural teeth were used in this study to simulate the clinical condition by providing microstructure to the luting cement that is nearly identical to the clinical situation. Standardized tooth preparation was done in this study to accurately control the variables of preparation dimensions [52].

A paralleling device (Milling surveyor) was used to mount each tooth and to ensure the centralization and alignment of the tooth to the mold.

The milling machine was used in teeth preparation to give more standardized preparation with the elimination of the human errors and mistakes as much as possible.

Recommended finish line types for optimal marginal adaptation are shoulder, shoulder-bevel and chamfer [45]. In this study a shoulder finish line was used.

It was previously found that adequate die spacing is an important factor for the accuracy of restoration margins [53]. To eliminate the effect of this factor on marginal discrepancy, all copings in this study were fabricated with a die spacer of $40 \mu\text{m}$. In the CAD/CAM method die spacer ($40 \mu\text{m}$) is digitally adjusted. Whereas in pressing fabrication method, double layer of die spacer material $40 \mu\text{m}$ (Renfert) are applied on gypsum die of the

prepared teeth and allowed to dry (where single layer of renfert die spacer material equal to 15-20 micro).

The Cerec in-Lab 3D was used in this study since its advanced software gives the system a wide range of indications. It gives chance for proper standardization since it allows the milling of frameworks, [54] milling of veneer and framework for multilayer restoration, [55] and also allows for fully contoured crowns and bridges out of solid blocks [54].

In this study internal adaptation is measured by sectioning the crowns by IsoMet (microsaw) 4000 under water coolant. With those sections, it was easier to visualize the internal gap in each part of the tooth desired, and also direct measurement of internal gap was done.

In this study, marginal fit was evaluated by direct viewing with external measurements using a digital microscope at fixed magnification of x100 [56-58]. This measurement technique has the advantage of being noninvasive and is, therefore, useful to determine the precision of fit of the whole specimen margin.

However, it is difficult to repeat the measurements from an identical angle and to distinguish the real marginal gap from its projection. For this reason and for the purpose of measurements standardization, a specially designed holding device was used to hold the tested specimens under static load and to ensure the accuracy of seating of the samples on the prepared tooth. It also holds the tested specimens in place allowing the repeating of the measurements from an identical angle aligned with the focal plane of the microscope [59].

In the present study, the marginal fit was evaluated for each crown specimen at eight specific locations, four locations at the middle of the four axial walls, mid-buccal, mesial, distal, and lingual as well as other four locations at the line angles between the axial walls [60]. At every predetermined location, five readings were taken to give total of forty readings for each specimen. The mean of all readings was calculated from the mean values of cervical circumferential measuring locations. In order to avoid statistical variance as much as possible, all the measurements were performed by the same operator [61].

The results of this study regardless of cementation, totally it was found that press group recorded statistically significant ($P < 0.05$) higher vertical marginal gap mean value ($55.07 \pm 1.1\mu\text{m}$) than CAD group ($49.99 \pm 5.57\mu\text{m}$).

The results of the present study were in agreement with Alireza K, et al. [62] who stated that the marginal gap for the IPS empress restorations (56μ) was significantly higher than that of ProCAD restorations (36μ).

On the other hand, these results were not in agreement with S Reich et al. [63] who stated that an overall gap width of 56μ was measured for IPS Empress, compared to the significantly increased value of 70μ for Cerec 3D, Burcin et al. [41] who stated that marginal discrepancies of IPS e.max CAD restorations were

significantly greater when compared to IPS e.max press on enamel, but the difference was not statistically significant on dentin.

The explanation of these results could be attributed to the newly released version of the designing software (3D) has improved features related to automatic detection of the margins of the restorations. Compared to earlier versions, these new improvements are expected to improve final fit of the milled restorations [64]. This proper marginal fit of CAD-CAM group might be due to recent advancements in respect to scanning technology (laser line scanner for digitizing the surface topography of the prepared tooth), [65] software (the updating of the latest software provide precise detection of the preparation margin), and advanced milling strategy [66]. However, from a clinical viewpoint, the statistically significant difference between the two systems is not relevant, since both systems still exhibit a clinically acceptable gap width of less than $100\mu\text{m}$ [63].

The results of this study regardless to ceramic, totally it was found that vertical marginal gap mean value of self adhesive cement was statistically non-significant ($P > 0.05$) higher ($54.77 \pm 0.8\mu\text{m}$) than total etch cement ($50.3 \pm 5.88\mu\text{m}$).

The explanation of this results could be attributed to the two ceramic materials have the same composition and silica content so, the effect of cement have similar effect.

The results of this study regardless to cementation, totally it was found that CAD group recorded statistically significant ($P < 0.05$) higher internal gap mean value ($87.45 \pm 15.4\mu\text{m}$) than press group ($36.64 \pm 5.15\mu\text{m}$).

The explanation of these results could be attributed to application of two coats of die spacer material could facilitate easier seating of the crowns, maintain even cement film thickness, and reduce polymerization stresses [67] also when IPS e-max press ingot is pressed under 8500 by plunger into the mold, the ceramic flow through the mold leading to better internal adaptation. These ovens are equipped with a pneumatic press that activates an alumina plunger used to compress molten ceramic ingots. Press-on ceramics allow accurate reproduction of the anatomical features carved in the wax pattern and controlled processing of the ceramic material resulting in an accurate restoration with minimal internal structural defects [68].

The results are in agreement with the results of the work performed by other investigators Hisham A et al. [42] who stated that the heat-press group yielded the best internal crown adaptation results than the CAD-CAM group, Burcin Akoglu et al. [41] who stated that the internal adaptation of IPS e.max press group at axial and occlusal surfaces is higher than the IPS e.max group and Aboushelib et al. [69] who stated that pressable ceramic laminate veneers produced thinner cement film thickness compared to machinable ceramic veneers.

The results of this study regardless to ceramic, totally it was found that internal gap mean value of total etch cement was

statistically significant ($P < 0.05$) higher ($67.24 \pm 11.14 \mu\text{m}$) than self-adhesive cement ($56.85 \pm 9.4 \mu\text{m}$).

The explanation of these results could be attributed to the higher cement film thickness of total etch resin cement (25 μm according to the manufacturer instructions) in compared to the thinner cement film thickness of self-adhesive resin cement (13 μm according to the manufacturer instructions), in addition to total etch resin cement is technique sensitive which requires multistep (etching, priming and bonding) in accordance to self-adhesive resin cement which requires one step where etch, primer and bond are incorporating in the cement.

There are some limitations of this study. First, the difficulties in producing identical preparations may influence the accuracy of the results. Second, only one thickness of die spacer was evaluated for all the groups. Third, the results reported will not reflect the actual values in clinical situations because of different environmental and loading conditions.

The future recommendation in this study, it is recommended to further investigate the effect of aging with mechanical or thermal on the marginal fit of the restoration.

Conclusion

Within the limitation of this study, the following conclusions were drawn:

- I. The CAD group recorded statistically significant high vertical marginal fit than press group.
- II. The resin cement type has no effect on the marginal fit.
- III. The press group recorded statistically significant high internal fit than CAD group.

Clinical recommendation

The e.max ceramic restorations can be made by pressing or CAD/CAM technique; both have comparable results within clinical acceptable limits.

Acknowledgement

Special acknowledgment to D. ahmad yossef, assistant lecturer of fixed prosthodontics for help in collecting samples and preparation and finishing the study.

Conflict of Interest

The author denies any conflicts of interest.

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DOI: [10.19080/ADOH.2017.05.555660](https://doi.org/10.19080/ADOH.2017.05.555660)

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