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# Chemical Constituents of an Iranian Grown Capsicum annuum and their Cytotoxic Activities Evaluation



# Masoumeh Foroutan Koudehi<sup>1</sup>, Aria Ashja Ardalan<sup>2</sup> and Ramin Zibaseresht<sup>1,3\*</sup>

- <sup>1</sup>Biomaterials and Medicinal Chemistry Research Centre, Aja University of Medical Sciences, Iran
- <sup>2</sup>Department of Marine Biology, Islamic Azad University- North Tehran Branch, Iran
- <sup>3</sup>Department of Chemistry and Physics, Maritime University of Imam Khomeini, Iran

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\*Corresponding author: Ramin Zibaseresht, Biomaterials Laboratory, Department of Chemistry and Physics, Faculty of Sciences, Maritime University of Imam Khomeini, Nowshahr, Mazandaran, Iran

#### Abstract

A sample of cayenne pepper ,Capsicum annuum –(Family Solanaceae) was collected from a region in Hamadan, west Iran and extracted from EtOH. GC-MS analysis showed at least 8 compounds out of which 7 compounds were isolated and characterized using  $^1$ H NMR analysis. Cytotoxic effects of the 7 isolated and characterized compounds along with the extract were evaluated against Caco-2 cell lines using MTT assay. The IC $_{50}$  values for ethyl palmitate (1), linolelaidic acid ethyl ester (2), ethyl stearate (3), ethyl iso-allocholate (4), 2-(((2-ethylhexyl)oxy)carbonyl) benzoic acid (5), capsaicin (6), dihydrocapsaicin (7) and the extract mixture were determined in  $\mu$ M (111, 112, 118, 40, 130, 91, 115, and 110, respectively). The data indicated higher cytotoxic effects of (4) and (6) suggested as potential compounds against Caco-2 cell lines.

Keywords: Capsicum annuum; Extraction; GC-MS; NMR; Caco-2; Cytotoxin

#### Introduction

Many studies have shown that many species of plants contain a variety of different types of natural products that have different biological activities (1-4). Relatively recently, various studies have shown that natural products extracted from medicinal plants have been considered by the pharmaceutical industry because of their anti-inflammatory, anti-tumor and anti-microbial properties (5-7). Such biological activities have made them an important source of compounds for the discovery of new drugs. Peppers are among the oldest cultivated plants in the Americas, and archeological remains indicate that *Capsicum annuum* was used by man even before the advent of agriculture (8). The cayenne pepper ,Capsicum annuum –(Family Solanaceae), is usually a moderately hot chili pepper and is highly flavorful.

Toxicity, carcinogenicity, and anti-tumor activities of *Capsicum annuum* extracts have been evaluated earlier (9-11). Jang *et al.* (10) concluded, based on their study, that red chili (*Capsicum annuum*) was relatively nontoxic at the doses tested. Other studies revealed that the extracts might have biological activities such as

antibacterial (12), antioxidant and anti-inflammatory properties (13). Although in most studies that we explored, mainly either the mixture of extracts or isolated capsaicin, the pungent alkaloid of red pepper (Capsicum annuum) have been extensively studied for their biological effects (12,13), but less attention has been made towards the cytotoxicity of the extract or the natural products isolated from the extract of Capsicum annuum. Here, we report the extraction, isolation and characterization of some natural products obtained from Capsicum annuum and subsequently the investigation of cytotoxic activities of the extract and isolated natural products against Caco-2 cell line.

# **Materials and Methods**

#### General

Reagent grade commercial solvents were used.

# NMR analysis

The 400MHz  $^1$ H NMR and 100MHz  $^{13}$ C NMR spectra were acquired on a Bruker-400 spectrometer at Shahid Beheshti University of Medical Sciences.  $^1$ H NMR and  $^{13}$ C NMR chemical

shifts are reported relative to tetramethylsilane.  ${\rm CDCl_3}$  was used as solvent.

#### **GC-MS** analysis

GC-MS analysis of the ethanol extract of Capsicum annuum was performed at Shahid Beheshti University of Medical Sciences using an Agilent 7000-Triple-Quad mass spectrometer coupled with 7890 A gas chromatography. Separation of PAHs was performed using a 5% phenyl-methyl siloxane (HB-5MS) bondedphase fused-silica capillary column (Hewlett-Packard, 30 m × 0.25 mm i.d., film thickness  $0.25 \mu m$ ). The carrier gas was helium (purity 99.9995 %) which was further purified by passage through a helium gas purifier Agilent model RMSH-2. The injection port was run in splitless mode and the injection volume was 2  $\mu$ L. The oven temperature program was 80°C for 1.5 min, raised to 290°C at a rate of 50°C/min and maintained at this temperature for 10 min and the total run time was 15.2 min. The MS transfer line and ion source temperatures were adjusted at 290°C and 230°C, respectively. GC-MS was performed in EI mode. The mass spectra were taken by electronic impact at 70 eV; a scan interval of 0.5 s and fragments from 45 to 450 Da. The solvent delay was 0 to 2 min, and the total GC/MS running time was 36 min. The relative percentage amount of each component was calculated by comparing its average peak area to the total areas.

## MTT assay

In vitro cytotoxicity study by MTT assay: Caco-2 cells (human epithelial colorectal carcinoma cells) were cultured in a medium consisting of RPMI-1640, Dulbecco's modified Eagle medium (DMEM), heat-inactivated fetal bovine serum (FBS), and penicillin-streptomycin in a ratio of 50:34:15:1 at 37°C in a humidified incubator with 5%  $\rm CO_2$ . Stock solutions of the test compounds were prepared in DMSO solvent and diluted 100 folds with the

culture medium. The cells were seeded in 96-well transparent plates at 10,000 cells per well. After 24 hours, the old mediumwas removed and Caco-2 cells were exposed to the test compounds at concentrations ranging from 0.1 -  $1000\mu g/mL$ . After 48 houres incubation,  $20\mu L$  of MTT solution (5mg/mL) was added to each well of the plates and the plates were then maintained in incubator.

After 4 hours,  $100\mu L$  DMSO solvent was added to each well to dissolve the purple formazan crystals and then the plates were read on a Synergy HT Microplate Reader (Bio-Tek Instruments, Winooski, VT) at 570 nm with the reference wavelength at 690nm. The IC $_{50}$  values were calculated by Sigma Plot 12.0 software. 3-(4,5-dimethylthiaol-2-yl)-2,5-diphenyltetrazolium bromide (MTT) was purchased from Sigma (St Louis, MO, USA). Dulbecco's modified eagle's medium (DMEM), RPMI 1640 medium, and penicillin/streptomycin solution were obtained from Gibco Invitrogen (Carlsbad, CA, USA). Human epithelial colorectal carcinoma (Caco-2) cells were provided by Pasteur Institute, Tehran, Iran.

#### **Results and Discussion**

We have begun a research program aimed at the isolation of natural products from marine or plant sources and investigate their cytotoxic activities for the purpose of anti-tumor properties. In the line of these researches, we have chosen a cayenne pepper (*Capsicum annuum*- Solanaceae). Although many studies have been undertaken by researchers on this species for their biological activities (5-7,9-13), but as far as our knowledge is concerned, little attention has been made on the investigation of anti-tumor activities of the extracts from this plant. Thus, given the studies on *Capsicum annuum* extracts, we decided to study the cytotoxicity of *Capsicum annuum*, and its isolated natural products. For this purpose, we used a cayenne pepper fruit which is grown in Hamadan, west Iran (Figure 1).



Figure 1: The cayenne pepper (C. annuum - Solanaceae).

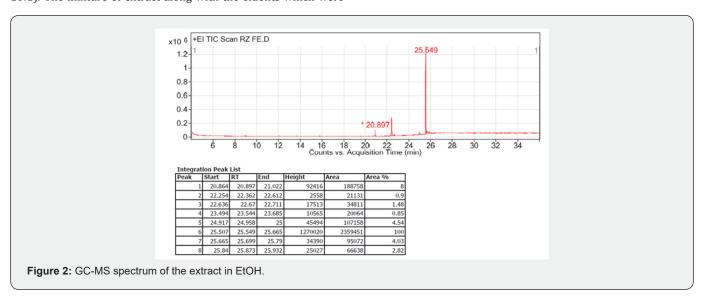
#### Sample preparation

The plants were randomly collected from a home garden belonged to Haji-Morad Bashiri cultivated with the assistance of Jeiran Bashiri and Homa Khodabandelou in Hamadan, Iran. The red mature plant fruits were collected, washed with distilled water and air dried under shade and then pulverized into fine particles. The materials (100g) were macerated using ethanol for 48 h. The extracts were filtered, and solvent was evaporated in vacuum using a rotary evaporator and stored in refrigerator at 4 °C until needed for analysis. TLC analysis on silica on plastic (eluting with dichloromethane/ MeOH, 10:1) showed 8 well separated spots suggesting, preliminarily, at least 8 compounds in the extract mixture. The sample of extract was further subjected to column chromatography (silica gel, eluting with dichloromethane/ MeOH, 10:1). The mixture of extract along with the eluents which were

collected, were further submitted for GC-MS analysis.

#### Structural analysis

As it is shown in Figure 2, GC-MS revealed the presence of 8 compounds with retention time ranging from 20.897 to 25.873. The maximum peak was shown by capsaicin (81.55%) followed by ethyl palmitate (6.52%), 2-(((2-ethylhexyl)oxy)carbonyl)benzoic acid (3.7%) and (2-methoxy-4-((8-methylnonanoylamino) methyl)phenyl) acetate (3.29%). On comparison of the mass spectra of the constituents with the NIST library, 8 peaks were recognized out of which 7 phytoconstituents were identified (Table 1). The retention time (RT) is in minutes. Further identification of isolated compounds was conducted using <sup>1</sup>H NMR method. In all compounds, the spectra were consistent with the literature (14-21).



With regard to constituent 2, GC-MS analysis suggested that the compound linolelaidic acid ethyl ester, trans-trans isomer, was present in the extract mixture. Although the presence of other stereoisomers such as ethyl (Z,Z)-9,12-octadecadienoate was also possible, but the NMR spectra associated with the isolated constituent using column chromatography suggested the presence of trans-trans stereoisomer, *i.e.* linolelaidic acid ethyl ester, as the only compound as the second constituent of the extract. In order

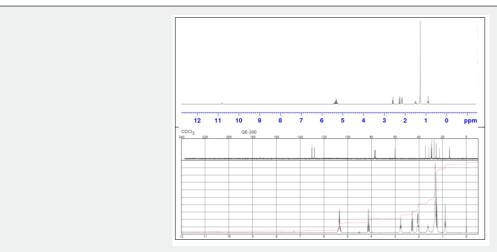
to prove the structure of this compound, the  $^1\mathrm{H}$  NMR spectrum which was obtained was compared with that of reported for ethyl (Z,Z)-9,12-octadecadienoate isomer by Sigmaaldrich database (15) (Figure 3). The differences between the spectra associated with the isomers indicated that, based on the GC-MS spectrum, the compound 2 structure be linolelaidic acid ethyl ester as it is shown in Table 1.

Table 1: The compounds corresponding to 8 peaks which were recognized using NIST library.

Peak	Area %	Chemical Name	Chemical For- mula	Chemical Structure
1	6.52	Hexadecanoic acid, ethyl ester or Ethyl palmitate	C <sub>18</sub> H <sub>36</sub> O <sub>2</sub> MW: 284.48	
2	0.73	9,12-Octadecadienoic acid, ethyl ester or Linolelaidic acid ethyl ester	C <sub>20</sub> H <sub>36</sub> O <sub>2</sub> MW: 308.50	
3	1.21	Octadecanoic acid, ethyl ester or Ethyl stearate	C <sub>20</sub> H <sub>40</sub> O <sub>2</sub> MW: 312.53	

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4	0.69	Ethyl iso-allocholate or Ethyl cholate	C <sub>26</sub> H <sub>44</sub> O <sub>5</sub> MW: 436.62	B B
5	3.7	1,2-Benzenedicarboxylic acid, mono(2-ethylhexyl) ester or 2-(((2-Ethylhexyl) oxy) carbonyl) benzoic acid	C <sub>16</sub> H <sub>22</sub> O <sub>4</sub> MW: 278.34	0
6	81.55	Capsaicin or (E)-N-((4-hydroxy-3-methoxyphenyl) methyl)-8-methyl-non-6-enamide	C <sub>18</sub> H <sub>27</sub> NO <sub>3</sub> MW: 305.41	, the second sec
7	3.29	Dihydrocapsaicin or <i>N</i> -(4-hy-droxy-3-methoxybenzyl)-8-methylnonanamide	C <sub>18</sub> H <sub>29</sub> NO <sub>4</sub> MW: 307.43	, the second sec
8	2.3	Unknown	Unknown	Unknown
Total	100			



**Figure 3:** Above: the <sup>1</sup>H NMR spectrum corresponding to fraction 2 in CDCl<sub>3</sub> solvent, obtained in this study proved the structure of linolelaidic acid ethyl ester, trans-trans isomer; Below: the <sup>1</sup>H NMR spectrum corresponding to ethyl (*Z*,*Z*)-9,12-octadecadienoate isomer from Sigmaaldrich database.

Surprisingly, GC-MS analysis showed the presence of 1,2-benzenedicarboxylic acid, mono(2-ethylhexyl) ester as the fifth fraction of the constituents of the extract mixture. Given in many phytochemical studies, compound 1,2-benzenedicarboxylic acid, bis(2-ethylhexyl) ester were reported as one of the extract constituents, as far as our knowledge is concerned, there is less reports available suggesting compound 1,2-benzenedicarboxylic acid, mono(2-ethylhexyl) ester in their studies (21); therefore,

we infer that compound 1,2-benzenedicarboxylic acid, mono(2-ethylhexyl) ester, fraction 5, might be of a result of hydrolysis product of 1,2-benzenedicarboxylic acid, bis(2-ethylhexyl) ester.

This kind of decomposition is plausible for a variety of reasons such as contamination during the process of collecting the samples; however, less concentration of this fraction (3.7%) along with no evidence of the existence of bis- derivative might

convince us that such phenomena had not occurred in our study. Therefore, we concluded that the mono-derivative might have been an original compound in the extracts. Although the <sup>1</sup>H NMR associated with the isolated fraction 5 was not assigned because of the impurities in the sample, the origin of the fraction 5 remains as an ambiguity in our study. The major constituent in our analysis found to be capsaicin, fraction 6. The <sup>1</sup>H NMR spectrum obtained for this fraction was consistent with the literature (18-20) which in addition to GC-MS analysis supported the structure. The <sup>1</sup>H NMR spectrum also indicated that the trans-capsaicin was the isolated isomer (19).

#### Table 2: Biological activities of the compounds reported in the literature.

# **Biological activities**

Biological activities of the isolated compounds in this study individually have been studied previously. The sample compounds in other studies, in some cases, have been extracted from other plants sources (Table 2). As the main aim of this research was to investigate the cytotoxicity effect of some isolated compounds from the extract of a sample of cayenne pepper against cancer cell line, we investigated the in vitro effect of the seven isolated and characterized materials along with the mother extract on Caco-2 cells (human epithelial colorectal carcinoma cells) using MTT assay.

Fraction	Compound	Biological Effects	References
1	Hexadecanoic acid, ethyl ester or Ethyl pal- mitate	Antioxidant, hypocholesterolemic nematicide, pesticide, flavor, lubricant, anti-androgenic, hemolytic 5-Alpha reductase inhibitor, anti-inflammatory potent, mosquito larvicide.	(22,23)
2	9,12-Octadecadienoic acid, ethyl ester or Linolelaidic acid ethyl ester	Anti-microbial activity, hypocholesterolemic, nematicide antiarthritic, hepatoprotective anti-androgenic, hypocholesterolemic nematicide, 5-alpha reductase inhibitor, antihistaminic, anti-coronary insectifuge, anti-eczemic, ant-iacner	(23,24)
3	Octadecanoic acid, ethyl ester or Ethyl stearate	Anti-microbial	(23)
4	Ethyl <i>iso</i> -allocholate or Ethyl cholate	Anti-microbial, anti-cancer, anti-arthritic, anti-asthma, diuretic, anti-inflammatory	(22,25,26)
5	1,2-Benzenedicarboxylic acid, mono(2-ethyl- hexyl) ester or 2-(((2-Ethylhexyl)oxy)carbon- yl)benzoic acid	Anti-microbial	(27)
6	Capsaicin or (E)-N-((4-hydroxy-3-methoxy-phenyl) methyl)-8-methylnon-6-enamide	Anti-microbial, anti-inflammatory, antioxidant, to treat chronic pain syndromes such as post-herpeticneuralgia, musculoskeletal pain, diabetic neuropathy, osteoarthritis and rheumatoid arthritis, to treat pain from rashes, psoriasis, mastectomy, and bladder disorders, histone deacetylase inhibitor	(9,28,29)
7	Dihydrocapsaicin or N-(4-hydroxy-3-methoxybenzyl)-8-methyl- nonanamide	Anti-microbial, anti-inflammatory, antioxidant, histone deacetylase inhibitor	(9,28,29)

Table 3 shows the cytotoxic activities of the isolated compounds 1-7 and the extract mixture derivatives against Caco-2 cell lines. The IC $_{50}$  values in  $\mu M$  were calculated and were compared with

the values obtained for some available drugs, Fucoxanthin and Fucoxanthinol (30) (Table 4), and Emodin (31) and Cinnamtannin B-1 (CTB-1) (32) (Table 5) against Caco-2 cell lines.

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Table 3: Cytotoxicity effect of isolated and characterized materials and the mother extract against Caco-2 cells.

Fraction	Compound	IC <sub>50</sub> values in μM
Extract mixture	Mixture of at least 8 compounds based on GC-MS analysis	110
1	Hexadecanoic acid, ethyl ester or Ethyl palmitate	111
2	9,12-Octadecadienoic acid, ethyl ester oor Linolelaidic acid ethyl ester	112
3	Octadecanoic acid, ethyl ester or Ethyl stearate	118
4	Ethyl iso-allocholate or Ethyl cholate	40
5	1,2-Benzenedicarboxylic acid, mono(2-ethylhexyl) ester or 2-(((2-Ethylhexyl) oxy) carbonyl) benzoic acid	130
6	Capsaicin or (E)-N-((4-hydroxy-3-methoxyphenyl) methyl)-8-methylnon-6-enamide	91
7	Dihydrocapsaicin or N-(4-hydroxy-3-methoxybenzyl)-8-methylnonanamide	115

Table 4: Cytotoxicity effect of Fucoxanthin and Fucoxanthinol against Caco-2 cell lines (30).

Drug	Fucoxanthin				Fucoxanthinol	
Concentration	5μΜ	10μΜ	20μΜ	5μM	10μΜ	20μΜ
T/C (%)*	91.1±1.8	96.0±3.8	73.9±4.0	79.3±0.9	55.2±3.0	1.4±0.2

As it was shown in Table 3, ethyl iso-allocholate (fraction 4) followed by capsaicin (fraction 6) showed the highest cytotoxicity against the cultured cells compared to the other compounds we studied and compare with the drugs shown in Tables 4 & 5, we concluded that, ethyl iso-allocholate (fraction 4) and capsaicin (fraction 6) in the extract can be considered as potential cytotoxic compounds against Caco-2 cell lines. Therefore, we recommend this plant as a plant of phytopharmaceutical importance which might provide ways for the development of several cancer treatments. In addition, based on cytotoxicity of some fractions obtained, it might also be interesting to investigate the effects of the extracts on some viruses including the new SARS-COV-2 virus in the future

Table 5: Cytotoxicity effect of Emodin (31) and Cinnamtannin B-1 (CTB-1) (32) against Caco-2 cell lines.

No	Drug	IC <sub>50</sub> values in μM	
1	Emodin	30	
2	Cinnamtannin B-1 (CTB-1)	32.4±3.3	

## Conclusion

A number of 7 compounds were isolated and characterized form a sample extract of cayenne pepper. Cytotoxic effects of the compounds and the extract were determined against Caco-2 cell lines using MTT assay. The  $\rm IC_{50}$  values indicated cytotoxic effects of compounds including (4) and (6) against Caco-2 cell lines.

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